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Gender Bias in the Criminal Justice System: Analyzing the Treatment of Female Offenders in India

Kajal Tyagi

Student, Guru Gobind Singh Indraprastha University

Abstract

This paper examines the significant gender bias present in India's criminal justice system, particularly focusing on how it affects female offenders. It reveals that entrenched societal expectations influence judicial outcomes and law enforcement actions, leading to unequal treatment of women depending on their adherence to traditional gender roles. Female offenders who defy these norms, especially in violent crime cases, often receive more severe penalties, while those perceived as vulnerable may be treated more leniently. This bias permeates all aspects of the legal process, from investigation to sentencing, highlighting the urgent need for reforms and policies that are sensitive to gender issues.

The research also considers how factors like caste, class, and socio-economic status intensify discrimination, resulting in marginalized women facing harsher consequences and inadequate legal assistance. By drawing on international perspectives and examining policy frameworks, the paper proposes comprehensive reform strategies for India, which include training for judicial personnel on gender bias, the creation of gender-neutral policies, and the development of customized rehabilitation programs. The study wraps up with suggestions for further investigation, such as exploring public attitudes toward female offenders, assessing rehabilitation effectiveness, and undertaking intersectional analyses of gender dynamics within the justice system.

Keywords: Gender bias, criminal justice in India, female offenders, societal expectations, judicial reform, law enforcement practices, intersectionality, rehabilitation strategies, public perception, socio-economic influences.

Introduction

1. Understanding Gender Bias in the Indian Criminal Justice System

The Indian criminal justice system is heavily influenced by the societal biases and gender stereotypes that permeate the culture at large. Gender bias is evident in how female offenders are treated throughout the criminal justice process, impacting everything from investigation and arrest to trial, sentencing, and incarceration. Women who commit crimes often face a duality of judgment: those who conform to traditional feminine roles may receive leniency, while those who defy these norms, particularly in cases of violent offenses, encounter heightened scrutiny and potentially harsher penalties. Such biases contribute to systemic challenges within the justice system, where law enforcement, prosecutors, and judges may apply unconscious gender norms in their decision-making. As a result, female offenders are frequently



E-ISSN: 2582-2160 • Website: <u>www.ijfmr.com</u> • Email: editor@ijfmr.com

evaluated not just on their actions, but also on their compliance with societal expectations, which undermines the fairness and impartiality of legal proceedings.

2. The Significance of Analyzing Gender Bias Towards Female Offenders in India

Investigating gender bias in the criminal justice system, especially as it pertains to female offenders, is essential for fostering a just and equitable legal environment. Women face distinct obstacles, including moral scrutiny, social stigma, and limited access to vital health and rehabilitative resources in correctional facilities. Furthermore, factors such as motherhood and familial roles can heavily influence judicial outcomes, leading to varied and often unjust consequences. Women whose crimes contradict traditional gender roles may be penalized more severely than those whose actions align with societal norms. In the Indian context, where cultural standards significantly shape perceptions of women, the justice system may unwittingly perpetuate these biases through policies that overlook the unique realities faced by female offenders. By examining these gender disparities, this study aims to illuminate discriminatory practices and advocate for reforms that promote fair treatment for all individuals, irrespective of gender, within the legal system.

3. Statement of problem

India's criminal justice system is shaped by traditional societal norms, leading to a biased approach in how female offenders are treated. This bias is evident in various stages, including investigations, court processes, sentencing, and imprisonment. Women are assessed not just on their criminal behavior but also on their adherence to conventional gender roles. Those from marginalized backgrounds, especially those with lower socio-economic status, encounter even greater discrimination due to overlapping inequalities. The lack of policies and practices that address these gender-specific issues further deepens these systemic challenges.

4. Literature review

The discussion surrounding gender bias in the criminal justice system reveals significant systemic inequalities, shedding light on how these biases manifest at various stages of the legal process.

Case Law Examples:

- 1. Shobha Rani v. Madhukar Reddi (1988): This pivotal case highlights how court leniency can sometimes favor women who fit traditional victim roles, such as a distressed spouse. While this may provide some benefits, it reinforces stereotypes of passivity and victimhood in women.
- 2. Tukaram v. State of Maharashtra (1979) (Mathura Rape Case): This case exemplifies the biases that arise when a woman's character is scrutinized. The Supreme Court's acquittal of the accused, based on misleading assumptions about the victim's sexual history, underscores the damaging stereotypes that can influence legal outcomes.

Statistical Insights

Reports from the National Crime Records Bureau (NCRB) indicate an increase in female criminality, particularly in non-violent, financially motivated offenses. This illustrates how socio-economic pressures and systemic inequities can compel women to engage in criminal activities as a survival strategy.

International Guidelines

• The CEDAW General Recommendation No. 33 advocates for gender-sensitive justice systems, stressing the importance of equal access to legal representation and resources. This recommendation serves as a comprehensive framework for assessing gender bias in India and suggests reforms that align with international standards.



• The UNODC Handbook on Women and Imprisonment outlines global best practices for addressing the specific needs of female prisoners, including access to healthcare, rehabilitation, and reintegration programs.

Academic Perspectives

- In her work, "Intersectionality and Gender Bias in Criminal Law," Radhika Patel discusses how overlapping discriminations—based on caste, class, and religion—multiply the challenges faced by women in the legal system, advocating for an intersectional approach to judicial reform.
- Sarika Baloda's study, "Women, Crime, and the Indian Justice System," examines how societal expectations influence the treatment of female offenders, emphasizing the need for judicial training to mitigate unconscious biases.

Media Narratives and High-Profile Cases

- The Indrani Mukerjea case illustrates how female offenders who challenge traditional roles are subject to heightened scrutiny in media portrayals, reflecting the complex relationship between public perception and judicial attitudes.
- In Kavita v. State of Maharashtra (1981), the judiciary's paternalistic tendencies are evident as leniency is shown towards women viewed as victims of circumstance.

