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# Sustainability in Retail: How Eco-Friendly Practices Shaped Consumer Behavior in 2019

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#### **Abstract:**

In 2019, sustainability became a central focus of retailers as consumer demand for eco-friendly products surged. Retailers have implemented various initiatives, including sustainable sourcing, waste reduction, and energy-efficient practices, to align with environmentally conscious consumers. This study explores how these sustainability practices impact consumer behavior and purchasing decisions while also examining the role of green marketing and supply chain transparency in fostering brand trust and consumer loyalty.

**Keywords:** Sustainability, Retail Supply Chain, Eco-friendly Practices, Consumer Behavior, Green Mar keting, Ethical Sourcing, Waste Reduction, Carbon Footprint, Retail Operations, Transparency

#### Introduction

#### **Eco-Friend Practices Shaping Retail Industry.**

In 2019, sustainability became a central focus of retailers across various sectors, driven by a surge in consumer awareness of environmental concerns. Shoppers were increasingly mindful of the ecological impact of their purchases and, as a result, the demand for sustainable products grew significantly. Retailers, in response to this shift, embraced eco-friendly practices within their operations and supply chains to meet consumer expectations. This study explores the impact of these sustainability practices on consumer purchasing behavior in 2019 and highlights the key initiatives undertaken by retailers to become more eco-conscious.

As environmental issues, such as climate change, deforestation, and waste pollution, have gained global attention, retailers face growing pressure from consumers to incorporate sustainability into their business models. In response, many brands began adopting practices that not only helped reduce their environmental impact but also aligned with consumers' values. The shift toward sustainability in retail was marked by a focus on ethical sourcing, waste management, and promotion of eco-friendly products. Retailers have also sought to improve supply chain transparency to foster trust and credibility among increasingly conscious consumers.

This study examines the ways in which eco-friendly practices influenced consumer behavior in 2019, looking at retailer initiatives in sustainable sourcing, waste reduction, energy efficiency, and packaging. It also discusses the role of green marketing in shaping consumers' perceptions and purchase decisions. Through these insights, we aim to demonstrate how sustainability is no longer just a corporate responsibility but a significant driver of retail success.



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#### **Retailer Initiatives in Promoting Sustainability**

In 2019, retailers implemented several strategies to incorporate sustainability into their business models and supply chains. These efforts range from sustainable sourcing to waste reduction, with a clear focus on ensuring environmental responsibility at every stage of the product lifecycle.



Figure 1: Retailer Initiatives in Promoting Sustainability

#### 1. Sustainable Sourcing and Ethical Practices

Retailers prioritized sourcing recycled, biodegradable, or ethically produced raw materials. For example, fashion retailers such as Patagonia and H&M introduced clothing lines made from recycled materials in response to both consumer demand and environmental concerns (Thorisdottir and Jhannsdottir, 2019) [1]. Ethical sourcing was also extended to ensure fair labor practices across the supply chain [1].

#### 2. Energy Efficiency and Carbon Footprint Reduction

In 2019, many retailers, including large-scale corporations, invested in energy-efficient technologies to reduce their carbon footprints. This involved the adoption of energy-saving practices in logistics, warehousing, and retail store operations. Companies such as Walmart and IKEA have made significant investments in renewable energy to reduce their reliance on fossil fuels and lower overall greenhouse gas emissions (Riboldazzi, 2018) [2].

#### 3. Recycling Programs and Eco-friendly Packaging

Another prominent initiative was the adoption of comprehensive recycling programs and a shift toward eco-friendly packaging. Retailers such as Marks and Spencer and Whole Foods pioneered efforts to reduce single-use plastics, replacing them with biodegradable packaging alternatives. This shift aimed to minimize waste and promote circular economy principles within the retail sector (Riboldazzi, 2018) [2].

#### 4. Supply Chain Transparency and Traceability

Transparency in the supply chain became increasingly important as consumers demanded more information about the environmental impacts of the purchased products. Retailers began incorporating blockchain technology and other traceability solutions to provide consumers with a clear, verifiable record of the sustainability of their products from raw material sourcing to the final sale (Thorisdottir & Jhannsdottir, 2019) [1].

#### The Role of Eco-friendly Supply Chains

Sustainability efforts in retail are not limited to the products themselves, but extend throughout the entire supply chain. Retailers recognized that integrating eco-friendly practices into their supply chains was essential for meeting the growing demand for sustainable goods.



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#### 1. Sustainable Logistics and Distribution

Retailers began optimizing their logistics operations by using eco-friendly transportation methods and re ducing packaging waste. They have also implemented carbon offset programs to counterbalance the envi ronmental impact of their distribution networks (Riboldazzi, 2018) [2]. The logistics sector, being a signi ficant contributor to carbon emissions, was a key focus area for retailers aiming to make their Supply ch ains are more sustainable.

