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# **Gandhi's Non-Violence**

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#### **Abstract:**

Gandhi's philosophy of non-violence, or "ahimsa," emphasized the power of passive resistance to bring about social and political change. He believed in confronting injustice without resorting to physical force, promoting love and understanding as powerful tools for transformation. This approach aimed to break the cycle of violence and create a more just and compassionate society.

**Keywords:** Non-Violence as a political strategy, salt march, legacy and relevance today, satyagraha

Mahatma Gandhi, a key figure in India's struggle for independence, is perhaps best known for his philosophy of non-violence, or "ahimsa." This principle, deeply rooted in Hindu traditions, became the cornerstone of Gandhi's approach to social and political change.

#### 1. The Essence of Ahinsa

Gandhi's non-violence was not merely the absence of physical force; it encompassed a broader concept of love, compassion, and understanding. Ahimsa, for him, meant refraining from causing harm not only through actions but also through thoughts and words.

### 2. Satyagraha – The Power of Truth

Central to Gandhi's non-violent philosophy was the idea of "Satyagraha," or the pursuit of truth. He believed that truth has an inherent power that can transform individuals and societies. Through non-violent resistance, individuals could expose the truth and inspire change.

#### 3. The Salt March and Civil Disobedience

One of the most iconic examples of Gandhi's commitment to non-violence was the Salt March in 1930. By leading a peaceful protest against the British salt monopoly, Gandhi demonstrated how civil disobedience could be a potent force for change without resorting to violence.

## 4. Non-Violence as a Political Strategy

Gandhi strategically employed non-violence as a political tool. He realized that by embracing non-violent resistance, he could garner greater public support and appeal to the moral conscience of both his followers and opponents. This approach helped in building a united front against colonial rule.

### 5. Impact on Global Movements

Gandhi's philosophy of non-violence transcended national boundaries and influenced various movements for civil rights and social justice worldwide. Leaders like Martin Luther King Jr. in the



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United States and Nelson Mandela in South Africa drew inspiration from Gandhi's principles in their quests for equality and justice.

## 6. Challenges and Criticisms

While hailed for its moral strength, Gandhi's non-violence faced criticism and challenges. Some argued that it was a passive response to oppression, while others questioned its practicality in the face of ruthless regimes.

### 7. Legacy and Relevance Today

Gandhi's philosophy of non-violence continues to resonate today as a potent force for positive change. In a world grappling with conflicts, his teachings inspire movements advocating for peace, justice, and human rights.

#### In conclusion

Gandhi's non-violence was not just a political strategy; it was a profound philosophy that sought to transform individuals and societies by harnessing the power of truth and compassion. His legacy remains a testament to the enduring potential of non-violent resistance in shaping a more just and peaceful world.

#### **Author Introduction**

The author is a native of Jhunjhunu district of Rajasthan state. He passed UGC-NET in Political Science in 2019. Presently he is engaged in teaching work in Sikar district for the last 10 years and is providing guidance to children.