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# Ensuring Grid Stability in the Utilities Sector: Leveraging Synthetic Monitors for Real-Time Energy Demand and Supply Management

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# Abstract

Managing the balance between energy demand and supply is a growing challenge for utility companies as consumption patterns fluctuate. This paper presents a solution using synthetic monitoring integrated with Dynatrace to track real-time metrics like current demand, capacity, and reserve. By employing both static and adaptive thresholds, the system predicts supply-demand imbalances and triggers alerts using AI-driven anomaly detection. This proactive approach improves operational efficiency, mitigates risks, and enhances grid management, ensuring uninterrupted power distribution.

**Keywords:** Synthetic Monitoring, Energy Demand, Energy Supply, Dynatrace, Adaptive Thresholds, Grid Management, Predictive Analytics, AI

## **1.** INTRODUCTION

The stability of energy grids is vital for ensuring uninterrupted power delivery to consumers, particularly as the complexity of modern power systems increases. Managing the balance between energy supply and demand is a continuous challenge for utility companies, especially as energy consumption fluctuates throughout the day and more so during peak periods. Without adequate monitoring and timely interventions, imbalances in supply and demand can lead to grid instability, blackouts, or excessive operational costs [4].

Traditionally, energy utilities have relied on static monitoring systems that provide visibility into grid conditions. However, these systems are often limited in their ability to understand the trends, predict future imbalances and provide smart alerts to the operators proactively. With the growing complexity of modern power systems, there is a pressing need for advanced solutions that not only monitor grid conditions in real time but also predict potential disruptions before they occur [5].

This paper proposes an innovative solution using synthetic monitoring and Dynatrace's observability platform to proactively monitor energy demand and supply. By leveraging both static and adaptive thresholds, this approach captures key metrics such as reserve, current demand, and capacity, while using forecasting features to predict future supply-demand imbalances [13][14]. Dynatrace's AI-powered anomaly detection and automated alerting system provide early warnings, enabling utility operators to respond swiftly to emerging issues and maintain grid reliability.

Through this approach, utility companies can enhance operational efficiency, minimize risks, and ensure service continuity. The methodology outlined in this paper demonstrates how synthetic monitoring can help manage grid complexities, offering a scalable and adaptable solution that anticipates energy fluctuations and ensures proactive management of critical resources.



# 2. KEY TERMINOLOGY

**Utility Industry:** The utility industry includes companies that provide essential services such as electricity, natural gas, water, and sewage treatment to residential, commercial, and industrial customers. This sector is heavily regulated and critical for infrastructure, ensuring that the demand for energy, water, and waste management is met safely and reliably. Utility companies also play a vital role in managing the supply and distribution of energy across regions.

**Energy Demand:** Energy demand refers to the total amount of energy consumed by users at a given time. It can fluctuate throughout the day or year based on factors like weather, industrial activities, and population density. In grid management, energy demand is a critical factor that utility companies must monitor to ensure they can meet consumption needs without interruptions [7][15].

**Energy Supply:** Energy supply is the total amount of energy that can be generated and distributed by utility providers to meet the demand of consumers. It includes energy from renewable sources like solar and wind, as well as non-renewable sources like fossil fuels and nuclear power. Balancing energy supply with demand is crucial for maintaining grid stability [15].

**Dynatrace:** Dynatrace is a software intelligence platform designed to provide observability into complex IT environments, including applications, cloud infrastructure, and microservices. It uses AI to monitor performance, detect anomalies, and automate problem resolution. Dynatrace helps enterprises in ensuring application reliability, optimizing user experiences, and automating responses to performance issues in real time.

**Synthetic Monitoring:** Synthetic monitoring involves simulating user transactions or system behavior to continuously check the performance and availability of applications or services. Unlike real-user monitoring, which relies on actual user interactions, synthetic monitoring proactively tests scenarios at regular intervals to detect issues before they affect real users. This technique is commonly used in observability and APM (Application Performance Management) tools like Dynatrace [12].

**Browser Monitor:** A browser monitor in synthetic monitoring is a tool that simulates user interactions with a web application through a real browser. It performs tasks such as loading pages, clicking buttons, and filling out forms to test the application's performance, availability, and responsiveness under different conditions. Browser monitors are used to proactively detect issues that real users may encounter [12].

