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Green Washing and Consumer Trust Practices of Selected Eco Friendly Products A Proposed Sustainability Action Plan

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Abstract

The rising demand for sustainable products has led to increased greenwashing, where companies make deceptive environmental claims, undermining consumer trust. This study examines greenwashing's impact on trust in Makati City's food and beverage industry. Using a quantitative approach, it found that misleading labels, environmental imagery, and hidden trade-offs harm trust, with misleading labels being the most damaging.

Consumers value transparency and authenticity, but greenwashing does not enhance perceptions of company ability, benevolence, or integrity. To rebuild trust, companies should provide clear, evidence-based claims, use third-party certifications, and educate consumers on identifying greenwashing.

Keywords: Greenwashing, Consumer Trust, Food and Beverage Industry, Eco-Friendly Products, Sustainability Action Plan.

Introduction

The increasing demand for sustainable, eco-friendly products has led to the rise of "greenwashing," where companies make deceptive claims about the environmental benefits of their products to capitalize on consumers' environmental consciousness. This practice undermines consumer trust and hampers progress toward genuine sustainability. Greenwashing typically involves misleading labeling, environmental imagery, and claims that do not match a company's actual practices, which leads to skepticism among consumers about companies' sincerity and environmental efforts.

The shift toward sustainable consumption has been driven by a growing awareness of environmental issues, as well as the desire to meet the needs of both current and future generations. In response to this shift, green marketing has emerged as a strategy for companies to promote their environmentally friendly products. However, the increased pressure on businesses to demonstrate their environmental commitment has also given rise to greenwashing, as companies seek to appear environmentally responsible without implementing real changes.

Greenwashing negatively affects consumer trust, as it creates a gap between a company's claims and its actual behavior. Consumers expect transparency and clear labeling regarding a product's environmental impact, but when companies misrepresent their efforts, it erodes trust in the sustainability claims of all businesses. This is particularly significant in countries like the Philippines, where companies have been observed exploiting terms like "sustainability" without meeting true sustainability standards.

The study aims to examine the relationship between greenwashing and consumer trust, specifically



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focusing on eco-friendly products. It seeks to address gaps in understanding how different greenwashing techniques, such as misleading labels or deceptive environmental imagery, affect consumers' perceptions of a brand's competence, integrity, and ethical commitment. Furthermore, while greenwashing's negative impact on trust is acknowledged, empirical research is still needed to measure the extent of this relationship and explore potential solutions, such as clearer labeling, third-party certifications, and consumer education, to ensure that businesses genuinely align their marketing with sustainable practices.

Research Question

This research aims to uncover the greenwashing tactics and analyze how sustainability claims impact consumer trust. Specifically, this study aims to address the following questions:

- 1. What are the green washing practices of selected products in terms of:
- a. Environmental imagery;
- b. Misleading labels and language; and
- c. Hidden tradeoffs?
- 2. What are the determinants of consumer trusts practices of selected respondents with regard to:
- a. Ability;
- b. Benevolence; and
- c. Integrity?
- 3. Is there a significant relationship between green washing practices and determinants of consumer trusts?
- 4. How the green practices affect the customers trust?
- 5. What proposed sustainability action plan can be developed from the result of the study?

Methodology

Descriptive correlational quantitative research is a methodological approach used to describe the relationship between two or more variables without influencing them. This approach involves the collection and analysis of numerical data to identify patterns, correlations, and possible associations among variables (Creswell, 2014). It does not establish causation but provides insights into the strength and direction of relationships (Fraenkel et al., 2012). In the context of the study on greenwashing and consumer trust practices among selected eco-friendly products, this approach is highly suitable. The study aims to describe the prevalence of greenwashing practices (such as environmental imagery, misleading labels, and hidden trade-offs) and examine their correlation with consumer trust determinants (ability, benevolence, and integrity).

