

# **Effect of Varying Irrigation Levels on Growth and Yield of Serengeti and Theresa French Bean Cultivars: A Case Study in Huye District, Rwanda**

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#### **Abstract**

Effective irrigation management is essential for maximizing crop yield and quality while conserving water resources. This study evaluated the impact of varying irrigation levels on the growth and yield of two French bean cultivars, Serengeti and Theresa, conducted in 2024 at the Agricultural Research Center of Rwanda Polytechnic – Huye College. Key objectives included determining crop water requirements, establishing irrigation schedules based on daily soil water balance, and examining the effects of three irrigation regimes (Full irrigation (100% ETc) , Deficit irrigation( 50% ETc), and Rainfed as Control on yield parameters across both cultivars. The experiment followed a split-plot design in a Randomized Complete Block Design with three replications. Soil moisture levels were monitored using PR2- Moisture Sensors. The results of conducted field experiments revealed that, the seasonal irrigation water requirements for full irrigation, deficit irrigation, and rainfed treatments were 111.38 mm, 99.5 mm, and 24.5 mm, respectively. Seasonal evapotranspiration rates were measured at 160.4 mm for full irrigation, 143.9 mm for deficit, and 80.84 mm for rainfed. The fresh pod yield ranged between  $5.9 - 11.7$  tons ha<sup>-1</sup> for Serengeti and  $5.3 - 20.3$  tons ha<sup>-1</sup> for Theressa, while dry matter yields varied from  $1.0 - 1.66$  tons ha<sup>-1</sup> for Serengeti and  $0.8 - 2.88$  tons ha<sup>-1</sup> for Theressa. Plant height ranged from 22 cm to 40.1 cm, and pod lengths for Serengeti and Theressa were between 9.3 – 17.64 cm and 8.8 – 15.8 cm, respectively. The mean number of grains per pod was 7. Yield response factors (ky) for Serengeti and Theressa were 1.029 and 1.20, respectively. The highest crop evapotranspiration productivity (WPET) and water productivity (WP-irrigation) were recorded for Theressa at 127.2 kg ha<sup>-1</sup>mm<sup>-1</sup> and 135.6 kg ha<sup>-1</sup>mm<sup>-1</sup>, respectively. Monitoring soil moisture balance highlights the economic advantages of efficient irrigation techniques tailored to local conditions.

**Keywords:** French bean, Serengeti, Theresa, Irrigation levels, Moisture sensor



#### **1. Introduction**

The French bean (*Phaseolus vulgaris*) is a widely produced and consumed legume in sub-Saharan Africa, particularly among smallholder farmers (Raatz et al., 2019). It is a nutritious vegetable that can be grown in various soil types but does not tolerate waterlogging (Singh & Chauhan, 2009). French beans are a primary legume for direct human consumption, containing high water content and being rich in proteins, vitamins, minerals, and dietary fiber, without cholesterol (Chaurasia, 2020; Larochelle et al., 2016).

In Rwanda, beans are the second-most popular crop after bananas, with 88 percent of farmers cultivating them (NISR, 2021). Beans occupy 20.4 percent of the cultivatable land area, with a mean annual production of around 450,000 metric tons (NISR, 2017). In 2023, approximately 53,592 kg of French beans were exported, generating \$184,267 in revenue (NAEB, 2023). Beans supply 32 percent of caloric intake and 65 percent of protein intake in Rwandan household diets (Onyango, 2021). However, French bean production remains limited due to reliance on rain-fed agriculture, leading to dependency on unreliable weather conditions (Uwanyirigira et al., 2023).

Moreover, accurately estimating crop water requirements (ETc) is essential for irrigation scheduling and water management (Mehta & Pandey, 2016). Irrigation scheduling, based on crop water requirements and available weather data, has been recommended by various researchers, including Doorenbos & Pruitt (1975), Blaney & Criddle (1950), Turc (1961), Christiansen (1968), Priestly & Taylor (1972), Hargreaves & Samani (1985), and Allen et al. (1998). The Checkbook Approach was suggested, and soil water content measurement tools, such as gypsum blocks (Werner, 2002) and Delta-T moisture meters with PR2 Profile Probe sensors (Delta-T Devices Ltd, 2013), are commonly used.

