International Journal for Multidisciplinary Research (IJFMR)
E-ISSN: 2582-2160 ● Website: www.ijfmr.com ● Email: editor@ijfmr.com

AyurPharma: Ayurvedic Drug Recommendation System

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Abstract

An ancient and personalized medicine system, Ayurveda promises holistic health solutions. This paper proposes a new approach that blends Ayurvedic principles with contemporary machine learning for personalized medicine recommendation. The Ayurvedic Recommendation System applies various machine learning models, including decision trees and neural networks, on patient data containing symptoms, medical history, and Prakriti assessment in order to detect and suggest a treatment for individual patients. The system offers the necessary integration of traditional wisdom and modern technology by simplifying complex diagnostic processes and healthcare accessibility.

The methodology is to train a neural network using patient data to predict suitable Ayurvedic medicines. With the integration of natural language processing and user-friendly interfaces, the system ensures smooth input of health information and delivers actionable recommendations. This approach addresses the challenges of limited access to qualified Ayurvedic practitioners and promotes holistic wellness by balancing mind, body, and spirit. Furthermore, rigorous data privacy measures ensure user trust and foster broader acceptance of Ayurveda in mainstream healthcare. This research demonstrates the potential of integrating ancient medical practices with advanced machine learning to enhance personalized healthcare and empower individuals through a holistic, integrative approach.

Keywords: Ayurveda, Personalized Healthcare, Machine Learning, Neural Networks, Ayurvedic Medicine, Holistic Wellness, Data Privacy, Integrative Healthcare**.**

INTRODUCTION

AI-based drug recommender systems are rapidly gaining importance in healthcare, addressing the challenge of navigating vast amounts of medical data and research. These systems provide valuable assistance to healthcare professionals in making informed decisions about patient treatments. Machine Learning plays a crucial role in these Health Care Systems, utilizing accumulated data to derive meaningful insights. Specifically, Me recommender systems employ machine learning and Big Data Analytics to provide accurate diagnoses and drug predictions. The process involves recording patient symptoms and forwarding them to a computer with machine learning intelligence. This system automates medication selection, dosing, and administration, ensuring patients receive the right medication in the right dose at the right time. The benefits of such systems include better patient outcomes and reduced healthcare costs. The research project aims to develop a Me recommender system

using NLP and machine learning algorithms that not only predicts medical conditions but also recommends the top 3 drugs based on these predictions. This innovative approach promises to revolutionize healthcare delivery by combining cutting-edge technology with medical expertise.

OBJECTIVEAS

The objectives aimed at enhancing personalized Ayurvedic healthcare through the integration of modern technology. Firstly, it seeks to analyze user health data, including symptoms, medical history, and Prakriti assessments, to generate tailored Ayurvedic treatment plans. Secondly, the system will establish a comprehensive database of Ayurvedic herbs and formulations to draw from in its recommendations. A key objective is to implement machine learning and natural language processing techniques to ensure accurate diagnostics and personalized treatment suggestions. The system will also feature an intuitive user interface that allows for easy data input and provides clear, actionable recommendations to the user. Rigorous validation processes will be in place to verify the accuracy of the system's recommendations, while robust security measures will protect the confidentiality of user health information. Ultimately, the Ayurvedic Recommender System aims to emphasize the balance of mind, body, and spirit through personalized Ayurvedic treatment, empowering individuals to take control of their health and wellness. These comprehensive objectives demonstrate the system's holistic approach to integrating ancient Ayurvedic wisdom with modern technological capabilities.