**Clickpath:** A clickpath refers to the sequence of interactions or clicks a user makes to navigate through a website or application. In synthetic monitoring, clickpaths simulate these user journeys to ensure the application behaves as expected. Monitoring clickpaths helps identify bottlenecks, slow responses, or broken links in the user flow before real users are affected [12].

**Current Reserve:** Current reserve refers to the excess energy capacity that a utility maintains above the current demand. Reserves are crucial for ensuring grid stability, especially during peak demand periods or emergencies. They act as a buffer that utility companies can tap into, if there is a sudden spike in demand or a drop in energy supply [15].

#### **3.** LITERATURE REVIEW

Effective energy management is an essential component of modern utility companies to ensure grid stability and operational efficiency. Previous research has highlighted various strategies and technological innovations aimed at optimizing energy use, preventing disruptions, and balancing supply with demand.

**Real-Time Energy Monitoring and Management:** Real-time monitoring of energy consumption has proven to be a viable approach for efficient energy management [7][11]. For example, projects that utilize



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cloud computing for continuous monitoring have demonstrated the benefits of tracking electricity usage to optimize load planning and save energy in institutional settings [1]. The use of cloud-based platforms facilitates data collection and analysis, helping to manage peak loads and prevent overloads through the timely adjustment of energy distribution [1].

**Demand-Side Management (DSM) Techniques:** Demand-Side Management (DSM) has emerged as a pivotal solution for optimizing energy usage during peak hours and mitigating the risks of blackouts [8]. Research has shown that DSM measures, such as maximum demand control and load management, can effectively reduce energy demand and improve load factors [10]. DSM activities often include demand response (DR) programs and the integration of distributed energy resources (DERs) to enhance energy efficiency and reduce penalties related to peak usage [8]. These programs can be further enhanced with real-time monitoring to adapt dynamically to shifting energy needs.

**Energy Monitoring Systems and Their Impact:** The implementation of energy monitoring systems has shown measurable benefits in reducing energy consumption and emissions [9]. For example, a case study in Vietnam demonstrated significant savings after the installation of power monitoring systems, leading to reduced energy costs and lower carbon emissions [11]. This indicates that deploying monitoring solutions not only helps in achieving energy efficiency but also provides substantial economic and environmental benefits [11].

**Challenges in Energy Supply and Demand Balance:** Developing countries often face critical shortages in power generation, leading to rolling blackouts during peak demand times [4]. To address this, strategies that manage energy consumption based on equitable distribution and algorithm-based reduction during peak times have been proposed. These approaches, validated through simulation models, emphasize the importance of real-time monitoring to detect critical peaks and prevent grid failures.

**Emerging Smart Grid and IoT Solutions:** The shift towards smart grid technology and the integration of IoT devices is transforming energy management by providing granular, real-time data that enhances decision-making [2][8]. The Internet of Energy (IoE) has been explored as a method to support building energy management systems (BEMs), addressing issues such as data loss and energy overloads [3]. This integration can improve grid operations by enabling a more responsive approach to managing energy supply and demand.

Advances in Load Forecasting and Machine Learning (ML): Computationally intelligent load forecasting methods play a critical role in preserving energy and addressing global energy challenges. Intelligent Load Forecasting (ILF) systems leverage ML algorithms to predict energy consumption trends, enabling more effective energy distribution and management [10]. The application of ML in this context provides adaptive capabilities, allowing for the development of robust predictive models that can forecast demand and preemptively mitigate potential grid issues [14].

**Cost Optimization and Energy Market Integration:** Incorporating real-time energy market data into monitoring systems can further enhance the cost-effectiveness of energy management strategies. This approach allows utility companies to make informed decisions about when to purchase additional energy or sell excess capacity, optimizing costs while maintaining grid stability [9]. Such strategies align with the goal of balancing energy supply and demand efficiently.

# 4. METHODOLOGY

The proposed solution for managing energy demand and supply in real-time focuses on leveraging synthetic monitoring to scrape the data from the web page, trend the data over time, and setting up an



alerting mechanism. This methodology outlines the steps involved in implementing synthetic monitoring for energy management using California ISO web page as an example.