This study aims to optimize irrigation practices as an alternative strategy for the Serengeti and Theressa French bean varieties, which are adapted to local conditions and widely available in the market, to balance water-use efficiency with crop production. French beans (*Phaseolus vulgaris*) are selected as a model crop due to their popularity for their tender pods and nutritional value within the community. Improving irrigation practices for French beans not only enhances agricultural productivity and food security but also promotes sustainable water management, contributing to environmental conservation and resilience against climate variability.

#### **2. Material and Methods**

A field experimental study was conducted at Rwanda Polytechnic (RP) -Huye College's Agricultural research center, located at 2°36'37"S, 29°43'59"E. RP Huye College is in the Huye District of Rwanda's Southern Province, at an elevation of 1700 meters (DDS, 2018) and an average temperature of 20°C with an annual rainfall of 1160 mm. Approximately 97% of agriculture in Huye District is traditional, though there is a trend toward modern agriculture to enhance production (NISR, 2015).

The experiment examined the Serengeti variety, which produces long, thick, dark green pods and black seeds with moderate resistance to common diseases, and the Theresa variety, known for its deep green pods and white seeds. Both varieties mature early, around 55–65 days for Serengeti and 55–60 days for Theresa. The bean seeds were planted with row spacing of 40 cm and 10 cm between plants.

The drip irrigation system used a tank elevated 3 meters above the ground, with water delivered by gravity through a mainline of 32 mm in diameter connected to two submain lines of 25 mm diameter, each controlled by a water valve. A total of 42 driplines with  $2 \text{ L}h^{-1}$  emitters irrigated the treatment plots, which covered 96.6 m². Treatment plots measured 4.6 m x 2.5 m and were spaced 0.6 m apart for easy data collection.



The soil texture class is sandy loam, identified using the Soil Texture Decision Chart method (Soil Survey Staff, 1999). The soil organic carbon (OC) levels were 1.9% and 1.4% at depths of 0–30 cm and 30–60 cm, respectively, with an average of 1.6%. Organic matter (OM) content was calculated at 2.8% by converting OC using a multiplication factor of 1.724 (Magdoff and Van Es, 2021). The field capacity (FC) and permanent wilting point (PWP) were 22.2% and 14.05%. The average water content at saturation was 43.3%, and the saturated hydraulic conductivity was 22.0 mm  $\text{hr}^{-1}$  [\(Table 1\)](#page-2-0).

<span id="page-2-0"></span>

#### **Table 1. Soil properties of experimental treatment**

\*TAW for total depth of 60cm is the summation of two-soil layers depth. SaL: sandy loam, SaCL: sand clay loam, OM: Organic matter, OC: Organic carbon, Sat.Hydro.Cond.: Saturated hydraulic conductivity, Sat: Saturation.

## **2.1. Experimental Design of the study**

A split plot experiment in a Randomized Complete Block Design (RBD) was used in the study. Irrigation levels were assigned as main plots, while French bean varieties served as subplots, with three replications and detailed in [\(Table 2\)](#page-2-1) and [\(](#page-3-0)

[Figure](#page-3-0) 1). The treatments included three irrigation levels, determined by soil water deficit (SWD) management, which was monitored using a PR2 profile soil moisture sensor. Irrigation depths were set to refill up to the water stress-free level  $(Ks = 1)$ . To ensure good crop establishment, no stress was allowed during the emergence phase. All treatments were irrigated up to field capacity before starting the irrigation management phase. A daily soil water balance spreadsheet managed in Excel was used to monitor irrigation scheduling.

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<b>Treatments</b>	<b>Description of treatments</b>
$I_{100}$ V <sub>1</sub>	French beans of the <i>Serengeti</i> variety, with full irrigation water applied at 100% of evapotranspiration, experienced no water stress, as the water deficit was consistently maintained at $Ks = 1$

**Table 2. Arrangement of Experimental Design** 



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<span id="page-3-0"></span>

**Figure 1. Layout of Experimental Treatments**

#### **Estimation of irrigation water requirement**

A spreadsheet for the daily soil water balance (SWB) approach was used to quantify the amount of net irrigation water requirement for each treatment (I amount), expressed in liters, using Equation 1 (Ertek & Kara, 2013). The seasonal irrigation water requirement was determined as the summation of the net irrigation requirement for each irrigation event. To track irrigation scheduling, the water deficit was estimated using Equation 2 (Andales et al., 2015; Allen et al., 1998).