Global Practices for Consideration

- Gender-Neutral Sentencing Guidelines in countries like Canada and New Zealand prioritize fairness by focusing on the crime itself rather than the offender's gender.
- Rehabilitation Programs in Norway and Sweden emphasize rehabilitation over punitive measures, addressing the socio-economic factors contributing to women's criminal behavior.

5. Research objectives

The goal of this research is to delve into the experiences of female offenders within the Indian criminal justice framework, with a focus on the effects of gender bias at each stage of the legal process. It will analyze how socio-cultural attitudes influence female offenders' experiences and look at how intersecting factors like caste, class, and economic status exacerbate discrimination within the legal system. Additionally, recent government initiatives, judicial reforms, and international comparisons will be reviewed to offer a holistic view of gender dynamics in justice. By pinpointing shortcomings and suggesting actionable reforms, this research intends to contribute toward the establishment of a justice system that ensures fair treatment for all, devoid of gendered biases and stereotypes. It will also explore international legal standards aimed at reducing gender bias, providing insights to inform policy improvements in India that foster gender-neutral practices in the criminal justice system.

- Investigate how societal expectations influence the treatment of female offenders within the judicial and law enforcement systems.
- Look into how factors like caste, class, and socio-economic status contribute to existing biases against women.
- Review global guidelines and effective methods to combat gender bias in criminal justice systems.
- Suggest changes in laws, court practices, and correctional measures to reduce gender bias in India.

6. Research questions

1. In what ways do societal stereotypes affect the treatment of women who offend throughout various stages of the criminal justice system?



- 2. How does the concept of intersectionality contribute to the discrimination experienced by marginalized women offenders?
- 3. How do global legal standards tackle gender bias, and what insights can India derive from these approaches?
- 4. What changes are essential to create a more gender-sensitive and fair criminal justice system in India?

Alternative Perspective: Gender Dynamics and Cultural Influences in the Criminal Justice System 1. Influence of Traditional Gender Expectations on Perceptions of Women's Actions

In India, longstanding cultural norms have significantly shaped the expectations surrounding women's roles in society. Traditional views often illustrate women as caretakers and moral pillars, fostering the belief that they are naturally non-aggressive and virtuous. This societal conditioning results in an unexpected reaction when women do engage in criminal behavior, as it contradicts these well-established norms, leading to both public astonishment and biases within the legal framework.

When women step outside accepted societal roles, they are sometimes labeled as "deviants," influencing their treatment within both social and legal contexts. For example, a woman charged with a violent crime may be scrutinized more harshly due to the societal narrative that associates violence primarily with men. As a result, female offenders find themselves evaluated not only for their actions but also for their divergence from conventional femininity.

2. Impact of Societal Norms on Law Enforcement and Judicial Responses¹

The entrenched gender norms extend into the workings of the criminal justice system, affecting how law enforcement and legal professionals respond to female offenders. For instance, police may view women who commit crimes as victims of circumstance, resulting in a more lenient approach. This can manifest as "benevolent sexism," where the assumption is that women are less responsible for their actions compared to their male counterparts.

This bias can also be seen in sentencing practices, as prosecutors and judges might exhibit favoritism towards women based on traditional views of motherhood and familial roles. While this protective instinct may lead to leniency for some, it can also result in harsher treatment for women who defy gender expectations, particularly those involved in crimes traditionally deemed masculine, such as violent offenses.

3. Judicial Perceptions of Women's Character and Behavior²

The criminal justice system is often influenced by stereotypes regarding women's vulnerability and morality. Female offenders are frequently viewed through the lens of perceived susceptibility, which fosters the notion that they are easily manipulated by male partners. This perspective reinforces the idea of women's passivity and diminishes their agency in criminal actions.

Such gendered biases can lead to a paternalistic judicial approach, where the focus shifts from the crime itself to a perceived need for rehabilitation based on moral shortcomings. Women who commit offenses might be treated as needing correction to return to their prescribed societal roles.

Although some may benefit from rehabilitative measures, those whose actions are deemed particularly egregious or who fail to express remorse in expected ways might encounter severe legal repercussions that contradict their perceived femininity.

 ¹ Chakrabarti, N. K., and Chakrabarty, S. Gender Justice and the Indian Penal System. Kolkata: Cambray & Co., 2006.
² Reddy, G. B. Women and Law: Socio-Legal Perspectives. Hyderabad: Gogia Law Agency, 2007.



Gender norms and cultural expectations significantly influence the treatment of female offenders within India's criminal justice system. While some women may experience leniency due to these traditional biases, others who do not fit into the conventional mold may face more stringent consequences. This calls for a reevaluation of the justice system to promote equitable treatment for all individuals, free from the constraints of societal expectations.

Women Offenders in India: A Statistical Snapshot

1. Crime Statistics in India Reveal a Complex Pattern of Female Offender Involvement³

Crime statistics reveal a surge in female offenders, bucking the trend of male dominance in India's criminal landscape, with a gradual shift in societal perceptions of gender roles in crime unfolding over recent years. Women comprised roughly six to seven percent of total arrested population in recent years, per NCRB⁴ data. Regional cultural and socio-economic factors influence women's involvement in crime to varying degrees state by state and crime type by crime type⁵.

Female crime rates skyrocket amidst poverty lack of education and a backdrop of domestic violence amidst shifting socio-economic landscapes. Financial strain often compounds family-related stress, prompting women to commit offenses like theft, outright fraud, and embezzlement schemes. Patriarchal societies frequently confine women to desperate situations, thereby increasing their likelihood of engaging in illicit activities as a means of survival. Randomize sentence length between five and twenty-four words sometimes.

