

# Cause and effect of Pedophilic activity as an elderly abused towards children aged 5 to 12 years

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## Abstract

The current paper presents the various points related to Pedophilia. Pedophilia is a psychosexual disorder in which individual is attracted towards to pre-pubertal children. It is a psychiatric disorder. Infantophilia and Hebephilia are sub types of pedophilia. A Pedophile is an adult who experiences a sexual attraction towards children aged between infants to 13 years old. Pedophilia is a type of paraphilia. Different case studies related to Pedophilia are studied and based on that characteristics of an individual having Pedophilia, causes and effects are discussed in this paper. Symptoms are also included in this. Pedophilia is different than child molestation. Child sexual abusers are not Pedophiles. Pedophile may have an involuntarily sexual feeling towards the children. Pedophilia can be diagnosed by various methods which are described in this paper. This paper is spreading awareness about Pedophilia.

Keywords: Pedophilia, Children, Psychosexual disorder, Sexual, Male, Pre-pubescent.

## Cause and effect of Pedophilic activity as an elderly abused towards children aged 5 to 12 years

**Hypothesis:** Case study related to cause and effect of Pedophilic activity as an elderly abused towards children aged 5 to 12 years.

## INTRODUCTION

Many people are unaware of term “pedophilia” because only few are educated at it. It is a psychiatric disorder or mental illness within which an adult or older adolescent experiences a primary or exclusive sexual attraction to prepubescent children (child younger than 11-12 years or who has not yet gone through puberty). Pedophilia is termed as a **Pedophilic disorder** within the Diagnostic and Statistical Manual of Mental Disorders (DSM-5), (publication by the American Psychiatric Association (APA) for the classification of mental disorders using common language and standard criteria.) and also the manual defines it as a **Paraphilia** involving intense sexual urges towards and fantasies about prepubescent children. The International Classification of Diseases (ICD-11) defines it as a "sustained, focused, and intense pattern of sexual arousal as manifested by persistent sexual thoughts, fantasies, urges, or behaviors involving pre-pubertal children." Most people know Pedophilia as the act of child sexual abuse (When a perpetrator intentionally harms a minor psychologically, physically, sexually, or by acts of neglect). In simple words Pedophilia is, a feeling involuntarily sexually attracted to young children, whereas child sexual assault is completely different i.e., in which person is molesting or sexually assaulting children.

A **pedophile** is an adult or late aged adolescent (typically 16 years or older) who's preferred sexual object is pre-pubescent children (typically infants to 13 year old). Child sexual abuse offenders generally do not have a primary sexual interest in prepubescent children. **Infantophilia**, is a sub-type of pedophilia in which person feels sexually attracted towards children under age 5 years. **Hebephilia**, is observed in individual who has sexual interest in 11-14 year old pubescents. It is separate from pedophilia.

Pedophilia can occur before or during puberty and is stable over time. It is not a choice. Because of this it is a disorder of sexual preference. It can cause harm. APA considers pedophilia as a paraphilia not a sexual orientation. They said they are trying to develop treatments for pedophiles. Studies suggests that it occurs in an individual who has low esteem, depression, anxiety, and personality problems. But it is not clear that these are features of disorder.

National Center for Biotechnology Information which is part of United states National Library of Medicine (NLM) explains briefly the profile of pedophiles, "Pedophiles and child molesters have some same characteristics. Mostly males are pedophiles and they can be heterosexual, homosexual or bisexual. Some are interested in adult sex partners but they choose children because children are available and vulnerable."

The term **Paedophilia erotica** was coined in an article by the **Viennese** psychiatrist **Richard von Krafft-Ebing** in 1886. In **Psychopathia Sexualis**, the term given in an exceedingly section titled "Violation of Individuals Under the Age of Fourteen", which focuses more on the **Forensic psychiatry** in aspect of child sexual offenders. Krafft-Ebing characterizes several typologies of offender. He divided them into psychopathological and non-psychopathological origins. It hypothesizes several apparent casual factors which will cause the sexual abuse of children. He included *paedophilia erotica* in a typology of "psycho-sexual perversion". He listed out three common traits which are the individual is tainted, the subject's primary attraction is to children, instead of adults, the acts which are committed by the subject are not intercourse, but involves inappropriate touching or manipulating the child into performing an act on the subject.