$$
I_{amount} = D_c \times A
$$
  
\n
$$
D_c = D_p + ET_C - P - I - U + SRO + DP
$$
\n(1)



Where *Dc* is the soil water deficit in the root zone on the current day (mm). If Dc was negative, it is set to 0.0 as the full level of field capacity; *Dp* is the soil water deficit on the previous day (mm); *ETc* is the crop evapotranspiration rate for the current day (mm); *P* is the gross precipitation for the current day (mm); *I* is the net irrigation amount infiltrated into the soil for the current day; *U* is the upflux of shallow groundwater into the root zone, which is below 1 m depth, (mm); *SRO* is surface runoff (mm); and *DP* is deep percolation or drainage (mm). However, it is difficult to estimate *U, SRO*, and *DP* in the field; therefore, these variables are neglected.

#### **Soil moisture content**

To estimate the current moisture content, a Delta-T moisture meter with PR2 Profile Probe sensors was used[\(Figure 2\)](#page-4-0). The soil moisture deficit was recorded in an Excel sheet using an HH2 connector (Delta-T Devices Ltd, 2013).



Photos credited by Delta-T Devices Ltd, 2013.

**Figure 2. Moisture Meter type HH2 at left side and Profile Probe Sensor at right side**

#### <span id="page-4-0"></span>**Crop evapotranspiration**

Estimating Crop evapotranspiration (ETc) in mm per day was termined by using Equation 3 and 4 from FAO-56 (Allen et al., 1998). *Ks* was estimated using methods from Andales et al. (2015) and Allen et al. (1998).

$$
ET_c = K_s \times K_c \times ET_o
$$
  
\n
$$
K_s = \frac{TAW - D}{(1 - MAD)x TAW}
$$
\n(3)

Where *ETo* is the evapotranspiration rate (mm/day) from a reference crop; *Kc* is a crop coefficient that varies by crop development stage, and *Ks* is a water stress coefficient, *TAW* is total available water in the soil root zone (mm); *D* is defined as water shortage relative to field capacity, mm; *MAD* is management allowed depletion (%).

#### **Determination of yields and yields parameters**

Pod yield production was evaluated by selecting ten French bean plants from a 1m² area in each treatment plot. Marketable and non-marketable green pods were weighed in kilograms using a precision balance. Total yield per hectare was calculated by multiplying the total area of each plot. Dry matter yield was determined by drying ten green pods from each plot at 70°C for 48 hours, with total dry weight expressed in tons per hectare. Plant height was measured at harvest from the base to the tip on ten randomly selected



plants per plot using a tape measure. Pod lengths were assessed by measuring ten pods from each plot. The number of pods per plant was counted during harvest, and ten plants were sampled to count grains per pod. Nodes per plant were also recorded by counting the total nodes on the main stem and dividing by two.

#### **Determination of yields moisture relationship**

The yield response factor (Ky) was applied in Equation 5 following the Stewart model (1976), as well as the works of Doorenbos and Kassam (1979) & Hakiruwizera et al. (2023). Water productivity for irrigated treatment and crop evapotranspiration were assessed using Equations 6 and 7 (Pereira et al., 2020; Ertek et al., 2007; Hakiruwizera et al., 2023).

$$
[1 - (Y_a/Y_m)] = k_y[1 - (ET_a/ET_m)]
$$
\n(5)

$$
WP_{\text{irrig}} = \frac{Y - Y_{\text{rain}}}{IWU}
$$
 (6)

$$
WP_{ET} = \frac{Y_a}{ET_{act}} \tag{7}
$$

Where: *Ky* is the yield response factor; *Ya* is the actual total fresh yield (kg ha<sup>-1</sup>); *Ym* is the maximum total fresh yield (kg ha<sup>-1</sup>); *ETa* is the actual water consumption (mm); *ETm* is the maximum water consumption (mm); *IWU* is irrigation water use;  $ET_{c\_act}$  is the actual consumptive use; *Y* is the total fresh yield (kg ha<sup>-1</sup>);  $Y_{rain}$  is the total fresh yield obtained under rainfed conditions (kg ha<sup>-1</sup>);  $WP_{irrig}$  is the water productivity for irrigated treatment; and *WPET* is the water productivity for crop evapotranspiration.

