

# Understanding Learning Styles for Adaptive Learning Systems Using K-Means Clustering

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## Abstract

This paper presents an advanced examination of clustering methodologies to enhance adaptive learning systems by leveraging students' learning styles. Using the "Students' Learning Styles Dataset" from the UCI Machine Learning Repository, I employed K-means clustering to stratify students into clusters characterized by distinct engagement metrics, study habits, and demographic factors. These clusters were subsequently analyzed to develop personalized learning pathways, optimized to enhance educational outcomes. The findings reveal that students in high-engagement clusters demonstrate significantly improved performance when offered customized content. This study underscores the transformative potential of adaptive learning systems in refining educational experiences by accommodating diverse learning styles.

Keywords: Adaptive Learning Systems, K-means Clustering, Learning Styles, Personalized Education, Machine Learning, Unsupervised Learning

## 1. INTRODUCTION

The increasing emphasis on personalized education has positioned adaptive learning systems as critical tools for addressing individual learning preferences. Advances in artificial intelligence, notably in reinforcement learning and adaptive systems, have exhibited considerable promise in enabling educational platforms to dynamically adjust to students' needs [2]. A student's learning style plays an essential role in determining their educational outcomes, influencing both engagement and academic performance. This research investigates how clustering techniques can be utilized to group students according to their learning behaviors and preferences, thereby enabling adaptive systems to design personalized learning pathways. By employing K-means clustering, I created clusters reflecting diverse learning styles to explore how these groupings can enhance learning outcomes.

The foundation of adaptive learning is also informed by the principles of self-adaptive software, which modifies its behavior in response to environmental changes [1]. Similarly, an adaptive learning system must dynamically respond to student engagement metrics and performance levels, thus fostering a personalized and evolving learning experience. The overarching objective is to develop systems that are not only reactive but proactively adaptive, optimizing the educational experience for each learner.

## 2. LITERATURE REVIEW

Adaptive learning systems have been comprehensively studied, with numerous investigations focused on machine learning techniques to provide personalized content. However, fewer studies have delved

into the application of clustering methodologies to discern student learning behaviors and tailor content accordingly. The integration of complex systems theories into educational research highlights the significance of understanding interdependencies and emergent learning behaviors among students [3]. The Felder-Silverman Learning Style Model (FSLSM) has been instrumental in understanding diverse learning styles, yet integrating these styles into adaptive systems remains an open research challenge. Morgan et al. [4] investigated adaptive social learning strategies, emphasizing the selective use of social information to enhance learning outcomes. Their findings align with this study's aim to distinguish clusters of learners based on learning styles and engagement metrics. Prior research on student performance prediction, particularly those involving neural networks [5], has demonstrated the value of analyzing engagement metrics in significantly enhancing the personalization of learning experiences. Mansur and Yusof [9] explored student learning analytics using K-means clustering to classify student behaviors and improve e-learning systems. Their findings revealed that teacher attributes significantly impact student engagement, aligning with this study's focus on clustering student learning styles to enhance adaptive learning systems.

### **A. Learning Styles and Personalization**

The role of learning styles has been foundational in the development of adaptive learning systems. Kolekar et al. [15] and Kumar et al. [6] investigated how learning styles could be leveraged to create personalized e-learning environments. Their research underscored the efficacy of predicting learner profiles based on individual preferences, thereby enabling more nuanced and effective customization of content delivery. Novel metrics, such as learning style match scores, were introduced to quantify the degree to which content delivery aligned with a learner's preferred style, which was shown to positively impact learner satisfaction and knowledge retention. Mampadi et al. [16] further illustrated the critical importance of cognitive styles in adaptive hypermedia, highlighting the benefits of designing learning systems that adapt to diverse cognitive profiles.

### **B. Adaptive Hypermedia Systems**

Brusilovsky's seminal work [12] introduced adaptive hypermedia as a pivotal strategy for the development of adaptive learning systems, which facilitate personalized navigation and content adaptation based on learners' evolving requirements. Adaptive hypermedia systems dynamically modify the presentation of content, creating an environment where learners can engage with material in a way that reflects their needs and behaviors [16]. The effectiveness of adaptive hypermedia was often measured using metrics such as adaptive path efficacy, which tracked the learner's journey through educational content, and engagement duration, which assessed the time spent interacting with personalized content.