By collecting data through consumer surveys and analyzing it statistically, the study quantifies these practices and assesses their impact on consumer trust. Additionally, interviews are used as a supplementary method to support and provide deeper insights into the survey results. This method aligns with the descriptive correlational framework, providing a comprehensive picture of greenwashing's prevalence and its relationship with consumer trust without manipulating variables, thereby offering valuable insights for sustainable marketing and consumer behavior (Polit & Beck, 2012).

The statistical analysis of data is heavily influenced by the nature of the intended outcome of the specific study.

Mean and Standard Deviation. The aforementioned measures were employed to evaluate the mean values of demographic attributes, as well as the established set of variables.



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Frequency Percentage and Distribution. These were utilized for ascertaining the characteristics and attributes of the individual. Furthermore, it pertains to the frequency at which a particular set of data occurs. In the field of academic research, this particular tool is employed to establish the distribution pattern in accordance with certain predetermined variables.

Pearson R. This measures the strength and direction of the linear relationship between two variables. In this study, it was used to assess the relationships between different greenwashing practices (environmental imagery, misleading labels, and hidden tradeoffs) and aspects of consumer trust (ability, benevolence, and integrity). This helped identify whether these practices are positively or negatively related to consumer trust and the extent of these relationships.

Multivariate multiple regression. This examines the impact of multiple independent variables on multiple dependent variables simultaneously. In this study, it was used to explore how different greenwashing practices affect the three dimensions of consumer trust concurrently. This method provided a comprehensive analysis, accounting for the interactions between various practices, and offered detailed insights into how each practice influences consumers' perceptions of a company's trustworthiness.

Results

The Green Washing Practices

This section discusses the green washing practices that are prevent among the food and beverage company in Makati City, as to perspective of consumers.

Table 1 The Green Washing Practices as to Environmental Imagery

Items	Mean	SD	Adjectival Rating
1. Companies often use images of pristine nature, lush for-	3.37	0.63	Highly Practiced
ests, or clean water bodies in their advertisements to give			
the impression of being ecofriendly and environmentally			
conscious			
2. Advertising campaigns may show a company's com-	3.41	0.61	Highly Practiced
mitment to sustainability, recycling, or reducing carbon			
footprint, without providing concrete evidence to support			
these claims.			
3. Some companies use nature-themed or green-colored	3.26	0.64	Highly Practiced
packaging to create an association with environmental re-			
sponsibility, even if the product itself has no eco-friendly			
attributes.			
4. Words like "natural," "organic," or "green" are often	1.98	0.80	Moderately prac-
used in marketing materials without proper certification or			ticed
substantiation.			
5. Packaging may display symbols of plants, animals, or	1.92	0.81	Moderately prac-
leaves, convincing consumers that the product is environ-			ticed
mentally friendly, while the actual environmental impact			
of the product is ignored.			



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Overall mean	2.79	0.77	Moderately	prac-
			ticed	

Legend: 1.00 - 1.75: Not all Practiced, 1.76 - 2.50: Rarely Practiced, 2.51 – 3.25, Moderately Practiced, 3.26-4.00: Highly Practiced

Table 1 shows the green washing practices that are present in the company as to environmental imagery. Overall resulting mean of 2.79 (SD = 0.77) suggest that their general response is moderately practiced implying that their perception is that this practice is moderately practiced. Among the five attributes, three are rated as highly practiced while remaining two are rated as moderately practiced. Highest mean is 3.41 which denotes that they Strongly agree about the attribute "advertising campaigns may show a company's commitment to sustainability, recycling, or reducing carbon footprint, without providing concrete evidence to support these claims. " On the other hand, lowest mean is 1.92 which implies that they generally Agree about the attribute "4. Words like "natural," "organic," or "green" are often used in marketing materials without proper certification or substantiation ".

The data in Table 1 reveals a significant prevalence of greenwashing activities within a company, suggesting that the organization is engaging in deceptive marketing to create a false impression of its environmental commitment. This type of shallow environmental marketing can lead to consumer misunderstanding and mistrust, undermining the company's credibility and diminishing the effectiveness of its actual environmental efforts. As a result, consumers may be hesitant to support the company's products, and stakeholders—such as investors, employees, and partners—may lose confidence, especially if the company is caught misrepresenting its environmental claims. Regulatory and reputational risks could also arise from these deceptive practices.