#### A. Data Scraping Setup:

The first step is to set up a synthetic monitor that scrapes data in real-time from publicly available energy dashboards such as those offered by California ISO [15].

In order to do so, a synthetic monitoring script needs to be developed, that gathers the key metrics from the web page. The script needs to be able to scrape and load the data into a database, which can be used to trend the data over time as timeseries metrics. In this case, Dynatrace is used as a synthetic monitoring tool and metric storage tool.

#### B. Trend Analysis using Dynatrace AI and Analytics Engine

Once the data is collected and converted to metrics, the Dynatrace AI and Analytics engine (Davis) performs real-time analysis and trend forecasting.

Davis has the ability to continuously monitor trends and establish baseline values for normal operations. It can auto-detect baseline deviations and flag them automatically, providing early warnings of potential grid instability.

Dynatrace supports the visualization of data trends, which is key to understanding how demand and supply fluctuate over time. The Davis AI engine is also capable of leveraging machine learning models to predict future trends based on current data, providing actionable insights on when the grid may approach dangerous thresholds [13].

#### C. Alerting mechanism

Dynatrace's automated alerting system works as a backbone for proactive energy management. Dynatrace has the ability to use both adaptive thresholds and custom thresholds. This allows for intelligent anomaly detection and adherence to predefined operational limits. Adaptive thresholds automatically adjust themselves based on historical trends and real-time data patterns. This allows the system to detect anomalies that deviate from the expected behavior, even as the operational environment evolves.

In addition to adaptive thresholds, organizations can define custom thresholds based on known businesscritical limits that must not be breached to maintain operational stability and customer trust. For example, an energy provider may set a custom threshold ensuring that supply capacity never falls below a specific margin during peak hours to guarantee reliability for their customers. This dual approach allows Dynatrace to not only detect unusual patterns but also safeguard key metrics defined by the organization, giving stakeholders peace of mind that critical services are being maintained.



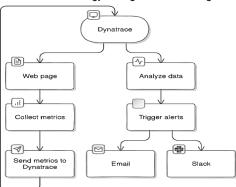


Figure 1 This figure shows the flow of data from sources like California ISO to Dynatrace for processing, visualization, and baseline setting, highlighting the automated alerting triggered by Davis when anomalies are detected.



The above shown figure 1, explains the flow of data from publicly available website such as California ISO to Dynatrace, where the data is processed, visualized, and baselined. It also showcases the alerting mechanism which can be triggered when Davis identifies an anomaly automatically.

#### 5. IMPLEMENTATION

#### A. Creation of Synthetic monitor:

Dynatrace Browser Monitor can be used to defined the synthetic test needed to scrape the metrics from a publicly available web page. Following are the steps for creating a browser monitor.

- A browser monitor can be created by navigating to the "Synthetic Classic" app in Dynatrace. This app provides an option to "Create a synthetic monitor". By clicking on this option, a new browser monitor or http monitor can be created. To scrape metrics, a browser monitor would be used.
- Upon clicking "Create a browser monitor", the URL for the webpage and a name for the synthetic monitor would need to be provided.
- The end of the page provides options to create clickpath events. Clickpath events can either be recorded or manually created. In this case, the next event would need to be manually created.
- Clicking "Manually add synthetic event" provides options to name the event and select the synthetic event type. In order to scrap the metrics from the webpage a "JavaScript" event would need to be created and this event needs to be called after the loading of the webpage. This event can be added by clicking on "Add synthetic event" option.
- Upon adding the event, a blank page is provided to add the script, to gather the metrics from the webpage.
- After adding the JavaScript code, the monitor creation can be completed by selecting the frequency of test execution and number of nodes to run the test from. It is recommended to run the test often as this would allow creation of a good timeseries metric and provide good data to trend. It is also advisable to add multiple nodes including multiple service provides in order to avoid data gathering failures due to node issues. Below figure 2 shows the clickpath steps created in the synthetic monitor.