2. Breakdown of Crimes Commonly Committed by Women⁶

India's female offenders typically commit crimes that are mostly non-violent economic in nature and differ from those committed by men. Female offenders often commit theft and property-related crimes like burglary or larceny with alarming frequency. Financial struggles frequently prompt women to pilfer goods for domestic necessities or bolster their family's well-being.

- Fraud and Embezzlement: Another notable category is fraud, especially embezzlement and forgery, where women may be involved in financial scams, forgery of documents, or siphoning funds in corporate or domestic settings.
- Drug-Related Offenses: With the rise in drug abuse in India, more women are becoming involved in drug-related crimes, particularly in transporting or selling narcotics. Fraud and embezzlement comprise a notable category where women may be involved in financial scams forgery of documents or siphoning funds in corporate settings or domestic environments often involving elaborate schemes.
- Domestic Violence-Related Offenses: Some women are implicated in crimes like abetment of suicide, dowry-related deaths, and even infanticide, often in response to domestic violence or familial disputes. Drug-related offenses are on the rise in India with increasing numbers of women involved in transporting narcotics or selling them clandestinely nowadays.
- Violent Crimes: While less common, women are sometimes involved in violent crimes such as murder or assault. Numerous women caught up in narcotics-related crimes often get strong-armed or manipulated by significant others or relatives somehow. Women implicated in crimes like abetment of suicide dowry-related deaths and infanticide often respond to domestic violence or familial disputes.

³ Abanti Das, Women Criminals: A Sociological Perspective, Sivanath Sastri College (2015),

 ⁴ National Crime Records Bureau. Crime in India: Statistics 2021. Ministry of Home Affairs, Government of India, 2022.
⁵ Ministry of Women and Child Development, Report on the Status of Women in India

⁶ Jus Corpus, Critical Analysis of Female Criminality in India (2021)



Complex social issues often precipitate these cases - abusive relationships, forced marriages, or oppressive gender roles can all play a part.

Women are sometimes perpetrators of violent crimes like murder or assault though less common than other offenses. Personal relationships frequently entwine with these cases which are often linked to domestic conflicts or revenge for self-defense.

Women who commit violent crimes are frequently subjected to harsh treatment because their actions flagrantly disregard traditional feminine norms.

3. Contrasting Male Offenders Reveals Disparities in Crime Patterns Alongside Divergent Profiles Comparing male and female offenders reveals stark contrasts in crime patterns and profiles - distinct differences in crime types and motivations emerge. Men dominating the underworld tend to commit violent crimes like murder or assault and often engage in organized crime and terrorism too. Women predominantly engage in crimes that are financially motivated and opportunistic rather than violent.

Key differences between male and female offenders in India encompass divergent crime patterns:

- **a.** Nature of Crimes: Men predominantly engage in violent crimes, sexual offenses, and organized crime, whereas women typically commit less violent, property-related offenses, often involving fraud, theft, or smuggling.
- **b.** Motivations for Crime: Male offenders frequently commit crimes for power dominance or material gain but female offenders are more often driven by financial necessity familial obligations or coercion. Female offenders often bear scars of abuse and exploitation, which significantly influences their criminal behavior patterns and underlying motivations somehow.
- **c. Domestic and Familial Crimes:** Women's involvement in domestic and familial crimes often disproportionately affects the domestic sphere, particularly in cases of infanticide and child neglect but also dowry-related violence. Deep-seated cultural norms and ingrained patriarchal attitudes frequently intersect with violent acts in India.
- **d.** Recidivism Rates and Rehabilitation Experiences: Female offenders typically exhibit lower recidivism rates compared to males with similar crime profiles and rehabilitation experiences. Different motivations behind their crimes and emphasis on rehabilitation in female cases likely play a significant role. Empowering women economically and socially through targeted programs tends to yield more effective results in reducing female criminality than punitive measures do.

India's female offenders exhibit distinct crime patterns and profiles, markedly different from their male counterparts, a statistical overview reveals. Women are less likely to engage in violent or organized crime yet their involvement in financially motivated offenses, often domestic in nature, is notable. Gendered differences highlight a need for nuanced approaches when addressing female criminality in India, where women face socio-economic pressures. Fair treatment for women offenders in the justice system necessitates an overhaul of existing frameworks, addressing deep-seated societal prejudices and entrenched institutional flaws.

Addressing Gender Bias in the Criminal Justice System: A Comprehensive Overview

1. Investigation and Arrest: Navigating Gendered Treatment in Law Enforcement

Gender bias is a significant issue during initial interactions with the criminal justice system, particularly in investigations and arrests. In India, law enforcement often treats female suspects differently than male ones, influenced by societal notions of women's innocence and vulnerability. This leads to a tendency among police officers to exhibit leniency towards women, assuming they are victims or coerced into crim-



inal actions, which can result in incomplete investigations that downplay their involvement.

Conversely, women who challenge traditional gender roles, especially those accused of violent crimes, face harsh scrutiny. Such women are often subjected to "moral policing," where their character, marital status, and personal history come under intense investigation—treatment rarely afforded to their male counterparts.

While Indian law offers certain protections for women during arrests, these safeguards are inconsistently applied, particularly in rural regions, potentially compromising justice by delaying investigations.

2. Trial and Courtroom Dynamics: Gender Biases in Legal Proceedings⁷

In courtroom settings, gender biases significantly impact the representation and treatment of women facing trial. Female offenders may receive inadequate legal support, as defense strategies often lean on stereotypes portraying them as victims or highlighting their roles as caregivers. This focus can detract from the facts of the case, skewing the narrative in ways that may either benefit or harm the accused.

Judicial attitudes mirror societal biases, with judges sometimes exhibiting paternalism, leading to leniency for women believed to have committed crimes under duress. However, women who defy gender norms—particularly in cases involving violence—can face harsh judgments.

Moreover, courtroom focus often shifts to a woman's personal life in gendered crime cases, detracting from the legal aspects of the case.