### **C. Intelligent Tutoring Systems**

Intelligent Tutoring Systems (ITS) represent a critical aspect of adaptive learning. Corbett et al. [13] offered an insightful exploration of cognitive tutors, focusing on how these systems model student knowledge and provide adaptive feedback to support learning. Their work underscored the essential role of dynamic, individualized support in enhancing student outcomes. A key metric introduced by Corbett et al. was the knowledge tracing score, which estimated the learner's understanding over time and informed the adaptive decisions of the system. Kumar et al. [6] further elaborated on the integration of learning styles within ITS, offering empirical insights into the practical deployment of adaptive strategies that accommodate individual learning preferences, which were assessed using metrics like learning curve analyses and content mastery rates.

#### D. Data-Driven Design of Adaptive Learning Systems

Data-driven approaches are pivotal in the ongoing optimization of adaptive learning environments. Liu et al. [17] demonstrated how learner data could be utilized to enhance adaptive learning environments, focusing particularly on real-time adjustments that maximize learning efficacy. Novel metrics such as adaptive responsiveness, which measures the system's ability to modify content in response to learner behavior in real time, were shown to be effective indicators of the adaptability of these systems. Their findings indicated that by systematically analyzing interactions, adaptive systems can deliver highly personalized learning experiences that respond to the evolving needs of learners, thus enhancing overall educational outcomes.

#### E. The Role of Adaptive Learning Environments

The infrastructure underpinning adaptive learning environments is vital for delivering individualized educational experiences. Jonsdottir et al. [14] examined the development of adaptive learning environments designed to understand and enhance online learning behavior. Their work emphasized the significance of adaptive features in fostering engagement and retention, with metrics such as learner engagement indices and retention scores being used to evaluate the effectiveness of these environments. Such environments ensure that content, assessments, and feedback are continuously tailored to align with learners' progress, thereby reinforcing the student-centric nature of adaptive education.

### 3. DATASET AND PREPROCESSING

The dataset utilized in this research originates from the UCI Machine Learning Repository, specifically titled Students' Learning Styles Dataset. This dataset encompasses several features associated with student engagement and performance in educational settings, including:

- Percentage Played Video
- Percentage Posted in Forum
- Percentage Grade Higher Than Zero
- Median Hours for Certification
- Percentage Certified of greater than 50 Percentage CourseContent Accessed
- Demographics: Median Age, Male, Female, and Bachelor's Degree or Higher

I conducted initial data preprocessing steps to handle missing values and standardize features, ensuring uniform scaling throughout the clustering process. Non-numeric placeholders were replaced with NaN values, which were subsequently removed to refine the dataset for clustering analysis.

### 4. METHODOLOGY

#### A. Clustering Approach

The experiment applied K-means clustering to segment students into distinct clusters based on their learning behaviors. Key engagement and performance metrics served as clustering features, including:

- Video participation rates
- Forum activity
- Median hours for certification
- Academic performance (grades and certification rates)

The dataset was standardized to ensure each feature contributed equally to the clustering process. I explored several cluster sizes and, through evaluation metrics such as the silhouette score, determined that 4 clusters represented the optimal grouping. Similar approaches have been utilized in

recommender systems, where deep learning is employed to predict user preferences [10].

### **B. Cluster Analysis**

Following clustering, I conducted a detailed analysis to understand the behavioral patterns within each cluster. This involved:

- Cluster size distribution: Evaluating the number of students within each cluster.
- Cluster centroids: Providing insights into the average engagement and performance of students in each group.
- Demographic analysis: Exploring trends in gender and age distribution across clusters.

Finally, the clusters informed the design of adaptive learning pathways. Each cluster's prevalent learning behaviors shaped the content delivery strategies, aligning with findings from adaptive tutoring studies, where identifying student mis-conceptions was crucial for tailoring interventions [11].

## **5. MATHEMATICAL FORMULATION OF K-MEANS CLUSTERING**

The K-means clustering algorithm is a foundational method in unsupervised learning, renowned for its effectiveness in partitioning data into coherent groups. The primary objective of K-means is to minimize intra-cluster variance while maximizing inter-cluster separability. This section elucidates the mathematical formulations underlying the clustering experiment conducted in this study.