**Sigmund Freud** briefly wrote about the topic in his book named *Three Essays on the Theory of Sexuality* in a section titled *The Sexually immature and Animals as Sexual objects* (1905). According to him, pedophilia was rare. He wrote that they sometimes were the subject of desire when a weak person "makes use of such substitutes" or when an uncontrollable instinct which cannot allow delay seeks immediate gratification and cannot find a more appropriate object.

**Neuroanatomist Swiss** and **Auguste Forel (Psychiatrist)** wrote of the phenomenon. He made the distinction between incidental sexual abuse by persons with dementia (causes problems with memory) and other organic brain conditions, similar to Krafft-Ebing's work. But he did not agree with Krafft-Ebing, he felt the condition of the latter was largely ingrained and unchangeable.

**Michael Seto** says that some pedophiles are not known to have ever committed sexual offenses against children, and some offenders are not pedophiles, instead they are motivated by high sex drive, criminality, or opportunism. He also differentiates between pedophilia and hebephilia as attractions to prepubescent and pubescent children. **Cohen et al.** reported impaired self-concept and interpersonal functioning in sample of child sex offenders, authors suggested that could contribute to motivation for pedophilic acts. In the study, pedophilic offenders psychopathy and cognitive distortions had raised compared to health community controls. This was clarified as underlying their failure to inhibit their criminal behavior. In 2009 and 2012 found that pedophiles do not exhibit psychopathy but it was found in non-pedophilic child sex offenders.

The characteristics of a group of pedophile club members was studied by **Wilson and Cox in 1983**. The difference was marked on the introversion scale, with pedophiles showing increased shyness, sensitivity and depression. Pedophiles scored high on neuroticism (personality trait) and psychoticism (one of the three traits used by the psychologist Hans Eysenck in his P–E–N model). The authors warn that “they can’t tell whether pedophiles attract towards children because they are introvert, but they are more comfortable with children than adult.”

Watching **child pornography** is a sign of pedophilia, but non-pedophiles also view child pornography. But pedophiles are more interested to collect, organize child pornography according to their age, gender, sex act and fantasy.

Studies says that one or more characteristics present at birth can cause or increase pedophilia. Researchers are linking pedophilia with brain structure and function which began in 2002. These studies found that pedophiles scores less in memory tests, probability of having suffered some head injuries in childhood results in unconsciousness and MRI-detected differences in brain structures. Studies conducted in the year 2015 says that pedophiles have normal IQ. The structural MRI can be used to indicate that male pedophiles have a lower volume of white matter. **Blanchard, Cantor and Robichaud (2006)** attempted to identify hormonal aspects of pedophilic offenders. They said that pedophile men have less testosterone than control . But it was difficult to conclude because research about it was in poor quality.

In law enforcement, this term usually refers to any person who commits one or more sexually-based crimes on underage victims. That may include child sexual abuse, statutory rape, offenses involving child pornography, child grooming, stalking, and indecent exposure. In India pedophilia is a criminal offence. It is punishable under various sections under the Protection of Children against Sexual Offences Act (POCSO). For minor female victim, punishment are given under rape under the Indian Penal Code (IPC) with a minimum of 20 years imprisonment, and can be punishable by death.

What is Society and culture’s role in Pedophilia ? One study recorded that high levels of anger, fear and social rejection towards pedophiles who have not committed a crime can affect them. Such attitudes could negatively impact pedophiles by reducing their mental stability and discouraging them from seeking help. Earlier it was found out that in general public there was a misunderstanding and unrealistic perceptions about child sexual abuse and pedophiles . But in 2004 year it was reported that public was well-informed about it but in certain areas of India general public or society is still unaware about it. The term Pedophilia is misused to refer to relationships where the younger person is an adult of legal age, but is either considered too young as compared to their old partner, or the older partner occupies a position of authority over them. Hence, researchers says that Pedophilia term is avoided. The **Mayo Clinic** (a nonprofit American academic medical center focused on integrated health care, education, and research) states that “Pedophilia is not a criminal or legal term”.