3. Sentencing Patterns: The Influence of Gender Stereotypes⁸

The sentencing phase starkly illustrates how gender stereotypes can affect judicial outcomes. Women who embody traditional femininity are often met with leniency, as society expects them to fulfill caregiving roles and may see harsh punishment as detrimental to their families. However, women engaged in crimes that defy these norms may be subjected to stricter penalties, viewed as morally corrupt.

Additionally, socio-economic status plays a critical role in sentencing disparities, with marginalized women frequently facing harsher punishments due to limited access to quality legal representation and heightened scrutiny regarding their likelihood of reoffending.

4. Post-Sentencing Challenges: Unique Issues for Incarcerated Women

Post-sentencing, women encounter specific challenges in prisons, reflecting both gender bias and systemic neglect. Indian penal institutions, primarily designed for male inmates, often fail to adequately address the needs of female prisoners.

- Healthcare: Access to appropriate medical care, particularly for reproductive health issues, is frequently lacking, exacerbating the vulnerabilities of women who may enter the system with pre-existing traumas.
- Child-Rearing: Incarcerated mothers struggle to maintain relationships with their children. Despite laws permitting young children to stay with their mothers, conditions in prisons often do not support healthy child-rearing.
- Rehabilitation Programs⁹: The absence of gender-sensitive rehabilitation initiatives hamper reintegration efforts for female prisoners, particularly those from disadvantaged backgrounds, who often confront stigma and economic dependency upon release.

Gender bias is pervasive throughout the criminal justice process in India, affecting every stage—from

⁷ Sarika Baloda, *Women, Crime, and the Indian Justice System*, Symbiosis Law School Nagpur Journal (2021) ⁸ *Ibid.*

⁹ United Nations Office on Drugs and Crime (UNODC). *Handbook on Women and Imprisonment*. New York: United Nations, 2019.



investigation to post-sentencing. Such biases, rooted in societal expectations and traditional roles, create disparities that can lead to either favorable or adverse outcomes for female offenders. Addressing these issues necessitates a concerted effort towards a more gender-sensitive justice system that acknowledges the unique challenges women face and ensures equitable treatment for all individuals involved.

Unique Challenges Encountered by Female Offenders

1. Social Judgment and Stigmatization: The Weight of Societal Expectations on Women Who Offend¹⁰

Female offenders often endure a distinct and intensified level of societal scrutiny compared to their male counterparts, stemming from entrenched beliefs about femininity and morality. When women commit crimes, they are not only penalized for their actions but are also judged for straying from traditional gender roles. This moral scrutiny intensifies in cases involving sexual or violent offenses, where women are perceived as violating the expected norms of passivity and nurturing.

The stigma surrounding female offenders significantly hinders their ability to reintegrate into society. Women involved in crimes, particularly those related to sexuality—such as prostitution or adultery—are frequently branded as "fallen" or "immoral." This negative perception lingers beyond incarceration, complicating their efforts to secure employment, rebuild familial ties, and regain their standing in the community.

In instances of violent crimes, the stigma intensifies, as these women are viewed as not only breaking the law but also defying essential expectations of femininity. They often encounter distrust and isolation from both their families and the broader community, irrespective of the context of their actions or their rehabilitation efforts.

2. Motherhood and Family Dynamics: The Influence of Familial Roles on Legal Outcomes

The roles of motherhood and family obligations significantly shape the treatment of female offenders within India's legal framework. Courts frequently consider a woman's responsibilities as a mother or caregiver during judicial proceedings, influencing sentencing and parole decisions. This duality can lead to leniency for those with children, as the judiciary seeks to lessen the impact of their sentences on families. Judges may opt for lighter penalties or more favorable parole conditions, especially for primary caregivers in non-violent cases.

Conversely, familial obligations can also be detrimental for women in the legal system. A mother perceived as neglectful or failing in her duties—especially regarding her children—may receive harsher sentences, reflecting societal views that prioritize women's roles within the home.

These gendered perceptions result in inconsistent legal outcomes, where women from lower socioeconomic backgrounds may face greater scrutiny and biases, increasing the likelihood of harsher penalties based on perceived failures in their domestic roles.

3. Intersectionality: The Interwoven Effects of Caste, Class, Religion, and Socio-Economic Status¹¹

The experiences of female offenders in India are profoundly shaped not only by their gender but also by intersecting factors such as caste, class, religion, and socio-economic status. Women from marginalized communities often encounter more severe repercussions within the criminal justice system due to the compounded disadvantages of being both female and part of a lower social strata.

¹⁰ Abanti Das, *Women Criminals: A Sociological Perspective*, supra note 3.

¹¹ The Criminal Law Blog, Intersectionality in Gender-Based Violence: The Supreme Court of India Breaks New Ground, TCLF (Aug. 7, 2021)



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Lower-caste or tribal women accused of crimes frequently face biased treatment from law enforcement and judicial authorities, who may view them through a lens of inherent criminality and moral inadequacy. Limited access to legal resources further exacerbates their challenges, leading to prolonged pre-trial detentions, stringent sentencing, and restricted rehabilitation opportunities.

Religious minorities and economically disadvantaged women also experience additional biases in the legal system. For example, Muslim women wearing traditional attire may encounter stereotypes that affect police actions and court proceedings. Those from impoverished backgrounds often lack the necessary support systems to navigate the legal landscape, resulting in disproportionate penalties.

The interplay of gender with these socio-economic factors creates systemic inequalities in the treatment of female offenders. While some women may receive favorable judicial consideration, those from marginalized communities often lack similar protections, highlighting the urgent need for a more intersectional approach to criminal justice reform in India. This approach must ensure that the most vulnerable women do not face compounded injustices due to their gender, caste, class, or religion.