LITERATURE SURVEY

The convergence of machine learning (ML) with Ayurvedic medicine has emerged as a transformative approach in personalized healthcare, offering a unique synergy between traditional wisdom and modern computational sciences. This interdisciplinary integration has spurred a wave of innovative research aimed at enhancing the efficacy and accessibility of Ayurvedic diagnostics and treatment recommendations. Rastogi and Tiwari [1] pioneered the application of ML techniques within Ayurveda, demonstrating the potential of data-driven approaches to diagnose ailments and recommend personalized treatments. Their work marked a significant step in leveraging ancient medical knowledge through modern computational methods. Following this, Kulkarni and Kadam [2] implemented decision tree algorithms to facilitate disease diagnosis within the Ayurvedic framework. This study emphasized the ability of ML to capture intricate patterns in patient data, showcasing its utility in understanding and applying complex Ayurvedic diagnostic principles.Expanding upon these foundational efforts, Shukla et al. [3] developed an advanced ML-based system for recommending treatments tailored to Ayurvedic principles. Their work underscored the feasibility of integrating machine learning methodologies into traditional healthcare systems, highlighting how modern computational techniques can enhance the precision and personalization of Ayurvedic treatments.Further contributing to this emerging field, Abhishek et al. [4] provided a comprehensive review of the use of machine learning in Ayurvedic medicine recommendations. They highlighted the transformative potential of ML algorithms, particularly their capacity to process vast datasets and uncover subtle relationships intrinsic to Ayurvedic practices. This review emphasized the unique advantage of ML in addressing the complexity of personalized medicine within Ayurveda.In addition, Egba et al. [5] delved into the use of neural networks for Ayurvedic recommendation analysis. Their work signaled a paradigm shift toward harnessing advanced ML methodologies to improve the understanding and application of Ayurvedic

diagnostics. By employing neural networks, they demonstrated the potential for even greater accuracy and adaptability in recommendations based on Ayurvedic principles.

METHODOLOGY

The methodology for developing the Ayurvedic Recommendation System involves several key steps that integrate machine learning techniques with traditional Ayurvedic principles. Initially, comprehensive patient data is collected, including symptoms, medical history, and Prakriti assessments, which serve as the foundation for accurate diagnosis and treatment recommendations. Alongside this, an Ayurvedic database is compiled, encompassing a variety of treatments, herbs, and formulations linked to specific health conditions.

Data preprocessing is crucial to ensure the accuracy and consistency of the collected information. This involves cleaning the data by removing duplicates, addressing missing values, and standardizing formats. Relevant features are then selected to enhance the effectiveness of the diagnosis and treatment recommendations.

The core of the system employs machine learning techniques, specifically decision trees and neural networks. Decision trees are utilized to classify patient symptoms and predict potential diseases, providing a transparent model that aids in understanding the decision-making process. Subsequently, a neural network is trained on the processed patient data to recommend suitable Ayurvedic treatments, learning complex patterns and relationships to improve recommendation accuracy.

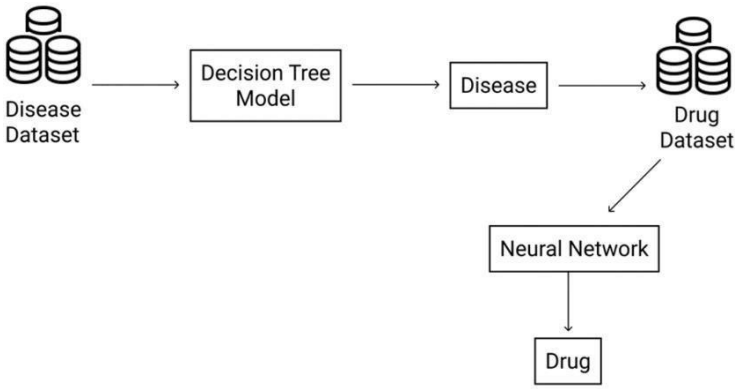

Fig. 1 Architecture Diagram

The system architecture integrates these models, where the decision tree first predicts the disease based on symptoms, and its output serves as input for the neural network to suggest appropriate Ayurvedic medicines. A user-friendly interface is developed to facilitate easy input of health information, ensuring that users receive clear and actionable recommendations.

To evaluate the system's performance, metrics such as accuracy, precision, recall, and F1-score are employed, with a 70/30 split for training and testing datasets. User feedback is also collected to assess the effectiveness and usability of the recommendation system, allowing for iterative improvements. Finally, robust data privacy and security measures are implemented to protect user information, ensuring compliance with relevant regulations and fostering trust in the system. This comprehensive methodology aims to bridge the gap between traditional Ayurvedic wisdom and modern technology, enhancing personalized healthcare delivery.

CONCLUSION

The fusion of machine learning and Ayurvedic practices opens new horizons for personalized healthcare. The Ayurvedic Recommendation System demonstrates the ability to diagnose conditions and provide tailored treatments using decision trees and neural networks. This integration simplifies complex Ayurvedic diagnostics, enhances accessibility, and bridges traditional wisdom with modern healthcare.While the results are promising, challenges such as limited datasets and algorithm refinement persist. Future work should focus on dataset expansion and improving model accuracy. This study underscores the transformative potential of combining Ayurveda with technology, paving the way for holistic and personalized healthcare solutions.

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