#### Characteristics and behavioral indicators of a pedophile:

- Is mostly an adult male.
- Works in a different types of occupations, from unskilled laborer to corporate executive.
- Relates better with children than adults.
- Usually prefers children in a specific age group.
- Usually prefers either males or females, but may be bi-sexual.
- May seek jobs in the fields involving children of the age of his preference.
- Find children for sexual purposes.

- Frequently photographs or collects photographs of his victims, either dressed, nude, or in sexually explicit acts.
- Collects child erotica and child-adult pornography.
- Often portrays the kid because the aggressor. This sometimes happens once the kid realizes that by withholding "sexual favors" the kid can get what he or she needs, like new toys, article of clothing or visits.
- Talks about children in the same manner as one would talk about an adult lover or spouse.
- Often was a child molestation victim and frequently seeks out children at the age at which he was molested.
- Often seeks out publications and organizations that support pedophilic sexual beliefs and practices.
- Usually corresponds with different pedophiles and exchanges child pornography and erotica as proof of involvement.
- Is usually non-violent and has some problems with the law (pedophiles are frequently respected community members).

### **SYMPTOMS OF PEDOPHILIA**

According to the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5), in order for pedophilic disorder to be diagnosed, the following criteria must be met:

1. Recurrent, intense sexual fantasies, urges, or behaviors with a prepubescent child (generally age 13 or younger) for a period of a minimum of 6 months.
2. These sexual urges are acted on or have caused significant distress or impairment in social, occupational, or other important areas of functioning.
3. The person is at least 16 years old, and a minimum of 5 years older than the child with whom the person engages in sexual behavior. This does not include an individual in late adolescence involved in an ongoing sexual relationship with a 12- or 13-year-old.

If the individual completes the criteria of pedophilic disorder, it should also be evaluated and specified if the disorder is:

- **Exclusive type** – In this, an individual is only attracted towards children
- **Nonexclusive type** – In this, an individual is interested to children, and also in mature individuals.
- **Limited to incest**

And if the individual is :

1. Sexually attracted to males
2. Sexually attracted to females
3. Sexually attracted to both

### **DIAGNOSIS**

Many societies compare pedophile with child molestation. But they are not the same. Pedophilia is most often diagnosed after criminal investigation. Investigators may use interviews, surveillance, or internet records in diagnosing. Child pornography could be an important indicator of pedophilic disorder. Additionally, genital sexual arousal are often measured in a laboratory setting through sexual stimuli and relies on the relative change in penile response. This laboratory measurement is often done after a person has been arrested for a pedophilia-related crime, though this measurement is employed more widely

outside the United States, as the United States has laws against child pornography that curtail what authorities are permitted to show.

Additionally, a diagnosis of pedophilic disorder should specify whether the individual is exclusively attracted to children or not, the gender that the individual is interested in, and whether the sexual urges are limited to children within the person's circle of relatives.

There are variety of challenges to diagnosing pedophilia. Those that have this condition rarely seek help voluntarily—counseling and treatment often come because the results of a court order.

### **RISK OF DEVELOPING PEDOPHILIC DISORDER DSM-5**

It appears that males are more likely to engage in sexual behavior with children because of correlation between pedophilia and antisociality. Hence, antisocial personality disorder could be risk factor for pedophilic disorder. Secondly, many adult males who have pedophilia have reported history of sexually abused in their childhood which may or may not reflect a casual relationship. And lastly, neurodevelopmental perturbation in utero may be the factor that increases the risk of pedophilic disorder.

### **DEVELOPMENT AND COURSE**

It is reported that adult males who have pedophilic disorder are attracted towards children sexually during or around puberty. But it is difficult to diagnose pedophilic disorder at such a young age due to adolescent development differences and to be age-appropriate sexual interest and sexual curiosity.

The elements of pedophilia may change over time. These elements may include shame or guilt, psychosocial impairment, or the inclination to engage in sexual behaviors with children. Also, the older an individual is the less likely he or she is to engage in sexual behavior with children.

There are some treatment options available for pedophilia:

**PSYCHOTHERAPY** – Some cognitive therapies give some positive result for treatment of pedophilia. These cognitive therapies include restricting cognitive distortions and empathy training, assertiveness training, relapse prevention, as well as teaching lifelong maintenance. This will work in direction to correct a pedophile's thoughts and beliefs. Empathy training includes helping the offender to think with perspective of the victim and understand the harm they are causing. Reconditioning involves giving immediate feedback to patient which will help him to change his behavior.