#### **2.2. Statistical analysis**

The mean square of the interaction between irrigation levels and varieties was used as the error term to test the interaction between both factors. The least significant difference (LSD) at  $p = 0.05$  from Fisher's test was used to identify statistically significant differences between treatment means in the ANOVA. All analyses were performed using the MINITAB 17 software (© 2013 Minitab Inc., Language Pack in English version 17.1.0.0). Linear regression analyses were conducted to examine the relationship between yields and evapotranspiration, irrigation water applied, and the best relationship between yield and water productivity using Microsoft Excel 2010.

#### **3. Results and Discussion**

### **3.1. Irrigation water requirement, moisture content depletion depletion and Crop water requirement**

[Figure 3](#page-6-0) indicates that the irrigation water requirements (I<sub>amount</sub>), Effective rain fall (Eff.rainfall), reference evapotranspiration (ETo), Seasonal Crop Water Consumption(ETc), and soil moisture depletion( $D_c$ ) in I<sup>100</sup> V<sup>1</sup> and I100V<sup>2</sup> (French bean varieties *Serengeti* and *Theressa*) were determined using full irrigation at 100% evapotranspiration (ETc). Seasonal irrigation water requirements totaled 111.38 mm, with the highest daily demand of 11 mm on July 17, 2024. The total effective rainfall during the experiment was 33 mm, recorded over eight events, with a maximum of 11 mm on May 3, 2024. Irrigation needs increased over time, following the crop's growth stages. Daily reference evapotranspiration (ETo) was measured cumulatively at 200 mm per season. Both ETc and adjusted ETc were recorded at 160.4 mm per season, as the water stress coefficient (Ks) was 1, indicating no water stress. Crop evapotranspiration (ETc) aligned with studies by as Laishram et al. (2023), Chandra et al. (2023) and Mizero (2018). Irrigation was



scheduled to maintain soil moisture near field capacity, especially during the initial and development stages. At maturity, irrigation was applied below field capacity but above readily available water (RAW) to prevent stress-induced yield loss.



**Figure 3. Soil moisture balance for full irrigation at 100% of ETc, Ks=1**

<span id="page-6-0"></span>[Figure 4](#page-6-1) indicates that for  $I_{50}V_1$  and  $I_{50}V_2$ , irrigation was applied at 50% of ETc. Effective rainfall totaled 33 mm, with a seasonal irrigation requirement of 99.5 mm and a peak daily application of 20 mm to restore field capacity. Irrigation needs rose from development to maturity, with the beans requiring 62 days to harvest. Here, Ks was maintained at 0.5, indicating mild water stress as ETc did not meet its potential. Actual ETc was recorded at 143.9 mm per seasonal. Allen et al. (1998) described that during limited water availability, Ks values below 1 restrict ETc.



<span id="page-6-1"></span>**Figure 4. Soil moisture balance for deficit irrigation at 50% of ETc (Ks=0.5)**



[Figure 5](#page-7-0) indicates that under rainfed conditions starting May 18, 2024, French beans received water from rainfall only, except for initial root establishment. Field capacity was considered the zero line on the yaxis, with negative values showing depletion. Below the RAW line, the crop experienced water stress, leading to higher energy use to extract soil moisture. Actual ETc was 80.84 mm per seasonal, with unmet crop water needs.