Synthetic events			
1	Loading of "https://www.caiso.com/todays-outlook/supply" Navigate		
2	Scrape metrics from the webpage JavaScript		

#### Figure 2 synthetic events created to open and scrape metrics

#### **B.** JavaScript to scrape the metrics from webpage:

The script to scrape the metrics from a webpage consists of two parts. The first, scrapes the metrics from the webpage using the elements on the page. The second, is a function that pushes the data into Dynatrace. In order to scrape the metrics from a publicly available webpage, the element where the data is hosted needs to be identified. This can be done by loading the webpage, opening the developer console on the browser (right click – inspect element), click on "select an element in the page to inspect it" option and then click on the metrics shown on the webpage. This will identify the html code that is rendering this metric. Right click on this code and copy the selector. This selector can be used to extract the needed



metric. In order to validate if the correct data has been captured, navigate to the console option in the developer console and type the following command:



Above figure 3 shows the output of the command when run on the California ISO webpage. Based on the output some data processing might be needed to make sure only numerical value is extracted and no strings are present. In this case, it is observed that returned string contains units and commas. The units can be removed by slicing the string to the necessary length.

```
var cc = ccMW.slice(0, -20);
```

The commas can be removed by replacing the literal "," with "". This can be done with the following command.

```
var ccRC = cc.replace(/,/g,"");
```

Finally, the left-over string needs to be converted to an integer value. This can be done using the following command.

var ccN = parseInt(ccRC);

This provides the final metric that can be pushed into Dynatrace. The below figure 4 showcases the code to scrape the metrics from the webpage.

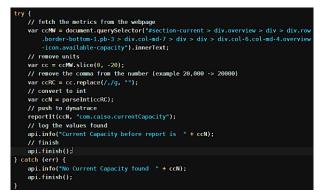


Figure 4 example code pulling one metrics from webpage

The push into Dynatrace can be done using the "v2/metrics/ingest" API. As a part of the script, a method is created to take the extracted metric values, name of the metric (to be created) and construct the body of the POST RESTful API. As a best practice it is recommended that the naming convention of the metric match the naming convention used in Dynatrace across the board.

The construction of the API contains few key pre-requisites.

- URL: The URL will contain the complete tenant URL + "/v2/metrics/ingest" endpoint.
- Token: The API would need an API-Token with the scope of "metrics.ingest"
- Headers: Two headers would be included
- "Authorization": "Api-Token " + token
- "Content-Type": "text/plain"
- Body: The body for the API would include a string that contains metric name, the synthetic entity, and the numerical value of the metric.



Using the constructed values, an API call can be made to Dynatrace. The code is nested in a try-catch block and would end with an "api.finish()", to ensure proper completion of the code execution.



**Figure 5 function to push metrics to Dynatrace** 

Figure 5 showcases the function used to construct the API and pass the metrics into Dynatrace. Successful trigger of the API would create metrics in Dynatrace and would start populating datapoints each time the synthetic monitor runs. Figure 6 below shows the metrics created in Dynatrace.

com.caiso.currentCapacity	♂ com.caiso.currentCapacity
com.calso.currentDemand	Ö com.caiso.currentDemand
com.caiso.currentReserve	Ö com.caiso.currentReserve

Figure 6 metrics created in Dynatrace

## C. Visualization of the data:

The synthetic monitoring, running at regular interval, creates a timeseries metric in Dynatrace. These metrics can be included as tiles in a dashboard to provide valuable information at a glance. Following are the steps to create a dashboard which includes the aforementioned metrics.

- Create a new dashboard by clicking on the "+" option in the dashboard app in Dynatrace
- Click on the title of the dashboard and provide a suitable name
- Click on select new tile option and choose metrics as data source
- Provide a name for the tile
- Select the newly created metric from the explore metrics option, provide an aggregation for the metric (it is recommended to use average) and click on run DQL.
- This will chart the metric on the dashboard
- Repeat the same steps for all the metrics imported into Dynatrace from the synthetic monitor



Below figure 7 shows the visualization of metrics imported into Dynatrace as a dashboard.

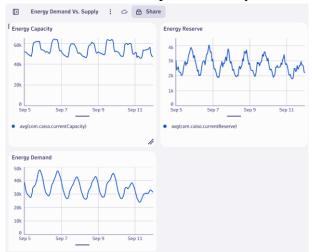


Figure 7 visualization of metrics imported into Dynatrace

#### **D.** *Metric forecasting:*

Dynatrace provides a powerful AI engine that can forecast metrics based on historical trends. This AI engine is used to forecast energy demand over time. This allows organizations to be better prepared with capacity and take preemptive measures in generating needed capacity to make sure the demand is met.