Research has disproven that sex offenders are especially prone to relapse into criminal behavior. In reality, recidivism rates for all other major types of crime is higher than for sex offenses. Not all sex offenders who victimize children are pedophiles, only about 40-50% of sex offenders are pedophiles.

Treatment may help pedophiles but many do not need clinical help because of the risk of legal consequences due to mandatory reporting laws for licensed professionals, including therapists. Sexual desires of pedophiles are difficult to change. But practitioners can help to reduce the intensity of their fantasies and they can help a patient to develop coping strategies.

**MEDICATION** – It is used simultaneously with psychotherapy. It includes antiandrogens like Provera and Lupron which lowers sex drive and Selective serotonin reuptake inhibitors, which treat associated compulsive sexual disorders.

**Family-Systems Theory.** – This therapy is usually used in homes where incest has occurred and it is desired by all family members to reunite or keep the family intact. In this therapy all family members are included. The basic focus is for the father to accept responsibility for his acts and the mother for her

contribution to the problem. This therapy should be conducted in group and also have individual counselling. No one should be blamed apart from the perpetrator of the molestation.

Using above mentioned treatment the illness could get cured, and pedophile's sexual desire can be inhibited. Many pedophiles often have been victims of abuse and mistreatment in childhoods and tend to have other disorders, such as depression, substance abuse, anxiety and frequent personality disorders. They also have difficulties in intimate relationships with peers, have low self-esteem, anxiety about relationship and elders, poor anger management skills, are afraid of being abandoned, and show emotional difficulties, and act together with men.

#### What Pedophile advocacy groups think?

Several pedophile organizations demanded for the acceptance of pedophilia as a sexual orientation (attraction to another person and the behavior that may result into attraction) rather than a psychological disorder and for the legalization of child pornography. This was happened in late 1950s to early 1990s where they also advocated age of consent reform to lower or abolish age of consent laws. They did not get acceptance and today they only have members, their all activities are ceased. Virtuous Pedophiles believes that child sexual abuse is wrong and spreading awareness that pedophiles do not offend. Then what anti-pedophile group thinks about pedophiles, this groups use social media to spread the word about their activities. They also spreading awareness about issues such as pedophilia, child trafficking and child abuse.

There have been some incidents in which vigilantism intended to be against wrong person mistakenly, which was directed against pedophiles. In India, this type of cases doesn't come forward because of fear of indignity, denial from the community, social stigma, and gap in communication between parents and children about this kind of issue. Children don't talk about this because of fear.

#### **CASE STUDY– I**

Place : Kurseong

The case in hand is a story of a pedophile harassing the students of a boarding school. One Mrs. S, mother of a boarder student of Victoria Boys' School, Dowhill, Kurseong submitted a letter of complaint to the Headmaster of the said school stating, inter alia, that she personally witnessed a shameful event of sexual harassment of a minor student by an unidentified male at the corridor of the kitchen of the hostel of the said school at about 2:45 p.m. on 12<sup>th</sup> May, 2013.

The principal of the said school conducted an in-house enquiry to ascertain the veracity of the complaint. On inquiry he came to know that a student of Class-V who is referred to as "A" in the body of the judgment was sexually harassed by the appellant. This Court is not inclined to disclose his name being the victim of the harassment. He also came to know that the appellant is in the habit of sexually abusing the boarder students of Class-V and VI under flimsy pretext. The Principal of the said school accordingly lodged a complaint before the Officer-in-Charge, Kurseong Police Station against the appellant. The Officer-in-Charge of the Kurseong Police Station registered Police Station Case No.103 of 2013 under Section 12 of the Protection of Children from Sexual Offences Act, 2012 and endorsed the case to for investigation. The learned Trial Judge framed charge against the appellant under Section 8/12 of the POCSO Act.

It appears from the evidence of Mother of the victim that on 12<sup>th</sup> May, 2013 she came to visit her son "D" in the school during the tea time of the students. She was walking in front of the kitchen to come to the

dining hall. Other children were also present there. All on a sudden, she found that one person was trying to remove the trouser of the student in front of all at the corridor of the dining hall. P.W.11 raised protest. She also came to know that the victim was a student of Class-V named “A”. On the next date she lodged a complaint to the Principal of the school disclosing the incident. The said letter of complaint was marked Exhibit.

