

How to Develop Our Personality? A Message

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Abstract

Be brave. Always think positive. Be free. Always be flexible where it's necessary. Be obedient and eternally faithful to the cause of truth and humanity. So we need to have a clear idea of the mechanism of our mind. Can we train it to obey us, to cooperate with us? How can it contribute to the development of our personality? It is challenging because it demands hard, methodical labour, perseverance and a careful attention. So, every person's duty is to work towards it. In fact, every efforts brings success and satisfaction proportionate to the attempt. Advance like a star. Don't be frustrated by anything. When you have got the human body, then wake up the Atman within and say – I have reached the state of fearlessness! And then as long as the body endures, speak unto others this message of fearlessness: "*Tat Tvam Asi*" which means "that how you are! Only you can change the whole world. Only You. It is the message shared in the sixth chapter of the *Chandogya Upanishad* repeatedly. So, Swami Vivekananda said, "*Arise, Awake and Stop not till the goal is reached!*"

Keywords: Personality, Be brave, Positivity, Fearlessness, Be free etc.