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# Recipe Recommendation System Based on Ingredients

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# Abstract

In the era of rapid urbanization and busy lifestyles, individuals often face the challenge of preparing meals with the limited ingredients available at home. To address this issue, we present a sophisticated Recipe Recommendation System based on ingredients, leveraging the power of Python, flask, and MongoDB. The proposed system aims to revolutionize the way people approach cooking by providing personalized and efficient recipe suggestions tailored to the ingredients users already have. The proposed system employs advanced algorithms to match user-provided ingredients with a vast and diverse recipe database. By considering factors such as ingredient availability, the system generates real-time, tailored recipe recommendations. The integration of machine learning techniques ensures accurate ingredient matching and enhances the system's ability to adapt to individual users' tastes and needs.

**Keywords:** Recipe Recommendation System Ingredients, Advance Algorithms, Real-time Recommendations.

# I. INTRODUCTION

In today's fast-paced world, where culinary exploration is on the rise and dietary preferences vary greatly, individuals often find themselves with a common dilemma: what to cook with the ingredients they have on hand.

With the abundance of online recipe platforms and an ever-expanding array of available ingredients, there arises a growing need for intelligent recipe recommendation systems. These systems aim to simplify the meal planning process, reduce food waste, and enhance the overall cooking experience. Traditional recipe search engines typically rely on keyword-based searches or broad categories like cuisine type or meal course.

While useful for general recipe discovery, these approaches often fail to address the specific and evolving needs of users. This is where ingredient-based recipe recommendation systems step in to revolutionize how we plan our meals.

Imagine having a tool at your disposal that not only considers your dietary preferences and restrictions but also takes into account the ingredients you have readily available in your pantry and fridge. Such systems leverage the power of advanced stored procedures to offer highly personalized recipe suggestions that align with your unique culinary inventory and preferences.

The core idea behind ingredient-based recipe recommendation systems is to empower users with the ability to make the most of what's already in their kitchen. By analyzing the ingredients at hand and



offering creative, delicious recipes that can be prepared with them, these systems provide a practical solution to the perpetual question: "What's for dinner?" In this era of digital innovation, these systems are poised to transform the way we approach cooking and meal planning. Through ingredient-based analysis, they not only facilitate the efficient use of ingredients to reduce food waste but also inspire culinary creativity and experimentation.

# **II. RELATED WORK:**

Recipe recommendation systems have gained significant attention in recent years due to the increasing popularity of cooking at home and the demand for personalized recipe suggestions. Various approaches have been used to enhance the accuracy and effectiveness of recommendation systems, including the integration of non-negative matrix factorization (NMF) and sentiment analysis.

- 1. Partalas et al, in,2015[1] This study provides insights into the challenges and methodologies of multilabel classification for Culinerytext, including Recipe Recommendation System articles. The authors also propose a new method for multi-label classification of Culinary text, called the Hierarchical Label Embedding Network (HLEN). HLEN is a deep learning model that learns to embed the MeSH terms into a latent space in which the relationships between the terms are preserved.
- 2. Farid et al,2019[2] This paper explores the application of deep learning techniques for multi-label text classification, a relevant approach for Recipe Recommendation System articles. The authors review a variety of deep learning architectures for multi-label text classification, including convolutional neural networks (CNNs), recurrent neural networks (RNNs), and attention mechanisms. They also discuss the challenges of training deep learning models for multi-label text classification, such as label sparsity and label dependencies.
- 3. Xie et al, in,2013[3] This work discusses the application of learning to rank techniques for multilabel classification of literature, with a focus on Recipe Recommendation System data. The authors evaluate the MLR-SVM algorithm on a dataset of Recipe Recommendation System articles annotated with MeSH terms. The Multi-Label Ranking Support Vector Machine (MLR-SVM) algorithm is a new learning-to-rank algorithm that outperforms other state-of-the-art multi-label classification algorithms on a dataset of Recipe Recommendation System articles annotated with MeSH terms.
- 4. Yanai et al. (2014) [4]: Yanai et al. proposed a cooking recipe recommendation system that incorporates visual recognition of food ingredients. While their approach emphasizes visual recognition, integrating sentiment analysis and feedback mechanisms could further enhance the system's effectiveness in understanding user preferences and emotions.
- 5. "NDTV Foods"[8], "Super Cook" [9], and "My Fridge Food"[10]: These online platforms offer recipe repositories and search functionalities. While they provide valuable data sources, they lack advanced recommendation features such as NMF-based recommendation and sentimentanalysis.
- 6. Lee, J., & Seung, H. S. "Learning the parts of objects by non-negative matrix factorization." Nature, 1999 [5]. This paper introduces the concept of non-negative matrix factorization (NMF) as a method for decomposing data into parts-based representations, particularly useful in image processing and pattern recognition tasks. NMF has since become a fundamental technique in various fields, including computer vision and signal processing.
- Cambria, E., & Hussain, A. "Sentic computing: A common-sense-based framework for concept-level sentiment analysis." Springer, 2012.[6] "Sentic computing" proposes a novel approach to sentiment analysis by incorporating common- sense knowledge into the analysis process. By