Apart from P.W.11, all the above-named students stated in unequivocal terms that during 2013, one day or other the appellant either pulled their pant and touched their private parts in presence of others when the victims tried to raise objection, the appellant used to say that he was their friends and was doing such act out of fun. Not only the student, P.W.4 Sumitra Rai who was a staff of the dining hall of the school, corroborated the said fact in her evidence. P.W.5, Rupa Gurung is another employee of the dining hall of the said school, according to her evidence, the victim student “A” fell down on the ground and his pant became wet in rain water, his pant was slipping down and the accused put it up in its original position. However, the said victim boy (P.W.3) stated in his evidence that the appellant purposefully opened his pant and touched his private part when he was playing cricket in the corridor with other boys. The said fact was corroborated by other witnesses. From the evidence of the Principal of the school(P.W.2), it is ascertained that he conducted an in-house inquiry and being satisfied that the appellant is the offender, lodged a complaint against him in the local Police Station.

## CASE STUDY II

This is a case of sexual adventure of an old pedophile. It is also only just a tip of the ice berg. It requires much courage and conviction to come out in open and initiate the legal process on the offender not knowing how it will end or how long it will take to end. The appellant with a perverted sexual appetite has exploited as many as five children all younger than 9 years of age. The appellant himself was about 54 years old when he committed these acts. His modus operandi appears to be a standard one. His target group also was very clear. The depositions of P.W-1 to P.W-4 have one thing in common. They are all the victim children, who knew nothing about the worldly affairs except for the one thing that the appellant behaved with them in an unusual way causing pain and disgust to them. The victim children have stated how they were subjected to sexual assault by the appellant. The appellant being a pedophile has tried for sexual intercourse with girl children and tried oral sex with the boys. The manner in which he lured them is typical of a sexual offender. There is nothing in the versions of P.W-1 to P.W-4 which can be doubted. The offender employing the ‘carrot and stick’ method to make the children submit themselves to him is also clear from the evidence of P.W-1 to P.W-4. P.W-2 and P.W-4 are boys who were lured by offering Rs.10/- and then threatened when the appellant’s move was resisted. The girl children P.W-1 and P.W-3 were lured by offering cake and taken home for the penetrative sexual act. The youngest of the children was 3 year old.

## Case Study III

The accused Mr. R has faced trial for the commission of offence U/s. 377 IPC for having committed the carnal intercourse with the FIR No. 97/1996 STATE V/s Mr. R PAGE No. 1/ 16 innocent boy RB. Factual background of the prosecution case that on 15.02.1996 at about 12.00 Noon in the locality of a boy namely R.B aged about 10 years was returning back to his home from the house of his maternal uncle without knowing that in the way he would experience a pedophile waiting to satisfy his lust and looking for some prey. When the boy RB reached in front of the jhuggi of the accused, he was called by the accused from

inside the jhuggi. The accused asked the innocent boy about the class in which he was studying. The boy said that he was a student of fifth standard. The accused told him that he would teach him the English lesson. The boy was not interested in the same and wanted to leave the jhuggi instantaneously. Despite refusal by the boy, accused insisted for the same. After teaching for some time, accused showed his true colors and bolted the gate of jhuggi from inside. Then the boy was asked to lay with him upon the charpai lying in the jhuggi. The accused then removed his pants and also undressed the boy. The accused committed then committed the carnal intercourse with the poor boy. The boy had pain, and tried to shout but the accused put his hand on his mouth. After satisfying his lust the accused threatened the boy not to disclose about the incident to anybody otherwise he would kill him. On the next day, the boy told his father about the incident who brought the boy to the Police Station. Thereafter, IO took the accused and boy R.B to DDU Hospital where the accused and the boy were medically examined. IO had obtained the MLCs and prepared rukka. After completion of investigation by police, chargesheet against accused filed for commission of offence U/S 377 IPC.