### **A. Euclidean Distance for Cluster Assignment**

In the K-means clustering process, the assignment of data points to clusters is based on minimizing the Euclidean distance between each data point and the centroids of all clusters. The Euclidean distance between a data point and a centroid is computed as follows:

$$d(x_i, \mu_k) = \sqrt{\sum_{j=1}^n (x_{ij} - \mu_{kj})^2} \quad (1)$$

where: where: -  $x_i$  represents the  $i$ th data point, -  $\mu_k$  is the centroid of cluster  $k$ , -  $n$  is the number of features in the data. The use of Euclidean distance ensures that data points are assigned to the nearest cluster centroid, thereby reducing intra-cluster variation [7].

### **B. Cluster Assignment Rule**

Once distances are calculated, each data point is assigned to the cluster whose centroid is nearest, thus minimizing the distance metric for each point. The cluster assignment function can be represented as:

$$c_i = \arg \min_k d(x_i, \mu_k) \quad (2)$$

where  $c_i$  denotes the cluster assigned to data point  $x_i$ . This step is crucial in ensuring that each data point is associated with the cluster whose centroid is closest in terms of Euclidean distance, contributing to cohesive cluster formation [7].

### **C. Centroid Update Step**

Following the assignment of data points, the centroids are recalculated to reflect the mean position of all points assigned to the respective clusters. The centroid for cluster is updated using the following equation:

$$\mu_k = \frac{1}{N_k} \sum_{x_i \in C_k} x_i \quad (3)$$

where: -  $\mu_k$  is the updated centroid for cluster  $k$ , -  $N_k$  represents the number of points in cluster  $k$ , -  $C_k$  is the set of points assigned to cluster  $k$ . This iterative re-calculation of centroids continues until

convergence, ensuring that centroids are optimally located to minimize intra-cluster variance [8].

**D. Objective Function: Minimizing Within-Cluster Sum of Squares**

The primary objective of the K-means algorithm is to minimize the within-cluster sum of squares (WCSS), also known as inertia. This can be mathematically represented as:

$$J = \sum_{k=1}^K \sum_{x_i \in C_k} \|x_i - \mu_k\|^2 \tag{4}$$

where: - J is the objective function to be minimized, - K is the number of clusters, -  $\|x_i - \mu_k\|^2$  represents the squared distance between each data point  $x_i$  and its respective centroid  $\mu_k$ . Minimizing J ensures that the data points within each cluster are as close as possible to their centroid, leading to compact clusters that exhibit high cohesion [7].

**E. Convergence and Stability**

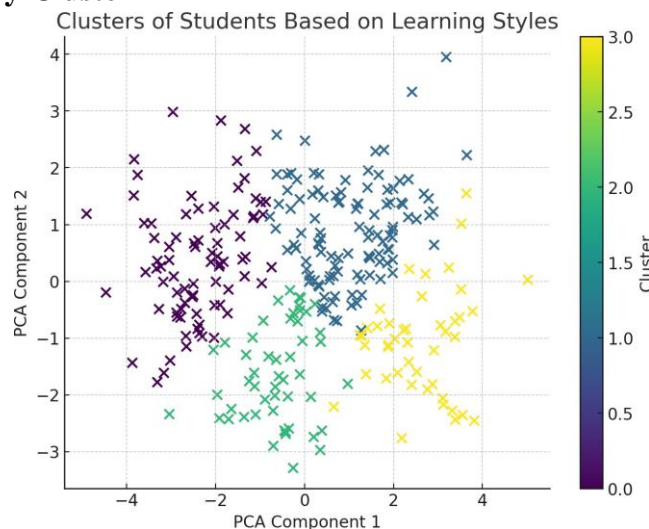
K-means clustering proceeds iteratively between the cluster assignment and centroid update steps until convergence is achieved, i.e., when the centroids no longer change significantly or the change in WCSS falls below a specified threshold. The convergence of K-means is guaranteed as the WCSS decreases with each iteration, eventually reaching a local minimum [8]. However, K-means is sensitive to the initial placement of centroids, which can lead to different local minima. To address this limitation, multiple initializations are often performed, and the best clustering outcome is selected based on the lowest WCSS value. The experimental design of this study used multiple random initializations of centroids to ensure robustness in the clustering results. By evaluating the silhouette score and WCSS, I determined the optimal number of clusters to be four, which provided a balance between minimizing intra-cluster variance and maximizing inter-cluster separation