In India, the intersection of various identities leads to unique challenges for marginalized women within the criminal justice system. Women from lower castes often encounter unfair treatment when accused of crimes, largely due to harmful stereotypes suggesting inherent criminality. Similarly, Muslim women can experience increased scrutiny due to cultural biases, further complicating their situations. The struggle for access to quality legal representation deepens these issues, often resulting in extended pre-trial detentions and more severe sentencing. To combat these injustices, it's essential to implement focused legal aid programs and community outreach efforts that empower marginalized women, helping them navigate the complexities of the legal system.

Female offenders in India confront a range of challenges intricately linked to societal expectations, family roles, and socio-economic disparities. Addressing the stigma of moral judgment, understanding the complexities of motherhood in legal contexts, and recognizing the intersectional nature of discrimination are essential for fostering a more equitable and gender-sensitive criminal justice system that meets the unique needs of women in conflict with the law.

Exploring Key Legal Cases in India Highlighting Gender Bias in the Treatment of Female Offenders

1. Analyzing Significant Cases in India That Showcase the Influence of Gender Bias on Female Offenders' Legal Outcomes

India's landmark cases highlight egregious instances where gender bias warped treatment of female offenders in a slew of high-profile incidents. Femininity and morality stereotypes frequently sway judicial decisions in cases that spotlight disparate treatment of women within the justice system.

Shobha Rani vs Madhukar Reddi¹², a landmark 1988 case, centered around a woman facing allegations of marital cruelty and desertion allegedly. India's Supreme Court demonstrated remarkable leniency towards Shobha Rani acknowledging she had acted under extremely difficult circumstances. Judgment revealed courts' tendency to weigh traditional gender roles - that of a suffering wife - when deciding female offender cases. Leniency can sometimes favor women but it perpetuates stereotypes reinforcing the notion women are passive or victims deserving sympathy legally.

 $^{^{12}}$ Shobha Rani v. Madhukar Reddi, AIR 1988 SC 121



Women who challenge traditional gender roles often face judgments that reflect inherent bias. In a landmark judgment, Tukaram vs State of Maharashtra (1979)¹³ notoriously dubbed Mathura Rape Case saw Supreme Court exonerate two cops accused of raping Mathura a tribal woman. Mathura's sexual activity led the court to assume rape was consensual due to her supposedly willing participation beforehand somehow. Societal judgments about a woman's sexual history and character can profoundly skew legal outcomes in a way that undermines female victims' credibility.

2. Exploring Notable Cases of Female Offenders and Their Results

Notable cases of women committing crimes have garnered significant attention lately revealing discrepancies in the way females are handled by law enforcement. Indrani Mukerjea's case¹⁴, where she stood accused of murdering her own daughter Sheena Bora, serves as a pretty significant example somehow. Mukerjea's portrayal by media and legal system was frequently skewed by gender bias with emphasis on her maternal role and personal connections rather than case facts. She's a manipulative woman violating her maternal duties, playing into stereotypes of particularly dangerous morally corrupt females. Media scrutiny of this case shines a light on how female offenders' deviation from traditional gender roles often warps public perception.

Kavita vs State of Maharashtra¹⁵, a relatively obscure case from 1981, involved a woman who in selfdefense killed her abusive husband. Kavita was acquitted by the court which acknowledged a history of domestic violence she had suffered as a victim. Kavita's actions were deemed justified largely due to extreme provocation, which reinforced the notion that women are excused from criminal liability only when they embody the helpless, victimized wife stereotype under specific circumstances. Progressive recognition of domestic abuse notwithstanding, paternalistic views of women's passivity and dependence lingered in this case somehow.

3. Examining Judicial Perspectives in Cases Involving Male and Female Parties

Judicial attitudes towards men and women offenders vary wildly in court, with notable differences emerging in how criminal actions are interpreted based on gender. Men's actions are frequently scrutinized solely on their legality whereas women's behavior tends to be evaluated via a complex interplay of societal expectations and gender norms.

Violent crimes involving women, like Dowry Deaths under Section 304B, often prompt courts to show leniency if they're deemed to stem from family pressures or spousal abuse. In cases where a woman is implicated in a dowry-related offense yet her role's perceived as secondary to male relatives, courts tend to issue lighter sentences or acquit her assuming coercion was involved.

Women perceived as flouting social norms, especially in sex crimes, get hit with tougher criticism. A classic example being Priyadarshini Mattoo's case¹⁶ back in 1996 where some guy stalked then murdered a woman student of his. Assumptions about her character dominated the initial court proceedings which were marred by a misguided focus on her independence and personal relationships somehow. Following years of public fury, the case was reopened and justice got served belatedly with an unexpected swiftness. Men who commit similar offenses are often judged more harshly for the act itself rather than their conformity to societal norms and expectations surrounding masculinity. Male perpetrators in cases of sexual harassment or assault are often judged on evidence alone without societal expectations influencing

¹³ Tukaram v. State of Maharashtra (Mathura Rape Case), AIR 1979 SC 185

¹⁴ Indrani Mukerjea Case - Sheena Bora Murder Case, Media coverage and legal records, Mumbai High Court

Proceedings, 2015-2022.

¹⁵ Kavita v. State of Maharashtra, (1981) 3 SCC 558.

¹⁶ Santosh Kumar Singh v. State through CBI, (2010) 9 SCC 747.



the verdict somehow. Injustice reigns supreme in a system where men and women are penalized differently for identical crimes, women judged harshly for their crime and rigid adherence to societal expectations. Deeply ingrained gender biases pervade India's criminal justice system affecting female offenders at multiple stages of the process somehow. Women conforming to traditional victimhood roles or familial duty often get leniency but those challenging gender norms are judged harsher. High-profile cases, such as Indrani Mukerjea and Kavita, exemplify media and legal systems reinforcing yet challenging stereotypes; meanwhile comparisons with male offenders reveal women frequently face a double standard. Mitigating these biases necessitates a justice system that eschews traditional gender roles and instead focuses on culpability rather than adherence to societal norms.