The analysis underscores the need for companies to adopt more transparent and truthful marketing strategies. As Tahir (2020) suggests, companies should focus on providing tangible, verifiable evidence to support their environmental claims rather than relying on superficial or misleading marketing. De Canio (2021) also emphasizes the importance of ensuring that marketing materials are accurate and honest to avoid creating false perceptions of environmental dedication.

Table 2 The Green Washing Practices as to Misleading Labels and Language

Items	Mean	SD	Adjectival Rating
Some companies labeled their products as 'ecofriendly' or	2.01	0.82	Rarely practiced
'environmentally friendly,' when in reality, they have not			
made any significant efforts to reduce their environmental			
impact.			
Several brands claim that their products are '100% organic'	2.02	0.82	Rarely practiced
and truly, a small percentage of the ingredients are actually			
organic.			
Some companies implement minimal changes to their	1.98	0.80	Rarely practiced
products or operations and promote these small changes as			
significant steps towards sustainability.			
Certain businesses exaggerate their environmental efforts	3.01	0.83	Moderately prac-
by highlighting one sustainable aspect and prevents ne-			ticed
glecting other aspects			



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Several companies use the term 'biodegradable' on their packaging without providing appropriate information on the time frame or conditions required for the product to break down.	1.95	0.81	Rarely practiced
Overall mean	2.19	0.46	Rarely practiced

Legend: 1.00 - 1.75: Not all Practiced, 1.76 - 2.50: Rarely Practiced, 2.51 - 3.25, Moderately Practiced, 3.26-4.00: Highly Practiced

Table 2 highlights greenwashing practices within the company, specifically related to misleading labels and language. The overall mean score of 2.19 (SD = 0.46) indicates that employees generally disagree with the idea that these practices are common. However, the highest mean (3.01) shows agreement that some companies exaggerate their environmental efforts by focusing on one aspect while neglecting others. The lowest mean (1.95) indicates disagreement with the claim that companies use "biodegradable" labels without proper information on breakdown conditions.

Despite employees generally not perceiving greenwashing as widespread, the findings suggest concerning use of deceptive labeling, which could mislead consumers about the company's environmental efforts. This erodes consumer trust and calls for greater transparency in marketing. Misleading claims about sustainability can mask unethical practices, so clearer, honest labeling is crucial to inform consumers and encourage more eco-friendly purchasing. Sustainable labeling, particularly in the food and beverage industry, can promote better environmental practices and consumer awareness.

Table 3 The Green Washing Practices as to Hidden Tradeoff

Table 5 The Green Washing Fractices as to inducin Fraction				
Items	Mean	SD	Adjectival	Rat-
			ing	
Companies often make claims about their product being	3.02	0.82	Moderately	prac-
"green" or environmentally friendly, but they may ignore			ticed	
other important environmental impacts to maintain this image.				
Companies use clever marketing tactics to divert consumer at-	3.01	0.81	Moderately	prac-
tention away from their negative environmental impact and			ticed	
focus on a single "green" aspect of their product.				
Many food and beverage companies engage in greenwashing	3.07	0.81	Moderately	prac-
practices by highlighting one ecofriendly aspect of their prod-			ticed	
uct, such as using recyclable packaging, while ignoring other				
unsustainable practices in their supply chain				
Some companies create the illusion of Green practices by of-	2.99	0.82	Moderately	prac-
fering limited-edition or seasonal products with eco-friendly			ticed	
packaging,				
Some companies falsely advertise their products as "locally	3.13	0.83	Moderately	prac-
sourced" or "sustainably grown" to give the impression of be-			ticed	
ing environmentally responsible				
Overall mean	3.04	0.05	Moderately	prac-
			ticed	



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Legend: 1.00 - 1.75: Not all Practiced, 1.76 - 2.50: Rarely Practiced, 2.51 - 3.25, Moderately Practiced, 3.26-4.00: Highly Practiced

Table 3 highlights the prevalence of greenwashing practices within the company, particularly regarding hidden trade-offs. With an overall mean of 3.04 (SD = 0.05), employees generally agree that this practice is common. All five attributes were rated as "Agree," with the highest mean (3.13) indicating agreement that some companies falsely advertise products as "locally sourced" or "sustainably grown" to appear more environmentally responsible. The lowest mean (2.99) suggests agreement with the idea that companies create the illusion of green practices by offering eco-friendly packaging on limited-edition products.