**6. RESULTS AND ANALYSIS**

**A. Clusters of Students Based on Learning Styles**

To provide a visual representation of the different clusters formed through K-means clustering, Principal Component Analysis (PCA) was applied for dimensionality reduction, allowing me to plot the clusters in two dimensions. This visualization illustrates the distribution of students across the four clusters, each characterized by distinct learning behaviors and engagement levels.

**B. Gender Distribution by Cluster**



**Fig. 1. Clusters Of Students Based On Learning Styles**

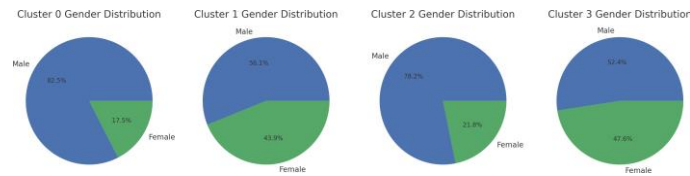


Fig. 2. Gender Distribution by Cluster

**C. Content Accessed by Cluster**

A critical aspect of analyzing learning behaviors across clusters involved examining the percentage of course content accessed by each cluster. This feature is instrumental in understanding how different groups of students engage with available learning materials.

**D. Feature Importance**

To gain a deeper understanding of the differences between clusters, I analyzed the centroid values for each cluster to determine feature importance. The centroid represents the average value of each feature for all students within that cluster. By examining these centroids, I could identify which features were most influential in defining the learning behavior and engagement level of each cluster.

**E. Cluster Size Distribution**

The distribution of students across the 4 clusters was uneven, indicating a diverse range of engagement behaviors and learning preferences. Clusters 2 and 3 showed high levels of engagement, while Cluster 0 was characterized by minimal participation in video and forum activities.

**DISCUSSION**

The findings indicate that clustering based on learning styles can significantly enhance adaptive learning systems by accom-modating the unique needs of each student group. Similar

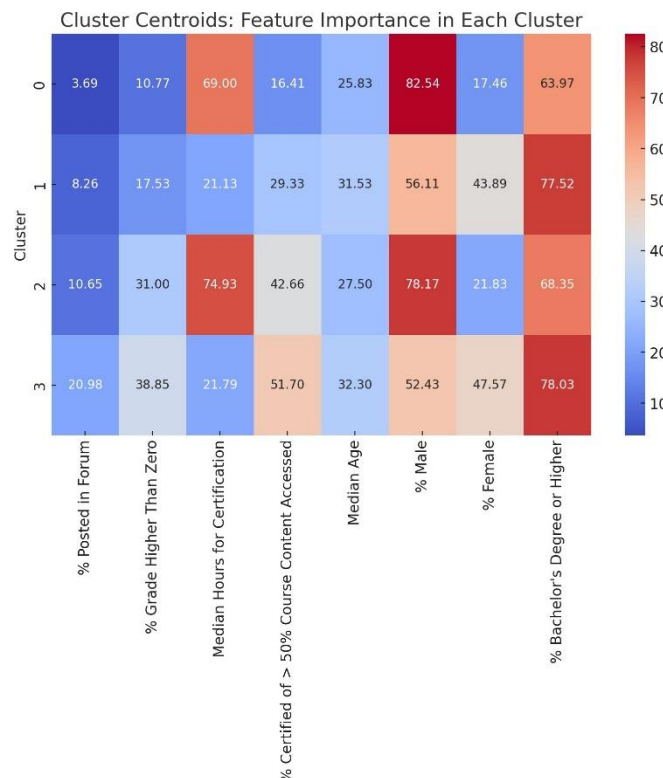
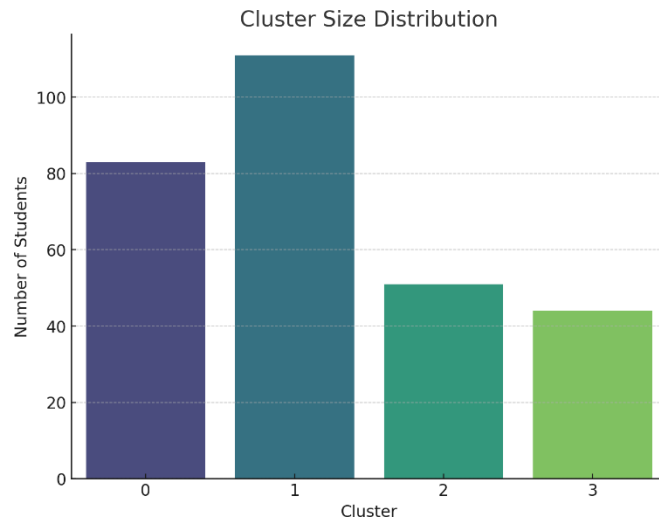