In order to create a forecast, a DQL tile is created in a dashboard. A timeseries DQL query is created for the metrics that need the forecast generation. The below figure 8 shows DQL query charting the "current demand" metric.

Query		^
1	timeseries avg(com.caiso.currentDemand)	

Figure 8 current demand DQL query

Run the query to ensure there are no syntax errors. After successfully validating the query, expand the Davis AI option and enable the Davis analyzer. This will provide an option to choose the needed analyzer. Select the forecast analyzer which is available under "Prediction" section of the analyzers. Choose the number of data points to predict and forecast offset. By running this analyzer, a forecast tile is generated and stored on the dashboard. The below figure 9 shows forecast generated for the "current demand" metric.

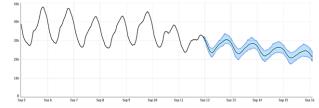


Figure 9 forecast generated by Davis for current demand

#### E. Alert creation:

Dynatrace provides functionality to generate both static and adaptive threshold-based alerts. For a well-



rounded proactive monitoring and alerting of energy supply and demand, a combination of both alerting mechanisms need to be used. Static and adaptive threshold-based alerts in Dynatrace can be created by following the below mentioned step-by-step guide.

#### **Static Threshold-based Alerts:**

- Navigate to "Anomaly detection" from "Settings Classic" in Dynatrace.
- Under anomaly detection, select "Metric events".
- A new metric event can be added from this page, click on add new metric event and fill in all the details on this page.
- In order to create an alert with static threshold, select "static threshold" under the model type.
- Enter the pre-defined threshold value.
- The handy alert preview shows if any alerts would have been generated in the last 1/3/7 days with the set threshold for the selected metric.

#### Adaptive threshold-based Alerts:

- Navigate to "Settings Classic".
- Under "Anomaly detection", select "Metric events".
- Provide a summary for the alert, a good summary explains the purpose of the alert in a few words.
- Select "Metric selector", as type of metric definition.
- From "Data Explorer", generate a metric selector for the metric of interest.
- Paste the metric selector in the metric event.
- Select "Auto-adaptive threshold" as the model type. Below figure 10 shows the "Model type" options under "Monitoring strategy".

Monitoring strategy				
Model type				
Auto-adaptive threshold	^			
Static threshold				
Auto-adaptive threshold				
Seasonal baseline	ing data samplas will contribute			

Figure 10 shows the "Model type" options under "Monitoring strategy"

- Select the number of signal fluctuations and alert condition.
- Signal fluctuations control how many times the signal fluctuation is added to the baseline to produce the actual threshold for alerting.
- Sliding windows can be modified under "Advanced model properties".
- Provide a clear title and description for the alert. The details provided here show up in the notifications sent out for this alert.
- After all the needed values are provided, click on "Save changes" to create the alert.
- The following factors are to be noted for auto-adaptive thresholds
- Reference values for threshold calculation are based on metric data from the last seven days.
- Measurements for each minute are used to calculate the 99th percentile of all measurements to determine the appropriate baseline.
- The interquartile range (between the 25th and 75th percentiles) is used as the signal fluctuation, which can be added to the baseline.



- The number of signal fluctuation ( $n \times signal$  fluctuation) parameter controls how many times the signal fluctuation is added to the baseline to produce the actual alert threshold.
- A sliding window parameter is used to compare current measurements against the calculated threshold, defining how often the threshold must be violated within this window to raise an event. Violations do not need to be successive.
- The sliding window can be set up to a maximum of 60 minutes, helping to prevent overly aggressive alerting on single violation.
- By default, 3 out of 5 minutes within a sliding window must violate the threshold to raise an event. This means 3 violating minutes are required within any 5-minute period to trigger an alert.

Following are examples of some of the alerts that can be configured using the mix of static and adaptive thresholds.