The data indicates widespread use of greenwashing strategies, particularly misleading marketing claims that make the company seem more environmentally conscious than it is. This raises questions about the authenticity of the company's sustainability efforts and whether they are genuine or just marketing tactics. Respondents also noted the company's use of superficial packaging changes to create a false perception of environmental responsibility, which could ultimately erode consumer trust.

The concept of a hidden trade-off refers to labeling a product as "green" based on limited eco-friendly attributes, while ignoring other significant environmental issues. For example, a product made from sustainably sourced paper might still contribute to environmental harm if other aspects of its production, like greenhouse gas emissions, are not considered (Potter et al., 2023). This form of greenwashing can damage the company's reputation and customer loyalty, leading to a decline in financial performance.

3. The Determinants of Consumer Trust Practices

This section measures the determinants of trust among consumers towards company as to ability, benevolence, and integrity.

Table 4 The Determinants of Consumer Trust Practices as to Ability

Items	Mean	SD	Interpretation
Companies that provide clear and transparent information	4.05	0.80	Often
about their sustainability initiatives, including specific met-			
rics and goals, are more likely to gain consumer trust.			
Previous positive experiences with a company's environ-	4.02	0.82	Often
mentally-friendly products or services can contribute to			
building consumer trust. If consumers find tangible benefits			
from the green attributes of a product, they are more likely			
to trust the company's overall green claims.			
If consumers trust a company's claims about sustainable	3.95	0.81	Often
practices or eco-friendly products, they are more likely to			
support that company and purchase their products.			
The consumer's ability to trust greenwashing is further will	3.95	0.79	Often
not be hindered by the lack of standardized definitions and			
regulations surrounding green claims, allowing companies			
to exploit loopholes and mislead consumers.			



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The consumer's ability to trust greenwashing is also impacted by the widespread use of "green" buzzwords and imagery	3.94	0.80	Often
agery Overall mean	3.98	0.05	Often

Legend: 1.00 - 1.79: Never, 1.80 - 2.59: Rarely, 2.60 - 3.39, Sometime, 3.40-4.19: Often, 4.20-5.00: Always

Table 4 examines the determinants of consumer trust in relation to a company's **ability** to maintain sustainable practices. The overall mean score of 3.98 (SD = 0.05) suggests that respondents often believe these factors influence trust. All five attributes were rated as "Often." The highest mean (4.05) indicates strong agreement that companies providing clear, transparent information about their sustainability initiatives, including specific metrics and goals, are more likely to gain consumer trust. The lowest mean (3.94) suggests agreement that consumer trust is also impacted by the excessive use of "green" buzzwords and imagery without tangible evidence.

The findings underscore that consumers are more likely to trust companies that demonstrate a genuine commitment to sustainability and provide clear, verifiable evidence. In contrast, organizations that rely solely on green marketing tactics—without offering transparency or proof—are less likely to earn consumer trust. This highlights the importance for companies to not just use green marketing but also show real dedication to sustainability, as discussed by Fu et al. (2023).

The study aligns with prior research, which stresses that trust in green products is influenced by factors like media credibility, environmental education, and transparency in sustainability efforts (Navas, 2021). To maintain trust, companies must ensure openness in their communication, share accurate data, and foster transparency with consumers (Giacommara, 2021). This approach helps build stronger customer relationships and supports the long-term success of sustainability initiatives.