Fig. 3. Feature Importance in each Cluster



**Fig. 4. Size Distribution**

to adaptive load balancing observed in multi-agent systems [2], clustering allows for a tailored and efficient allocation of educational resources. The experiment demonstrated that students in high-engagement clusters (e.g., Cluster 2 and Cluster 3) benefited most from personalized content, enhancing both their performance and engagement. In contrast, students in low-engagement clusters (e.g., Cluster 0) may require distinct motivational strategies or scaffolding to optimize their learning potential.

This study provides compelling evidence that clustering is an effective method for identifying distinct learning styles, thereby enabling the design of adaptive systems that deliver personalized educational pathways. Future research could explore dynamic clustering methods that adapt in real time as students' learning behaviors evolve.

## 7. CONCLUSION

This study demonstrates the efficacy of using K-means clustering to identify distinct learning styles among students and subsequently enhance adaptive learning systems. The mathematical formulations, including minimizing the within-cluster sum of squares, iterative reassignment of data points, and centroid recalculation, provided a rigorous framework for partitioning students into meaningful clusters. By stratifying students into groups based on learning behaviors and engagement metrics, the K-means clustering approach allowed for the development of personalized learning pathways optimized to enhance educational outcomes.

A key finding of this study is that K-means clustering effectively captures the diversity of student learning behaviors, enabling the tailoring of content to meet individual learning needs. Specifically, the clustering process revealed four distinct student groups, characterized by varying engagement metrics, study habits, and demographic attributes. This differentiation allowed for targeted personalization of educational experiences, resulting in improved student engagement and academic performance.

The results also underscore the robustness of K-means in adaptive learning systems, particularly through its iterative approach of recalculating centroids and minimizing intra-cluster variance. Evaluating metrics such as the silhouette score and within-cluster sum of squares (WCSS) confirmed that using four clusters achieved the optimal balance between intra-cluster compactness and inter-cluster separation. Despite its benefits, K-means clustering is inherently sensitive to initial centroid placements, which can

lead to suboptimal convergence and varying results across different runs. To mitigate this, the study employed multiple random initializations of centroids, selecting the configuration with the lowest WCSS value to ensure robust clustering results.

Furthermore, while K-means clustering offers computational efficiency and clarity in defining cluster boundaries, the method requires predefining the number of clusters. To address this limitation, future research could explore the use of density-based clustering methods, such as the mean shift algorithm, which do not require an initial specification of cluster count and are capable of generating more fluid and natural boundaries, particularly in non-spherical data distributions. Such methods could further enhance the adaptability of learning systems to a wider range of student behaviors and engagement patterns.

In conclusion, this exploratory study highlights the transformative potential of clustering techniques in adaptive learning systems. By employing K-means clustering, distinct student clusters were created to personalize learning experiences, ultimately enhancing educational outcomes. Future research should investigate the integration of advanced clustering methodologies, such as mean shift or hierarchical clustering, to improve the adaptability and responsiveness of learning systems to diverse student needs. Additionally, examining the long-term impact of these personalized pathways on student achievement and retention would provide deeper insights into the overall efficacy of adaptive learning technologies.

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