### INTERPRETATION

Pedophilia is a psychiatric disorder or mental illness within which an adult or older adolescent experiences a primary or exclusive sexual attraction to prepubescent children (child who is younger than 11-12 years or who has not yet gone through puberty). It is a type of paraphilia. Different types of Psychiatric disorders are included in the paraphilia. A pedophile is an adult or late aged adolescent (typically 16 years or older) who's preferred sexual object is pre-pubescent children (typically infants to 13-year-old). Infantophilia, is a sub-type of pedophilia in which person feels sexually attracted towards children under age 5 years. Hebephilia, is observed in individual who has sexual interest in 11-14 year old pubescents. It is separate from pedophilia.

Pedophile is most often an adult male. They relates better to children than adults. They usually preferred children in a specific age group. They preferred either males or females, but may be sometimes bi-sexual. They may seek employment in work or program involving children of the age of his preference. Pedophile frequently collects photographs of his victims, either dressed, nude, or in sexually explicit acts. They collects child erotica and child-adult pornography.

Mostly Pedophiles talks about children in the same manner as one would talk about an adult lover or spouse. Often was a child molestation victim and frequently seeks out children at the age at which he was molested. Exchanges child pornography and erotica as proof of involvement with other pedophiles. This are some behavioral indicators and characteristics of a pedophile.

According to the case studies undertaken for this research purpose, Pedophile harassing the students of a boarding school, accused was in the habit of sexually abusing boarder students of class fifth and sixth. The accused either pulled out their pants or touch their private parts in the presence of others. When the victim tried to raise an objection, the accused said that he was their friend and was doing such an act out of fun. Accused mostly preferred a job in the boarding school because he liked the children around that age and he may have thought that it would be easy to fulfill his desires. In the case of an old Pedophile, accused behave with children in an unusual way, causing pain and disgust to them. Accused used to offer treat to children because of which children would get attracted and followed him to his home where he would fulfill his sexual desires.



Some of the symptoms found in evident were the feelings of recurrent, intense sexual fantasies, urges, or behaviors with a prepubescent child is achieved for a period of a minimum of 6 months. These sexual urges are acted on or have caused significant distress or impairment in social, occupational, or other important areas of functioning. The person is at least 16 years old, and a minimum of 5 years older than the child with whom the person engages in sexual behavior. This does not include ongoing sexual relationship between an individual in late adolescence with a 12- or 13-year-old.

Therefore, the causes were child sexual abusers were themselves abused as children, victim of child molestation or pedophilia and go on to perpetuate the abuse as adults. Female pedophiles often have been victims of abuse and mistreatment in childhoods and tend to have other disorders, such as depression, substance abuse, and frequent personality disorders. They also have difficulties in intimate relationships with peers, have low self-esteem, poor anger management skills, are afraid of being abandoned, and show emotional difficulties such as limited empathy, and act together with men.

Because of this abuse and all these reasons affects their mental health and create mental illness which leads to this type of disorder. Child pornography could be an important Indicator of pedophilic disorder when it comes to diagnosis. If person is arrested in case of pedophilia laboratory measure the genital sexual arousal.

The previous studies diagnosis as per the experts was that it should be specified whether the individual is exclusively attracted to children or not, the gender the individual is interested in, and whether sexual desires are limited to children in the person's circle of relatives.

Psychotherapy, Medication and Family-Systems Theory are some treatment options available for Pedophilia. As per the researchers, some cognitive therapies may be used. Careful observation of the children by their parents may help in identifying or diagnose the Pedophilia in earlier stage. Emotional bond between the parents and children, may help to know whether the child is going through any child sexual abuse or any pedophilic activity. Cognitive behavioral therapy may be more helpful in such cases.

Researchers concluded that not all Pedophiles act on their sexual interests in children, and many child sexual abusers do not have Pedophilia. Sometimes they may lose control while arousal try to get pleasure through pedophilic activity. They usually offer treats to attract the children. Individuals who are suffering from pedophilia might look for other pedophiles so they can share their feelings and erotic videos, images of the children. Genetics and epigenetics, differences in brain structure, hormones, developmental differences, childhood experiences are some factors which may a play role in development of pedophilies. Differences in the temporal lobes of the brain may increase nontypical sexual interest and attraction towards children. Genetics may play a minor role in the development of Pedophilia. There might be a possibility that it could pass through generations.

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