

# **Ethno-Medicinal Uses of Wild Plants of Pusad City and Adjoining Area, Maharashtra**

Kahate P.M.

Assistant Professor, Department of Botany, Phulsing Naik Mahavidyalaya, Pusad, Dist. Yavatmal

### **Introduction:**

Pusad city is situated on the bank of river Pus and in the mountainous hilly region in Yavatmal district of Maharashtra state. Pusad is located at 19°54'N 77°35'E19.9°N 77.58°E. It has an average elevation of 315 metres (1033 feet). River Pus flows very near to the town that is why the city was named as Pusad. Climate of Pusad is very high with the temperature going as high as 49 degree Celsius during summers and as low as 5 degree during the time of winters. It receives an average rainfall of about 471mm per year. Pusad city is surrounded by hills from almost all the sides and is at little lower elevation than these hills.

Medicinal plants are used in various pioneer systems of remedies like Ayurveda, Siddha, Yunani, Homeopathy, etc. artificial medicines are not suitable for humans, and hence all peoples are used traditional system of medicines. The business of medicinal industry is lacks of rupees and many industries like Patanjali, Dabur, Himalaya, etc are involved in this thing. The drugs produced from natural medicinal plants are harmless and for export point of view they are more beneficial than any other type of drugs. The importance is that we have identified which drugs are isolated from these plants and on which diseases they are useful. Sameera and Mandakini in 2015 said that many of the drugs, currently in use have been isolated from natural sources based on information about curative agent in folklore medicine. As per the data recorded by Wildlife Institute of India (2007), 7000 plant species are found in different parts of India, of them 17,000 flowering plants, 6850 species are endemic to India and 8000 are ethno-botanically important.

Present study is undertaken in parts of Pusad city for identification of wild medicinal plants and contribution in traditional uses of these plants in local peoples.

### **Materials and Methods**

For the study of different types of plants author visited different localities of Pusad city during all seasons of year. During visits various types of plant were found viz., trees, shrubs, herbs, grasses. The collected plants at the time of flowering were identified with the help of Botanical flora (Ugemuge, 1986). The medicinal uses of plants and plant parts were recorded from local peoples and the literature.

S.	Botanical Name	Family	Common	Uses
<b>N.</b>			Name	
1	Acmella paniculata	Asteraceae	Akkalkadha	Rheumatism, fever
				Diuretics Flu, cough, rabies
				diseases, Tuberculosis,
				antimalarial, Antibacterial
2	Tridax procumbens	Asteraceae	Kambarmodi,	It is uses against malaria,
			kolsan	diarrhoea, stomach ache,
				parasitic infection, liver
				disorder and diabetes. The
				leaf juice is used as an
				antiseptic, and to stop blood
				from wounds.
3	Cyanthillium	Asteraceae	Sahdevi	It is use against asthma,
	cinereum			diarrhoea, dysentery, cough,
				malaria and over night-

### **Observation and Results**



## International Journal for Multidisciplinary Research



International Conference on Multidisciplinary Research & Studies 2023

E-ISSN: 2582-2160 • Website: <u>www.ijfmr.com</u> • Email: editor@ijfmr.com

				blindness.
4	Ageratum conyzoides	Asteraceae	Ghanera	It is use in common wound,
			osadi, Jangli	burn, antimicrobe,
			Pudina	mouthwash, sleeping
				sickness, headache, pain
				killer and skin diseases.
5	Datura inoxia	Solanaceae	Kaladhotra	It us used to treat skin
				rashes, ulcers, bronchitis,
				jaundice and diabetics,
7	Leucas ciliata	Lamiaceae	Burumbi	Used against intestinal
				worm, diarrhoea,
				insecticidal. Cough and
				cold, jaundice, scabies and
				heal wounds.
8	Boerhavia diffusa	Nyctaginaceae	Raktkanda	Abdominal pain, Jaundice,
				cough, asthma, worm
				infestation, disorder of skin,
9	Ruellia tuberosa	Acanthaceae	Ranbhokari	It is used against joint pains,
				strained muscles, bladder
				stones, diabetics, urinary
				problems, and bronchitis.
10	Ipomoea purpurea	Convolvulaceae	kaladana	Treatment of fungal
				infection, diarrhoea,liver
				and urinary infection,
11	Pupalia lappacea	Amaranthaceae	Nagadamani	Treat bone fractures, boils,
				cough, diarrhoea, jaundice,
				paralysis, vomiting,
				toothache, malaria, wound
				and fever.
12	Blumea lacera	Malvaceae	Bhamurda	It is used against bronchitis,
				fever, burns, mouth
				infections, ulcers, wounds,
				cough, etc.
13	Hyptis suaveolens	Lamiaceae	Jangali tulas	It is used against Malaria,
				Headache, Flu, Nausea,
				stomach infection, swelling.
14	Euphorbia hirta	Euphorbiaceae	Dudhi	It is uses in Asthma, kidney
				stones, diarrhoea, dysentery,
				nausea, vomiting, skin
				infection, headache,
				toothache.

### Conclusion

The plants collected and reported from Pusad city, District Yavatmal in the present study are used by the local peoples in their routine treatment practices. All the traditional drugs obtained from different medicinal plants studied in present attempt are very effective, cheap and available around agricultural fields and in wastelands. The knowledge of medicinal plants makes to proper use of disease which shows at first aids. So the peoples are using these plants as alternative to allopathic medicines. Further research on these plants on scientific lines may help in developing effective drugs for human health care.