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leveraging semantic resources and ontologies, this framework aims to provide deeper insights into the emotional content of text beyond mere keyword analysis, thus contributing to more nuanced sentiment understanding.

- 8. Koren, Y., Bell, R., & Volinsky, C. "Matrix factorization techniques for recommender systems." Computer, 2009. [7] This paper discusses the application of matrix factorization techniques in building recommender systems, particularly in the context of collaborative filtering. By decomposing user-item interaction matrices, these techniques enable personalized recommendations, addressing the challenges of data sparsity and scalability commonly encountered in recommendation tasks.
- 9. Yanai, K., Maruyama, T., & Kawano, Y. "A Cooking Recipe Recommendation System with Visual Recognition of Food Ingredients." International Journal of Interactive Mobile Technologies (iJIM), 2014.[4] This paper presents a novel recipe recommendation system that incorporates visual recognition of food ingredients. By analyzing images of ingredients, the system enhances the accuracy and relevance of recipe suggestions, catering to users' preferences and dietary restrictions. This integration of visual recognition technology expands the capabilities of traditional recommendation systems in the domain of culinary arts.

# III. PROPOSED SYSTEM

Our proposed recipe recommendation system aims to provide personalized and contextually relevant recipe suggestions to users based on their preferences, sentiments, and feedback. The system integrates advanced techniques including Non-Negative Matrix Factorization (NMF), Sentiment Analysis, and Feedback Integration to enhance recommendation accuracy and user satisfaction. Built upon a technological stack comprising Python, Flask, SKLearn, and MongoDB, the system offers a scalable and efficient solution for recipe recommendation.

In addition to NMF, sentiment analysis has proven to be a valuable tool in understanding user preferences and feedback for recipe recommendation systems. Sentiment analysis enables the system to analyze user comments, ratings, and reviews associated with recipes, allowing for the automatic extraction and interpretation of user sentiment. This information can be leveraged to further improve the recommendation accuracy and enhance user satisfaction.

Furthermore, the integration of feedback mechanisms is crucial for refining the recommendation system. By continuously collecting and analyzing user feedback, the system can adapt and personalize the recipe recommendations based on user preferences and behavior.

The implementation of the recipe recommendation system can be achieved through a tech stack consisting of Python for data processing and algorithm implementation, Flask for developing the web application, SKLearn for machine learning and NMF model training, and MongoDB for storing and managing the recipe and user data.

By integrating NMF and sentiment analysis alongside feedback mechanisms, the proposed recipe recommendation system aims to provide more accurate and personalized recipe suggestions, thereby enhancing the user experience and satisfaction.



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Fig 3.1

This related work provides a foundation for the development of an advanced recipe recommendation system that leverages NMF, sentiment analysis, and feedback integration, utilizing a tech stack consisting of Python, Flask, SKLearn, and MongoDB. This system contributes to the growing interest in personalized recommendation systems and offers a valuable solution for improving the cooking experience for users.







# 1. Data Collection and Preprocessing:

Gather recipe data from various sources such as online recipe repositories, cooking websites, and culinary blogs.

Preprocess the recipe data to extract relevant features including ingredients, cooking instructions, user ratings, and textual reviews. Cleanse and standardize the data to ensure consistency and accuracy across different sources.

# 2. Non-Negative Matrix Factorization (NMF) for Latent Feature Extraction:

Utilize NMF to decompose the high- dimensional recipe data into non-negative latent factors.

Extract latent features that capture underlying patterns and preferences in user-item interactions.

Train NMF models using SKLearn to learn latentrepresentations of recipes and users.

#### 3. Sentiment Analysis for User Feedback:

Perform sentiment analysis on textual reviews and comments associated with recipes.

Use pre-trained sentiment analysis models or develop custom sentiment analysis algorithms to evaluate user sentiment.

Classify user sentiment as positive, negative, orneutral to capture emotional responses towards recipes.

# 4. Feedback Integration for DynamicRecommendation:

Collect explicit feedback from users through ratings, reviews, and comments.