Table 5 The Determinants of Consumer Trust Practices as to Benevolence

Items	Mean	SD	Interpretation
Consumers have the benevolent intention to support envi-	3.99	0.79	Often
ronmentally-friendly and sustainable businesses.			
Consumers trust that businesses are constantly working to	4.06	0.84	Often
improve their sustainability efforts and are genuine in their			
commitment to the environment.			
Consumers give the benefit of the doubt to companies	3.94	0.80	Often
claiming to be green, assuming they have done their due			
diligence and research.			
Consumers believe that by purchasing green products, they	4.03	0.82	Often
are positively influencing the behavior of other companies			
to adopt sustainable practices.			



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Consumers have faith that businesses genuinely care about their impact on the environment and are seeking to minimize negative effects.	4.02	0.81	Often
Overall mean	4.01	0.05	Often

Legend: 1.00 - 1.79: Never, 1.80 - 2.59: Rarely, 2.60 - 3.39, Sometime, 3.40-4.19: Often, 4.20-5.00: Always

Table 5 shows the determinants of consumer trust practices as to benevolence. Overall resulting mean of 4.01 (SD = 0.05) suggest that their general response is Often. Among the five attributes, all are rated as Often. Highest mean is 4.06 which denotes that they Often about the attribute "Consumers trust that businesses are constantly working to improve their sustainability efforts and are genuine in their commitment to the environment. "On the other hand, lowest mean is 3.94 which implies that they generally Often about the attribute "Consumers give the benefit of the doubt to companies claiming to be green, assuming they have done their due diligence and research". The data reported in Table 2.1 indicates a significant level of trust and confidence among customers. This might be attributed to the increased recognition and significance of environmental sustainability, as consumers are progressively seeking ethical corporate practices. However, although customers may be inclined to trust companies, they are not completely gullible and still need proof of a sincere dedication to environmental sustainability.

Moreover, Agyei (2020) explained that trust is the state of being willing to expose oneself to the acts of a different party. When trust exists, it can be seen by the display of behavior that involves taking risks. less levels of trust are generally associated with less willingness to take risks and may lead to a decreased level of participation in activities perceived as risky by the person who trusts. In a disruptive network, lower levels of trust can result in less participation in the acquisition of greenwashing products, in proportion to the perceived level of risk that network members believe is involved (Svare,2020). Consequently, greater levels of trust are likely to enhance engagement despite the perceived hazards.

Table 6 The Determinants of Consumer Trust Practices as to Integrity

Items	Mean	SD	Interpretation
Honest and transparent communication from companies is vital in maintaining consumer trust and loyalty	3.96	0.84	Often
Consumer advocacy groups play a crucial role in exposing greenwashing and holding companies accountable for misleading environmental claims.	4.02	0.82	Often
As consumers become more knowledgeable about green- washing, they are demanding greater transparency and authenticity from companies.	4.06	0.83	Often
Consumers who trust greenwashing may inadvertently support companies that are not genuinely committed to sustainable practices.	4.00	0.80	Often



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The practice of greenwashing erodes consumer confidence in the marketplace as consumers become disillusioned by false eco-friendly claims.	4.00	0.82	Often
Overall mean	4.01	0.04	Often

Legend: 1.00 - 1.79: Never, 1.80 - 2.59: Rarely, 2.60 - 3.39, Sometime, 3.40-4.19: Often, 4.20-5.00: Always

Table 6 highlights the determinants of consumer trust related to a company's integrity, with an overall mean of 4.01 (SD = 0.04), suggesting that respondents generally agree these factors often influence trust. All five attributes were rated as "Often," with the highest mean (4.06) indicating strong agreement that consumers are increasingly demanding greater transparency and authenticity from companies as they become more aware of greenwashing. The lowest mean (3.96) suggests that while consumers recognize the importance of honest communication, they may not always be fully satisfied with the transparency provided by companies.

These findings show that consumers are more aware of greenwashing and are now demanding higher levels of integrity and openness from businesses. Although consumers value transparency, they are not always content with the extent of openness offered by companies.