### References

- 1. Ali, MZ, Mehmood MH, Saleem M, Gilani AH. 2020. The use of *Euphorbia hirta* L. (Euphorbiaceae) in diarrhea and constipation involves calcium antagonism and cholinergic mechanisms. BMC Complementary Medicine and Therapies, 20, 14.
- 2. Cáceres A, López B, González S, Berger I, Tada I, Maki J. 1998. Plants used in Guatemala for the treatment of protozoal infections. I. Screening of activity to bacteria, fungi and American trypanosomes of 13 native plants. J. Ethnopharmacol, 62(3): 195-202.
- 3. Genetic Diversity within the Ethnomedicinally Important Ipomoea L. Species through Hameed M, Ashraf M, Al-Quriany F, Nawaz T, Ahmad MSA, Younis A, Naz N. 2011. Medicinal flora of the cholistan desert: a review. Pak J. Bot., 43(Special Issue):39–50.
- 4. Kader MA, Shumaia Parvin, Chowduri MAU, Haque ME. 2012. Antibacterial, antifungal, and insecticidal activities of *Ruellia tuberosa* (L.) root extract. Journal of bioscience, 20:91-97.
- 5. Kotta JC, Lestari ABS, Candrasari DS, Hariono M. 2020. Medicinal effect, In Silico bioactivity prediction and pharmaceutical formulation of *Ageratum conyzoides* L. A review. Scientifica, 2020.
- 6. Lanhers MC, Fleurentin J, Cabalion P, Rolland A, Dorfman P, Misslin R, Pelt JM.1990. Behavioral effects of *Euphorbia hirta* L.: sedative and anxiolytic properties. J. Ethnopharmacol, 29:189–98.
- 7. Lin KW. 2005. Ethnobotanical study of medicinal plants used by Jah Hut peoples in Malaysia. Indian Journal of Medical Sciences,59 (4): 156-161.
- 8. Monira KM, Munan SM. 2012. Review of *Datural metal*: A potential mediocinal plamt. GJRMI, 1(4), 123-131123-131123-131
- 9. Mishra S, Aeri V, Gaur PK, Jachak SM. 2014. Phytochemical, therapeutic and ethnopharmacological overview for a traditionally important herb: *Boerhavia diffusa* Linn. Biomed Res. Int. 2014.
- 10. Morphological and Biochemical Profiling. Int J Environ Sci Nat Res. 19(3): 556012.
- 11. Nagoji LU, Ugochukwu N, Ifeoma PU, Charity EA, Chinyelu IE. 2014. The efficacy of *Hyptis* suaveolens: A review of its nutritional and medicinal applications. European Journal of Medicinal plants, 4(6): 661-674.
- 12. Nia R, Essien EE, Oladimeji OH, Iyadi KC, Franz G. 2003. Investigation into *in vitro* radical scavenging and *in vivo* anti-inflammatory potential of *Tridax procumbens*. Niger J Physiol Sci., 18(1): 39-43.
- 13. Nisar MF, Jaleel F, Waseem M, Ismail S, Toor Y, Haider SM, Zhong JL. 2014. Ethno-medicinal uses of plants from district Bahawalpur, Pakistan. Curr. Res. J. Biol. Sci., 6(5):183–90.
- 14. Noor Muhammad, Nisar Uddin, M Khalil Ullah Khan, Niaz Ali.(2019), Inter Specific
- 15. Paudela N, Adhikarib DC, Das BD. 2018. Some Medicinal Plants Uses in Ethnical Group from Biratnagar, Eastern, Nepal. American Scientific Research Journal for Engineering, Technology, and Sciences (ASRJETS), 41(1): 233-239
- 16. Pushpangadan P, Atal CK. 1984. Ethno-medico-botanical investigation in Kerala. I. Some primitive tribals of western ghats and theirberbal medicine. J. Ethnopharmacol, 11: 59-77.
- 17. Ramya C, Vishnu AS, Nasila K. A review *Cyanthillium cinereum*(I) h Rob., International Journal of Research and Review, 8(9): 99-101.
- 18. Ravi A, Alvala M, Sama V, Kalle AM, Irlapati VK, Reddy BM. 2012. Anticancer activity of *Pupalia lappacea* on chronic myeloid, K562 cells. DARU J.Pharm. Sci. 20: 86.
- 19. Sharma PP, Roy RK, Anurag DG, Gupta D, Vipin KS. 2013. *Hyptis suaveolens* (L.) Poit: A phyto-pharmacological review. International Journal of Chemical and Pharmaceutical Sciences, 4(1): 1-11.
- 20. Shih MF, Cherng JY. 2012. Potential applications of *Euphorbia hirta* in pharmacology. Drug Discov Res Pharmacog, 8:166–80.
- 21. Sivakrishnan S, Kavitha J. 2017. Traditional uses of *Ageratum conyzoides* and its bioactivities- A short review. Journal of Emerging Technology and Innovative Research, 4(7): 229-233.
- 22. https://www.flickr.com/photos/dinesh\_valke/4121694017
- 23. https://www.flowersofindia.net/catalog/slides/Lettuce-Leaf%20Blumea.html
- 24. https://www.easyayurveda.com/2016/11/09/kukundara-blumea-lacera/