## 2. Waste Reduction in Manufacturing Reduction

In manufacturing, many retailers partnered with Suppliers who adhered to sustainable practices, focusing on waste reduction and the responsible disposal of manufacturing by- products. This collaboration ensur ed that products were not only sustainable, but also ethically produced [2].

#### 3. Circular Economy and Recycling Initiatives

The concept of a circular economy, where products are reused, refurbished, or recycled, was gaining trac tion in 2019. Retailers such as IKEA and Adidas introduced take-back programs that allowed customers to return used goods for recycling or repurposing, ensuring that products did not contributes to landfill w aste (Riboldazzi, 2018) [2].

#### **Consumer Drivers of Eco-Friendly Choices**

Several key factors drove consumers' preference for Sustainable products in 2019, as outlined in multiple studies.

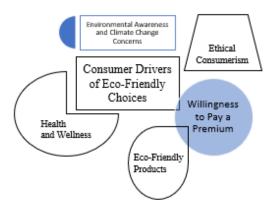


Figure 2: Consumer Drivers of Eco-Friendly Choices

## 1. Environmental Awareness and Climate Change Concerns

Increasing awareness of climate change and environmental degradation has prompted many consumers to seek eco-friendly alternatives. Consumers were more aware of the ecological impact of their purchases, and increasingly preferred brands that demonstrated a commitment to reduce their environmental footprint (Riboldazzi, 2018) [2].

#### 2. Ethical Consumerism

Many consumers were motivated by ethical considerations, preferring brands that upheld fair labor practices, sustainable sourcing, and responsible production methods. This trend was particularly strong among younger generations, including Millennials and Gen Z, who prioritized social responsibility in their purchasing decisions (Thorisdottir & Jhannsdottir, 2019) [1].

#### 3. Health and Wellness

The growing focus on health and wellness also contributed to the rise of eco-friendly consumer choices, particularly in sectors such as food and beauty. Consumers were drawn to products made from non-toxic



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or organic materials that were safer for their health and the environment (Riboldazzi, 2018) [2].

#### 4. Willingness to Pay a Premium

While price remained a significant factor, studies have shown that many consumers were willing to pay a premium for eco-friendly products that aligned with their values (Riboldazzi, 2018) [2]. However, this w illingness varies significantly across consumer segments, with younger generations more likely to pay m ore for sustainable goods than older generations (Thorisdottir & Jhannsdottir, 2019) [1].

#### 5. Eco-Friendly Products

Fishbein (1967) defined products as bundles of attributes, with consumers' preferences varying based on these attributes (Lai & Wong, 2012). For eco-friendly products, key attributes include recyclability, biod egradability, renewability, and reusability, all contributing to reducing environmental impact (Morris, H astak, & Mazis, 1995). Many public policies have incorporated these environmental factors to encourag e sustainability (Park & Oh, 2005), such as recycling initiatives and energy-saving measures.

However, traditional factors like price, quality, and brand continue to dominate consumer decision-making. While product labels and advertisements help consumers identify eco-friendly options, concerns about information credibility, consumer education, and product certification still hinder the assessment of product quality (Wagner, 1997).

#### The Influence of Green Marketing

Green marketing strategies, particularly through digital channels, played a pivotal role in helping retailers communicate their sustainability efforts to environmentally conscious consumers.

#### 1. Building Brand Trust Through Transparency

Transparent communication about sustainability practices is key to building consumer trust. Consumers were increasingly skeptical of "greenwashing" — when brands make misleading claims regarding envir onmental practices. Retailers who communicated their sustainability efforts clearly and authentically we re more likely to gain consumer loyalty (Riboldazzi 2018) [2].

#### 2. Digital and Social Media Campaigns

Social media and digital marketing were critical tools for to reach eco-conscious consumers. Brands leve raged platforms like Instagram and Facebook to highlight their sustainability initiatives and engage with consumers on environmental issues. Influencers also played a role in promoting eco-friendly products, further boosting brand visibility (Thorisdottir & Jhannsdottir, 2019) [1].

#### **Conclusion**

In 2019, sustainability became a driving force in the retail sector, reshaping how businesses operated and interacted with consumers. Eco-friendly practices in retail not only influenced consumer behavior but al so reshaped the retail supply chain, leading to more ethical sourcing, waste reduction and transparency. R etailers who embraced sustainability was able to build stronger connections with consumers, particularly those who prioritize environmental and ethical considerations in their purchasing decisions. As sustaina bility continues to be a key focus for the retail industry, further innovations in eco-friendly practices and supply chain transparency will likely shape the future of retail, ensuring that businesses contribute to a m ore sustainable and responsible global economy



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