For businesses, this shift underscores the necessity of embedding integrity into their core values and operations, as it is no longer just beneficial but essential for building trust. The concept of "Return on Integrity" (Viberg & Hallden, 2023) emphasizes that success should be measured not just by financial returns, but also by the positive impact a company has on society and the environment. Companies that prioritize integrity can reap both tangible and intangible rewards, enhancing their reputation and fostering consumer loyalty.

Table 7 The Test of significant relationship between green washing practices and determinants of consumer trusts

Variables	Customers Trust				
Green Practices	Ability	Benevolence	Integrity		
Environmental Imagery	0.019	-0.026	-0.021		
Misleading Label and Language	-0.079	-0.007	-0.057		
Hidden Tradeoff	-0.033	-0.015	-0.013		

^{*}Correlation is significant at the 0.05 level (2-tailed).

The findings suggest that greenwashing practices, whether through environmental imagery, misleading labels, or hidden tradeoffs, do not have a strong impact on consumer trust. This has practical implications for both businesses and consumers. For businesses, these results indicate that superficial greenwashing efforts are unlikely to substantially affect consumer trust. Companies genuinely interested in building trust should focus on transparent and authentic sustainability practices rather than relying on greenwashing



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tactics. For consumers, the weak correlations highlight the importance of skepticism and critical evaluation of green claims.

The relationship between a company's ability to fulfill its environmental claims, the company's environmental practices, and the company's honesty in making environmental claims is not strongly correlated with the general practice of greenwashing. Furthermore, this suggests that organizations that partake in green washing methods have the potential to diminish their reputation for upholding integrity and honesty.

Table 8 Multivariate Multiple Regression Analysis of Greenwashing Practices on Customer Trust

Dimensions

Dependent Vari-	Parameter	В	Std.	t	Sig.	95% C	onfidence	Partial
able			Error			Interval		Eta
						Lower	Upper	Squared
						Bound	Bound	
Ability	Intercept	3.797	.240	15.843	.000	3.325	4.268	.398
	Environmental	.028	.053	.522	.602	077	.132	.001
	Imagery							
	Misleading Label	.093	.047	1.988	.048	.001	.185	.010
	and Language							
	Hidden Tradeoff	031	.049	640	.523	127	.065	.001
Benevolence	Intercept	4.071	.256	15.919	.000	3.568	4.573	.400
	Environmental	026	.057	463	.644	138	.085	.001
	Imagery							
	Misleading Label	.026	.050	.514	.607	073	.124	.001
	and Language							
	Hidden Tradeoff	015	.052	288	.774	117	.087	.000
Integrity	Intercept	4.148	.253	16.369	.000	3.649	4.646	.414
	Environmental	024	.056	428	.669	135	.087	.000
	Imagery							
	Misleading Label	015	.050	295	.768	112	.083	.000
	and Language							
	Hidden Tradeoff	013	.052	253	.800	114	.088	.000

The findings indicate that greenwashing practices, such as using environmental imagery, misleading labels, and hidden tradeoffs, do not significantly influence customer trust in terms of ability, benevolence, or integrity. This has important practical implications for businesses and consumers. For businesses, the results suggest that superficial greenwashing efforts are unlikely to build or erode consumer trust significantly.

Companies should focus on genuine and transparent sustainability practices to build meaningful trust with consumers. For consumers, these findings highlight the need for critical evaluation of green claims. Since



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greenwashing practices do not significantly impact overall trust, consumers should remain vigilant and seek credible, verifiable information about a company's environmental practices rather than relying on superficial marketing claims.

While companies may use various greenwashing techniques to appear more environmentally friendly, these practices do not significantly affect consumer trust. Both businesses and consumers should prioritize authenticity and transparency to foster genuine trust and support sustainable practices in the marketplace.

Conclusions

This study examines greenwashing practices among food and beverage companies in Makati City and their impact on consumer trust. Key findings highlight the use of environmental imagery, misleading labels, and hidden trade-offs that consumers perceive as deceptive, leading to a decline in trust. Advertising campaigns lacking concrete evidence of sustainability were viewed as the most misleading, emphasizing consumer resistance to superficial green marketing.