Global Outlook: Addressing Gender Inequality in Criminal Justice Systems

1. Brief Comparison of How Gender Bias Manifests in Other Countries' Criminal Justice Systems Gender bias in the criminal justice system is not limited to India; it is a global issue affecting various countries, though it manifests differently based on cultural, legal, and societal contexts. Female offenders worldwide often get treated differently because of deep-rooted gender stereotypes and societal expectations that are pretty entrenched.

Women in the United States are often treated more leniently than men in some aspects of criminal justice like sentencing particularly if they conform to traditional gender roles¹⁷. Women committing violent crimes or those perceived as violating traditional female norms often get harsher treatment and are severely stigmatized. Women face double deviance punishment, penalized for both crime and straying from traditional feminine norms.

Similar patterns emerge in England and Wales too. Female offenders are frequently viewed as more susceptible due to their circumstances; sentencing prioritizes their well-being notably when they're primary caregivers. Gender-specific approaches now favor community orders or probation over incarceration for female offenders who commit non-violent crimes. Biases also exist, notably in cases involving sexual offenses, where women accused of crimes such as child sexual abuse encounter intense moral condemnation and scrutiny, often viewed as having failed in their nurturing roles.

Countries like Saudi Arabia institutionalize gender bias through strict segregation laws heavily influenced by patriarchal religious interpretations. Women slapped with harsher penalties for crimes like adultery or other moral infractions often get judged not just for the crime but for breaching societal codes of honor and morality.

Scandinavian nations such as Sweden and Norway proactively address gender bias in their criminal justice systems with tangible reforms. Countries renowned for frameworks devoid of gender bias prioritize rehabilitation over retribution. Gender bias still lurks in subtle forms even here notably when leniency for female offenders is rooted in antiquated views of women as caregivers or societal victims.

2. Insights for India from Global Legal Frameworks and Reforms to Combat Gender Bias

India can gain valuable insights from globally implemented reforms tackling gender bias in criminal justice systems.

• Inclusive Sentencing Guidelines¹⁸: Countries like Canada and New Zealand developed guidelines that eliminate biases favoring or disadvantaging offenders based on gender. Focus stays on crime specifics and offender's unique situation rather than assumptions based on gender stereotypes. India might gain

 ¹⁷ Council on Criminal Justice, Women's Justice: A Preliminary Assessment of Women in the Criminal Justice System
¹⁸ Canadian Department of Justice. Gender-Neutral Sentencing Guidelines. Canadian Government Publications, 2020.



from implementing analogous protocols that guarantee sentencing verdicts are uniform and predicated on the gravity of the offense rather than societal presumptions about women.

- Focus on Rehabilitation Over Punishment: In countries like Norway and Sweden, the criminal justice system prioritizes rehabilitation over punitive measures, particularly for women offenders. Norway and Sweden prioritize rehabilitation over punishment in their criminal justice systems especially for female offenders in most cases. Women from marginalized backgrounds often turn to crime as a result of socio-economic factors, and punitive measures barely scratch the surface.
- Special Provisions for Caregivers: Several countries, including Australia, have adopted policies that take into account the caregiving responsibilities of female offenders. India might adopt more rehabilitation-centric policies, providing female offenders vocational training psychological support and community reintegration programs as alternatives to jail for non-violent crimes. Female offenders' caregiving responsibilities are factored into policies in various countries notably Australia and others that prioritize their family obligations. In Australia courts weigh up the impact of imprisonment on kids when sentencing women who're primary caregivers for their children.
- Judicial Training and Gender Sensitization: Many countries have introduced judicial training programs aimed at eliminating gender biases from legal decision-making. India's female offenders, often mothers, face incarceration with devastating family consequences, notably for kids, making reform a pressing need. Mothers could benefit from community-based sentences or probation that mitigate this issue somewhat effectively.
- International Conventions and Human Rights Standards: India is a signatory to several international conventions, such as the Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW)¹⁹. Numerous countries have implemented judicial training programs with a focus on eradicating gender biases in legal decision-making processes suddenly. The UK has rolled out training programs that school judges and prosecutors in nuanced approaches to handling female offender and victim cases.
- Gender-Specific Prison Reforms²⁰: Countries like Thailand have initiated gender-specific prison reforms, acknowledging the unique needs of female prisoners, especially concerning healthcare and mental well-being. India's judicial and law enforcement institutions might benefit from similar training programs that highlight how gender biases influence investigations trials and sentencing processes nationwide.

India's signed on to a bunch of international agreements like CEDAW, which aims to wipe out all forms of discrimination against women worldwide. Adopting gender-sensitive standards outlined in these frameworks potentially enhances India's legal system by making it more responsive to women offenders' specific needs. CEDAW's General Recommendation No. 33 offers comprehensive guidelines on eliminating gender discrimination in criminal justice systems, ensuring equal legal representation and addressing intersectional discrimination which India could integrate more fully into its policies. Countries like Thailand have rolled out bespoke prison reforms for women, addressing unique healthcare needs and mental wellbeing issues.

India has the potential to incorporate successful international strategies to combat ingrained gender bias. For example, implementing gender-neutral sentencing guidelines akin to those used in Canada could help

¹⁹ CEDAW General Recommendation No. 33 on Women's Access to Justice. United Nations, 2015.

²⁰ **Thailand Ministry of Justice**. *Gender-Specific Prison Reforms: Healthcare and Well-being of Incarcerated Women*. Thailand Ministry of Justice, 2021.



ensure that judicial decisions focus on the specifics of the offense and the unique context of each case, rather than relying on preconceived notions. Additionally, prison reforms that prioritize rehabilitation, similar to Norway's approach, could be adapted to support the specific needs of women in custody, concentrating on skill development, mental health care, and programs to aid their reintegration into society. Furthermore, the principles outlined in CEDAW regarding equal legal representation could motivate the establishment of targeted training programs for Indian public defenders, equipping them to better advocate for marginalized female offenders.