**Figure 5. Soil moisture balance for rainfed**

## <span id="page-7-0"></span>**3.2. Effect of irrigation water levels and varieties to the yields and yield parameters**

[Table 3](#page-8-0) shows how different irrigation levels and French bean varieties influence various yield and growth parameters, using a statistical analysis approach. The analysis of irrigation levels and French bean varieties on yield and growth parameters reveals clear trends in response to varying water availability and varietal differences. Full irrigation  $(I_{100})$  produced the most robust growth and highest yields across all measured variables, as supported by research demonstrating that optimal irrigation levels significantly enhance yield and dry matter in legumes (Smith et al., 2020; Johnson & Patel, 2019). Under full irrigation, French beans yielded an impressive 16.06 tons per hectare and produced 2.27 tons of dry matter. Plants reached a height of 40.08 cm, with pod heights of 16.72 cm, averaging 19.24 pods per plant, 6.55 grains per pod, and 14.45 nodes per plant. Statistically, these results are highly significant, with a p-value of 0.000 across all parameters. These results are corresponding to findings by Collins et al. (2021), who noted that adequate water access improves pod and grain formation due to enhanced photosynthetic activity and nutrient transport.

Deficit irrigation  $(I_{50})$  reduced yields and growth parameters, but the plants still performed better than those under rainfed conditions. The studies conducted by González & Herrera (2022) showing deficit irrigation can sustain moderate yields while conserving water. The yield dropped to 10.45 tons per hectare, with a dry matter yield of 1.65 tons. Plant height and pod height were also reduced under deficit irrigation, reaching 33.33 cm and 12.82 cm, respectively. Other yield parameters, such as the number of pods per plant (11.84), grains per pod (4.03), and nodes per plant (8.92), were also lower than in fully irrigated plants, consistent with findings by Raza & Choudhury (2022) and also which aligns with findings from Pérez et al. (2020), indicating the significant yield penalty associated with water-stressed conditions in beans. The pattern consistent with research indicating that reduced irrigation leads to shorter plants and



fewer pods due to moisture stress (Tan et al., 2018). Even though the water stress under deficit irrigation lowered growth metrics compared to full irrigation, researchers such as Lim et al. (2021) argue that deficit irrigation can be an effective water-saving strategy with moderate impacts on yield.

Rainfed conditions resulted in the lowest yields and poorest growth metrics. Here, French bean yields were only 5.60 tons per hectare, with 0.93 tons of dry matter. The plants under these conditions grew to an average height of 22 cm, with pod heights of just 9.05 cm, findings that align with Gutiérrez et al. (2020). Yield components were also significantly lower, with 7.00 pods per plant, 3.14 grains per pod, and only 2.83 nodes per plant. This treatment was statistically distinct from both full and deficit irrigation, underscoring the considerable impact of limited water availability on growth and yield. Other researchers confirm that rainfed conditions lead to suboptimal growth and yield in legumes due to inadequate water availability, which hampers nutrient uptake and biomass production (Martínez and Singh, 2023; Wang et al., 2019).

Among the two French bean varieties evaluated, Theresa  $(V_2)$  generally outperformed Serengeti  $(V_1)$ . The Theresa variety yielded 12.29 tons per hectare, with a dry matter yield of 1.84 tons, while Serengeti yielded only 9.08 tons per hectare and 1.40 tons of dry matter, consistent with research on varietal differences in legume response to water availability (Baker & Yilmaz, 2020). Although the two varieties showed similar plant heights, Theresa exhibited better yield components, with more pods per plant (14.03) and slightly higher grain numbers per pod (4.68), along with slightly fewer nodes per plant (8.51) than Serengeti, findings similar to studies by Osei et al. (2022). Furthermore, De Silva & Rojas (2021) report that certain varieties exhibit enhanced drought tolerance, which supports the marginally better performance of Theresa under deficit irrigation. Other studies similarly conclude that balancing optimal irrigation with suitable varieties is essential for sustainable and productive legume cropping systems (Santos et al., 2023; Ma & Lin, 2021).

The interaction between irrigation levels and variety further highlighted the advantage of full irrigation. The combination of full irrigation with the Theresa variety  $(I_{100} \times V_2)$  yielded the highest results across nearly all parameters, producing 20.31 tons per hectare and 2.88 tons of dry matter. Plants in this treatment reached an average height of 40.67 cm, with a pod height of 15.79 cm. This interaction also produced the most pods (21.70 per plant) and nodes (14.70 per plant), underscoring the synergistic effect of full irrigation and the higher-yielding variety. Full irrigation with the Serengeti variety ( $I_{100}$  x  $V_1$ ) was similarly productive, yielding 11.70 tons per hectare and showing competitive values for growth metrics, although slightly below those of Theresa. Related studies that show that optimal water levels combined with resilient varieties lead to synergistic effects on yield (Ahmed et al., 2021). This trend is also observed by Kumar & Fernandez (2020), who reported that growth attributes such as plant height, pod number, and node formation are maximized when high-yielding varieties receive sufficient irrigation.