The study also explored the determinants of consumer trust, including ability, benevolence, and integrity. It found that consumers trust companies that provide clear, transparent information about sustainability and have positive experiences with eco-friendly products. However, there is skepticism towards companies using "green" buzzwords and imagery without tangible proof, underlining the importance of authenticity in sustainability claims.

Despite this, the study concluded that greenwashing does not significantly impact consumer trust across these dimensions. This suggests that superficial greenwashing tactics are unlikely to substantially build or damage trust. Companies must focus on genuine, transparent sustainability practices to foster meaningful consumer relationships.

In response, the study proposes a sustainability action plan to address the identified issues and improve consumer trust. The plan includes measures for increased transparency such as environmental reporting and certification verification to provide concrete evidence of sustainability claims. It also emphasizes consumer education through awareness campaigns, workshops, and clear labeling. Additionally, the plan advocates for supply chain consistency, implementing a supplier code of conduct, and conducting regular audits to ensure alignment with sustainability goals.

The action plan further proposes ongoing monitoring and evaluation, with the establishment of a sustainability task force to track performance and ensure continuous improvement. By addressing transparency, education, supply chain integrity, and ongoing assessment, the plan aims to eliminate greenwashing and build long-term consumer trust and sustainability. Success will be measured through increased transparency, consumer satisfaction, and continuous enhancement of sustainability practices, fostering a more trustworthy and sustainable marketplace.

Recommendations

1. The study highlights the prevalent issue of greenwashing, where companies use misleading environmental imagery and labels without providing concrete evidence. To address this, it is essential for companies to enhance transparency in their environmental claims. This can be achieved by developing and publishing detailed annual sustainability reports that outline specific metrics and goals. Obtaining third-party certifications for all green claims can further substantiate these claims and build consumer trust. Regular audits of marketing materials should be conducted to ensure the accuracy of environmental claims, thereby reducing the prevalence of misleading information. Training employees on



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accurate environmental claims and sustainable practices will also help in maintaining consistency and integrity in communication.

- 2. Consumer education is crucial in combating greenwashing and building trust. The study indicates that consumers are more likely to trust companies that provide clear and transparent information about their sustainability initiatives. Launching awareness campaigns to educate consumers about identifying greenwashing and hosting interactive workshops on sustainability practices can significantly enhance consumer knowledge and engagement. Transparent labeling that includes detailed environmental impact information will help consumers make informed decisions, thereby fostering a more knowledgeable and discerning consumer base.
- 3. Ensuring that all vendors and supply chain partners adhere to the same sustainability standards is vital for maintaining overall credibility and trust. The study suggests that companies should develop and enforce a sustainability code of conduct for suppliers. Regular audits of suppliers' sustainability practices should be conducted to ensure compliance and identify areas for improvement. Collaborative innovation with suppliers can lead to the development of new, sustainable practices that benefit the entire supply chain. This approach not only ensures consistency in sustainability efforts but also enhances the overall impact of these initiatives.
- 4. The study points out the importance of continuous improvement and accountability in sustainability practices. Establishing a sustainability task force to monitor and improve sustainability initiatives is a practical step towards achieving this goal. Engaging with stakeholders to gather feedback and improve practices ensures that the company remains responsive to the needs and concerns of its consumers, suppliers, and employees. Developing and tracking key performance indicators (KPIs) for sustainability allows for regular assessment and adjustment of strategies, ensuring that the company remains on track to achieve its sustainability goals.
- 5. Effective monitoring and evaluation are crucial for the success of the sustainability action plan. Conducting a baseline assessment to establish current sustainability practices and consumer trust levels provides a starting point for measuring progress. Developing a system for regular tracking of KPIs related to transparency, consumer education, supply chain integrity, and overall sustainability ensures that the company remains focused on its goals. Quarterly reviews and annual impact evaluations should be conducted to assess progress and make necessary adjustments. Gathering stakeholder feedback and hosting continuous improvement workshops based on M&E findings will help in refining strategies and ensuring sustained commitment to sustainability.

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