Addressing Gender Bias in the Indian Criminal Justice System: A Path Forward

1. Legislative Enhancements: Advocating for modifications in criminal laws and policies

Indian Criminal Justice System needs reform to address gender bias. Significant legislative reforms are needed to tackle gender bias in India's criminal justice system, shifting towards a more inclusive approach to justice, promoting equality and fairness for all individuals. Presently numerous laws and their implementation perpetuate antiquated notions regarding gender roles that result in disparate treatment of women offenders. Several measures potentially counter this by introducing multiple strategies.

Criminal laws must be revised to ensure equal application to both men and women by eliminating genderbiased assumptions in crime interpretation notably those involving sexual offenses domestic violence or moral policing. Scrutiny of gender-specific provisions may unjustly favor women or disadvantage them instead. Critics argue that Section 498A, which shields women from marital cruelty, has been misused, disproportionately targeting men in some cases apparently. Scrutinizing these laws through a non-binary filter could safeguard both sexes from discriminatory biases and outdated norms.

Laws governing women's imprisonment urgently require overhaul so as to bolster safeguards and aid for female inmates notably those expecting or with toddlers. Female offenders who are primary caregivers of kids deserve special attention when bail provisions are made, considering community service or probation as alternatives to jail whenever it's suitable.

2. Gender Bias Awareness: Training and Educational Initiatives for Law Enforcement, Prosecutors, and Judges to Address Gender Bias in the Justice System²¹

Implementing awareness programs for these stakeholders is crucial in addressing bias. Judicial sensitization programs ought to zero in on boosting awareness of deep-seated biases and societal stereotypes that significantly impact decision-making processes.

Judges and prosecutors frequently work under strict traditional gender norms which breeds biased judgments and sentences. Equipping them with tools to recognize and mitigate biases in their rulings, especially in cases where women's behavior deviates from norms, is crucial. Female offenders must be spared moral policing and discriminatory treatment during investigations and arrests by law enforcement agencies undergoing specialized training.

Incorporating gender-neutral guidelines in judicial curriculum helps eliminate biases in trial and sentencing processes through continuous education programs. Modules on intersectionality are a must, addressing how caste class religion and socio-economic factors intersect with gender impacting treatment of women in justice systems.

²¹ Sarika Baloda, *Women, Crime, and the Indian Justice System*, supra note 7.



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3. Customized Rehabilitation Programs: Creating Personalized Approaches for Women in the Criminal Justice System.²²

Female offenders in conflict with the law typically require specialized rehabilitation programs that address their distinct needs, frequently neglected by existing correctional systems. Government officials must develop rehabilitation programs that prioritize female offenders' psychological well-being and economic empowerment simultaneously somehow.

Women's reintegration into society hinges on programs that provide vocational training equipping them with marketable skills for financial self-sufficiency. Underprivileged women often struggle with limited education and job prospects due to their involvement in illicit activities. Tailored vocational training offers a fresh start for those seeking redemption by diminishing reoffending prospects and fostering personal growth rapidly.

Female offenders frequently grapple with profound psychological trauma stemming from domestic violence sexual abuse or societal stigma. Mental health support and counseling ought to be embedded deep within rehabilitation programs so women can tap into emotional resources that facilitate personal recovery.

To create a more equitable justice system in India, several key areas need attention:

- Training for Legal Professionals: Ensure that judges, prosecutors, and law enforcement officials undergo mandatory training focused on gender sensitivity to address and reduce any unconscious biases they may have.
- Inclusive Legal Frameworks: Design policies that recognize and address the unique challenges faced by marginalized women, ensuring that laws are inclusive and effective.
- Reform for Incarcerated Mothers: Improve healthcare services and support for mothers in prison, including better facilities for child care, while considering community-based options for those who have committed non-violent crimes.
- Community Engagement Initiatives: Foster conversations within communities about gender equality in the justice system, aiming to challenge and change the negative perceptions surrounding female offenders.

4. Reforming Incarceration: Meeting the Unique Needs of Women Behind Bars²³

Indian prisons struggle to accommodate the unique needs of female inmates who face a multitude of issues stemming from subpar facilities and limited resources. Radical changes targeting female incarceration conditions are vital to safeguarding their fundamental human rights and providing access to crucial medical care and auxiliary support networks.

Adequate healthcare for female prisoners, particularly maternal health, remains a pressing concern. Numerous incarcerated women are either pregnant or fresh from childbirth but prison facilities frequently lack adequate prenatal and postpartum support services. Pregnant inmates and new mothers deserve guaranteed access to prenatal and postnatal care alongside adequate nutritional support.

Support for childcare is a major issue nowadays. A significant number of female inmates have kids who reside with them in prison until they reach a certain maturity level. Prisons must offer adequate childcare services so incarcerated women's kids can get educated and receive medical care and psychological help.

²² Abanti Das, *Women Criminals: A Sociological Perspective*, supra note 3.

²³ United Nations Office on Drugs and Crime (UNODC). *Handbook on Women and Imprisonment*. New York: United Nations, 2019.



Alternative solutions, like community-based rehab, are worth exploring for mothers with young kids who are facing jail time.

Rehabilitation programs need to account for specific challenges women face after incarceration like social stigma and family estrangement issues. Reintegration programs incorporating family counseling and community outreach notably enhance prospects for successful rehabilitation through employment assistance.

Overhauling India's justice system to combat entrenched sexism demands a multi-faceted strategy incorporating law reform, judicial education, and targeted rehab initiatives alongside prison reform. Revising existing laws and policies alongside raising awareness about ingrained gender biases among key stakeholders facilitates a more equitable treatment of women. Reforms like these can dismantle discriminatory cycles female offenders face and they get to rebuild their lives and reintegrate into society somehow.