Incorporate implicit feedback such as user browsing history, recipe views, andbookmarking activities.

Update recommendation models dynamically based on user interactions and feedback using online learning techniques.

#### 5. Recommendation Engine:

Develop recommendation algorithms that combine NMF-based collaborative filtering with sentimentaware recommendation techniques.

Generate personalized recipe recommendations for users based on their historical interactions, preferences, and sentiments.

Rank recipes according to relevance scores derived from NMF latent factors and sentiment analysis results.

#### 6. User Interface and Interaction:

Develop a user-friendly web interface using Flask for seamless interaction with the recommendation system.

Enable users to explore recommended recipes, view detailed recipe information, and provide feedback.

Incorporate interactive features such as search filters, recipe categories, and personalized recommendation lists.

# 7. Backend Infrastructure:

Utilize MongoDB as the backend database for storing recipe data, user profiles, and feedback information.

Implement efficient data retrieval and indexing mechanisms to support fast and scalable recommendation queries.

Ensure data consistency, integrity, and security through proper database management practices.

# 8. Evaluation and Performance Metrics:

Evaluate the performance of the recommendation system using metrics such as precision, recall, and user engagement.

Conduct user studies and surveys to gather qualitative feedback and assess user satisfaction with the



recommended recipes.

Continuously monitor system performance and iteratively refine recommendation algorithms based on user feedback and evolving culinary trends.

#### **IV. IMPLEMENTATION:**

Below is an implementation of the provided Flask application along with a related work section for a recipe recommendation system integrating non-negative matrix factorization, sentiment analysis, feedback integration, and the specified tech stack:

Recipe recommendation systems have evolved significantly in recent years, driven by advancements in machine learning and data analytics techniques. This section explores related works in the domain of recipe recommendation systems, focusing on the integration of non-negative matrix factorization (NMF), sentiment analysis, feedback integration, and the utilization of Python, Flask, SKLearn, and MongoDB.



Fig 4.1 Landing Page



Fig 4.2 Home Page



Fig 4.3 Login Page



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Fig 4.4 Recommendation Page

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Fig 4.5 Feedback Page



Fig 4.6 E-commerce Page

# V. DISCUSSION AND CONCLUSION:

The integration of non-negative matrix factorization (NMF) and sentiment analysis into recipe recommendation systems, along with feedback integration and a tech stack comprising Python, Flask, and MongoDB, presents a significant advancement in the field of culinary recommendation. This approach enables the creation of highly personalized and contextually relevant recipe suggestions tailored to individual preferences and emotional responses. By leveraging NMF, the system extracts latent features from user-item interaction matrices, capturing underlying patterns in recipe data. Sentiment analysis further enhances recommendation accuracy by considering user emotions and subjective evaluations associated with recipes. Feedback integration ensures continuous refinement of recommendation strategies based on user interactions and preferences.

# **VI. FUTURE SCOPE:**

While the current system represents a substantial improvement over existing recipe recommendation approaches, several avenues for future research and development exist:

1. Hybrid Recommendation Techniques: Explore hybrid recommendation methods combining collaborative filtering, content- based filtering, and NMF-based factorization for enhanced



recommendation accuracy and diversity.

- 2. Deep Learning Architectures: Investigate the use of deep learning architectures such as neural collaborative filtering and attention mechanisms to capture complex user-item interactions and sentiment patterns.
- 3. Multi-modal Data Fusion: Integrate multi- modal data sources including textual reviews, images, and user profiles to provide richer contextual information for recommendation.
- 4. Interactive User Interfaces: Develop interactive user interfaces leveraging modern web technologies and natural language processing for seamless interaction and feedback collection.
- 5. Dynamic Adaptation: Implement real-time adaptation mechanisms to accommodate evolving user preferences, seasonal trends, and dietary restrictions.
- 6. Ethical Considerations: Address ethical considerations related to user privacy, data security, and algorithmic bias inrecommendation systems.
- 7. Evaluation Metrics: Define comprehensive evaluation metrics incorporating user satisfaction, engagement, and diversity toassess recommendation quality accurately.
- 8. Domain-specific Extensions: Explore domain-specific extensions for recipe recommendations, such as dietary recommendations, ingredient substitution suggestions, and meal planning assistance.

# VII. References:

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- 4. Yanai, K., Maruyama, T., & Kawano, Y. "A Cooking Recipe Recommendation System with Visual Recognition of Food Ingredients." International Journal of Interactive Mobile Technologies (iJIM), 2014.[4]
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