- Low Energy Reserve: Trigger an alert when the energy reserve falls below a critical static threshold (e.g., 10% of total capacity). This ensures that the grid operators are notified well in advance before reserves are fully depleted, enabling timely intervention.
- High Demand Alert: Set an alert when energy demand exceeds a predefined static threshold, such as 90% of total capacity. This indicates that the system is approaching its operational limits and may require load balancing or additional supply.
- Overcapacity Alert: Trigger an alert when current demand exceeds capacity, meaning the grid is overextended. Immediate action is required to prevent blackouts or service degradation.
- Reserve Anomaly Alert: Use adaptive thresholds to detect unusual deviations in energy reserves. If reserves drop more sharply than historical trends predict (e.g., a 20% faster decline than normal), the system should trigger an alert.
- Demand Surge Prediction Alert: An adaptive threshold alert is generated when energy demand is forecasted to increase at an abnormal rate compared to historical patterns. This helps operators prepare for potential overloads in demand.
- Capacity Stress Alert: If the available capacity is forecasted to drop rapidly due to expected supply shortages or unforeseen events, an adaptive threshold alert warns operators. This ensures proactive load management.

#### CONCLUSION

The proactive monitoring of energy supply and demand is crucial for maintaining grid stability and preventing power outages. This paper proposes a methodology to implement proactive real-time monitoring using synthetic monitoring, combined with Dynatrace's capabilities. This provides a proactive solution by continuously scraping, analyzing, and forecasting key metrics such as reserve, demand, and capacity. This approach uses both status and adaptive thresholds for detecting and alerting on anomalies. By using both static and adaptive thresholds, utility companies can set up targeted alerts that allow for early detection of potential imbalances between supply and demand.

Static thresholds help ensure that predefined operational limits are maintained, while adaptive thresholds enable real-time anomaly detection based on historical trends and evolving conditions. This layered approach allows utility companies to better predict and mitigate risks associated with energy supply shortages, surges in demand, or capacity constraints. With these systems in place, grid operators can take timely, informed actions to maintain system reliability and avoid costly outages.



The methodologies presented in this paper offer a scalable and adaptable framework that can be applied across various utility environments. By integrating Dynatrace's advanced monitoring and forecasting features, utility companies can proactively manage energy supply and demand dynamics, ensuring operational efficiency and maintaining service continuity for consumers.

#### FUTURE WORK

To further enhance the effectiveness of the proactive monitoring and addressing energy grid management challenges, the following areas are recommended for future research and development:

**Enhancement of Machine Learning Models:** Future work should focus on improving the accuracy and robustness of the machine learning (ML) models used for forecasting, anomaly detection, and developing new models. By incorporating more complex algorithms, such as deep learning and reinforcement learning, the system can better predict energy demand patterns and identify potential supply-demand issues. Additionally, training ML models on larger, more diverse datasets can improve the model's ability to adapt to new patterns and minimize false positives in alerting.

**Incorporation of IoT for Real-Time Data Accuracy:** Integrating Internet of Things (IoT) devices into the monitoring system can provide real-time, high-resolution data on grid performance and energy consumption at a granular level. IoT sensors can be deployed across the grid to capture real-time data on energy usage, temperature, and equipment performance [2][6]. This would enable more accurate predictions and timely responses to demand surges or supply shortages. IoT data can also enhance predictive maintenance by monitoring the health of grid components in real time [2].

**Enhanced Automation with AI-Driven Responses:** Increasing the level of automation within the system through AI-driven responses will improve reaction times to critical events. Future research can focus on refining AI algorithms to not only detect issues but also automate complex decision-making processes, such as redistributing energy loads, activating backup power sources, or engaging demand response programs. This will reduce the need for manual intervention and allow the system to self-optimize in real-time, thereby improving operational efficiency.

**Integration with Energy Market Data for Cost Optimization:** Incorporating energy market data into the monitoring framework would allow for cost-effective decision-making. By integrating real-time pricing data from energy markets, the system can optimize when to purchase additional energy or sell excess capacity. This could lead to substantial cost savings for utility companies by ensuring that energy is procured or sold at the most advantageous times, based on both current grid conditions and market fluctuations. Future work should explore how this integration can improve financial outcomes while maintaining grid stability.

By addressing these areas, the proposed monitoring solution can become even more effective, resilient, and adaptive, ultimately leading to better grid management and cost efficiency in the face of evolving energy challenges.

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