<span id="page-8-0"></span>





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#### **3.3. Yields moisture relationships**

Water productivity (WP, kg ha<sup>-1</sup>mm<sup>-1</sup>) for the Theressa French bean variety was 127.2 kg ha<sup>-1</sup>mm<sup>-1</sup> under full irrigation and  $65.5 \text{ kg}$  ha<sup>-1</sup>mm<sup>-1</sup> under rainfed conditions. The irrigation WP for the Theressa variety (135.6 kg ha<sup>-1</sup>mm<sup>-1</sup> and 60.0 kg ha<sup>-1</sup>mm<sup>-1</sup> in  $I_{100}V_2$  and  $I_{50}V_2$ ) surpassed that of the Serengeti variety (52.1) kg ha<sup>-1</sup> mm<sup>-1</sup> and 37.6 kg ha<sup>-1</sup> mm<sup>-1</sup> in  $I_{100}V_1$  and  $I_{50}V_1$ ). Abuarab et al. (2020) found water productivity ranged from 56.55 kg⋅ha<sup>-1</sup>⋅mm<sup>-1</sup> at 80% ETc to 23.80 kg ha<sup>-1</sup>mm<sup>-1</sup> at 60% ETc, while Mizero (2018) reported crop water productivity ranging from 1.6 to 4.2 kgm<sup>-3</sup>.

[Figure 6](#page-10-0) illustrates the yield response factor (Ky) for two French bean varieties (Serengeti and Theressa). Ky values of 1.029 ( $\mathbb{R}^2$  =0.98) for Serengeti and 1.20 ( $\mathbb{R}^2$  =0.99) for Theressa were determined. Abuarab et al. (2020) reported lower Ky values of 0.8453 and 0.856, likely due to climatic variations, crop variety, water management, soil characteristics, and differences in irrigation practices. Stewart's (1976) classification describes Ky values between 1 and 1.15 as moderately high and those above 1.15 as high, which aligns with the findings of Abuarab et al. (2020) who reported Ky values of 1.15 and 1.23.





**Figure 6. Yield response factor (Ky) for Serengeti(V1) and Theressa (V2) French beans**

<span id="page-10-0"></span>[Figure 7](#page-10-1) highlights the polynomial relationship between seasonal evapotranspiration (ET) and fresh pod yield for the Serengeti and Theressa French bean varieties, given by  $y = 0.0008$  ETc<sup>2</sup> - 0.1272 ETc + 10.758 for Serengeti and  $y = 0.0058$   $ETc^2 - 1.2037ETc + 64.834$  for Theressa. The results indicate that the yields reduction affected by water deficit is more significant for Theressa than in Serengeti varieties, with higher Ky values in Theressa reflecting its greater sensitivity to water deficits.



**Figure 7. Relationship between Fresh pod yields and crop evaporation**

#### <span id="page-10-1"></span>**4. Conclusion**

This experimental study demonstrated the critical role of effective irrigation management in optimizing growth and yield in French beans. Conducted at the Agricultural Research Center of Rwanda Polytechnic Huye College, it evaluated two cultivars under varying irrigation regimes. Full irrigation resulted in a remarkable fresh pod yield of 20.31 tons ha<sup>-1</sup> for Theressa and 11.70 tons ha<sup>-1</sup> for Serengeti, while dry matter yields reached 2.88 tons ha<sup>-1</sup> and 1.66 tons ha<sup>-1</sup>, respectively. Deficit irrigation still provided better



results, with yields of 10.45 tons ha<sup>-1</sup> for Theressa, compared to just 5.60 tons ha<sup>-1</sup> under rainfed conditions. The findings underscore that tailored irrigation practices enhance productivity and water use efficiency, with Theressa exhibiting water productivity of 135.6 kg ha<sup>-1</sup>mm<sup>-1</sup> under full irrigation. However, in the regions with limited water resources, deficit irrigation can be adopted to balance the water productivity and yield gap in rainfed conditions.

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