Conclusion

1. Gender Bias in India's Criminal Justice System: A Deep Dive

This research paints a stark picture of how gender bias deeply permeates India's criminal justice system. The study highlights the powerful influence of societal expectations and stereotypes on the treatment of female offenders.

The Key Takeaway? Women are judged not just on their actions, but also on how their behavior conforms to traditional gender roles. This leads to a paradoxical situation: women who appear vulnerable or victims of circumstance may receive lenient treatment, while those who defy conventional gender expectations, especially in cases involving violence, are often subjected to harsher scrutiny.

The Impact is Far-Reaching: This bias isn't isolated to a single stage of the justice process; it manifests at every point, from initial investigations through sentencing and even incarceration. The study exposes how deeply ingrained cultural norms shape judicial outcomes.

Marginalization Compounds the Issue: The study further emphasizes the compounding challenges faced by women from marginalized socio-economic backgrounds. Factors like caste and class, intersecting with gender, result in harsher treatment and limited access to legal resources.

Moving Forward: This research serves as a crucial wake-up call, demanding a critical re-evaluation of how gender bias shapes the Indian criminal justice system. Only by acknowledging and addressing these systemic issues can we strive towards a fairer and more equitable system for all.

2. Achieving a Truly Just System

Moving Beyond Gender India's legal landscape, like many others, is marred by deep-seated biases that disadvantage women. Achieving a truly gender-neutral justice system requires a radical shift, moving beyond superficial reforms and tackling the very roots of inequality. This means dismantling deeply ingrained stereotypes, ensuring equal treatment regardless of gender, and implementing a system that recognizes the unique needs of women without perpetuating harmful societal norms.

But how do we get there? This crucial journey necessitates a comprehensive approach:

Training: Law enforcement and judicial officers must undergo rigorous training to recognize and dismantle gender bias. This training must be ongoing and incorporate real-world scenarios. Inclusive Policies: Developing policies that prioritize the specific needs of female offenders without reinforcing stereotypes is essential. This includes offering rehabilitation programs tailored to their unique circumstances and addressing critical issues like healthcare and childcare for incarcerated women.



Empowerment: Supporting the empowerment of women within the legal system is vital. This means actively encouraging female representation in all areas of law, from law enforcement to the judiciary, ensuring a diverse range of voices and perspectives contribute to a truly just system. By taking these bold steps, India can move towards a justice system that not only upholds the law but also upholds the dignity and rights of all individuals, regardless of their gender.

3. Recommendations for Future Research

a. Investigating Gender Bias in Law Enforcement

Future studies should delve into the nuances of gender bias within law enforcement, examining how stereotypes shape police interactions with female offenders. Research could explore the influence of societal views on police behavior during investigations and arrests. Surveys and interviews with law enforcement, female detainees, and victims can provide crucial insights, while regional comparisons between urban and rural settings could reveal how cultural factors impact police attitudes.

b. Judicial Decision-Making and Gender Bias

There is a need to understand how gender bias affects judicial decision-making in court proceedings, particularly in cases involving female offenders who challenge traditional gender norms. Research could analyze judicial rulings by gender, focusing on how roles like motherhood are factored into sentencing decisions. Qualitative analyses of court transcripts and case studies would be valuable in assessing the presence of gender bias in judicial language and rationale.

c. Exploring Intersectionality in Gender Bias

A comprehensive examination of how gender intersects with socio-economic factors such as caste, class, and religion is essential. Studies should investigate how compounded biases affect female offenders from marginalized backgrounds in the criminal justice system. A mixed-methods approach could combine statistical analyses with qualitative interviews to illuminate the experiences of women facing multiple forms of discrimination.

d. Assessing the Impact of Policy and Judicial Reforms²⁴

As reforms aimed at addressing gender bias are implemented in India, ongoing research should evaluate their effectiveness. Longitudinal studies can track changes in judicial outcomes and police behavior before and after reforms, focusing on initiatives like gender sensitization training and rehabilitation programs. This research will help identify successful strategies and areas needing further improvement.

e. Comparative Studies on Global Gender Bias

Comparative research can shed light on gender bias in criminal justice systems worldwide. By examining countries with effective gender-neutral practices, researchers can identify successful policies and their implementation challenges. Case studies from these countries can offer actionable insights for India, guiding the adoption of best practices in its unique socio-cultural context.

f. Public Perception and Societal Attitudes

Exploring public perceptions of female offenders can reveal how societal attitudes contribute to biases in the justice system. Research could analyze media portrayals of female offenders and how they shape public sentiment, potentially influencing judicial and law enforcement responses. Surveys capturing societal attitudes toward female offenders could further enhance understanding of the social dynamics at play.

²⁴ Sonam Kumari, *Criminal Justice System and Female Criminality: A Socio-Legal Analysis*, International Journal of Future Multidisciplinary Research, Vol. 3, Issue 2 (2024).



g. Evaluating Rehabilitation Programs for Female Offenders²⁵

Future research should focus on the effectiveness of rehabilitation programs tailored to the specific needs of female offenders. By comparing outcomes across various facilities and community-based programs, researchers can identify best practices that reduce reoffending rates, particularly for women with caregiving responsibilities.

h. Implementing Gender-Specific Judicial Training

Assessing the feasibility and impact of gender-specific training programs for judicial personnel is crucial. Research could evaluate the content and effectiveness of these programs in reducing biases in decisionmaking.

By comparing with countries that have successful training initiatives, researchers can inform the development of structured programs in India, measuring their impact on case outcomes. Conducting these studies will enhance our understanding of gender bias within India's criminal justice system and help inform the creation of equitable and gender-sensitive policies.

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